

# MY!EUROPE



## YOUNG MEPS FOR DEMOCRACY

**PARTICIPANT INFOPACK**

ITALY, CAGLIARI

from 16th to 22nd of February 2019



Co-funded by the  
Erasmus+ Programme  
of the European Union



associazione  
**TDM 2000**  
[www.tdm2000.org](http://www.tdm2000.org)

# My!Europe: Young MEPs for democracy

**Youth exchange: 16th – 22nd of February 2019**

**Cagliari, Italy**



The project is a youth exchange under the **Key Action 1** of the Erasmus Plus Programme and it would like to encourage young people's involvement as European active citizens. Keeping the 2019 European Parliament elections in mind, the aim is to foster the young people's participation to democracy through the real simulation of a working session of the European Parliament.

For a week the participants **will play the role of Members of the European Parliament** representing a political party and a member state of the EU. They will make agreements between the political groups and negotiate the terms of the possible solution in respect of the democratic debate and the procedure rules used in reality by the European Parliament.

## Objectives of the project

- To explain, clarify and understanding the main functions and competences of the European Parliament;
  - To stimulate the participation of EU citizens in the 2019 European Parliament elections;
  - To enable young people to feel close to the key topic of social inclusion in the EU member states;
    - To promote the values of democracy and active participation;
  - To favor the interaction among young people and European Institutions promoting a bottomparticipation process.



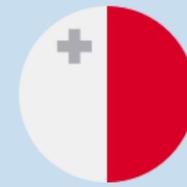
## Methodology

Non formal education will be used as a method in different contexts and in varying types of activities.

Theoretical approach and formal activities will be organized too.

The Advanced Planning Visit will take place on 26th – 27th of November 2018. One group leader per country will participate.

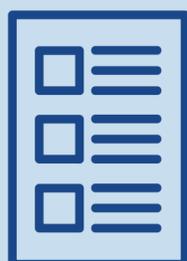
# PARTICIPANTS



The project will involve **42 participants** (six participants + one group leader per NGO) coming from **six different countries**: Italy, Bulgaria, Malta, Estonia, Slovakia and Belgium.

**Participants:** Youngsters between 20 - 24 years old, coming from different cultural contexts. Youngsters with fewer opportunities should be at least 60% of the total. Gender balance must be maintained in the groups. Participants should be motivated, interested in the topic and with pro-active ideas to contribute to the activity, follow-up and dissemination.

**Group leader:** experienced youth workers, project managers, activists who are actively engaged in each partner organization. They must have experience in non formal education and active citizenship.



Participants and group leaders must fill in this **application form**:  
[click here](#)



Participants should join the **Facebook group** of the project:  
[here](#)



# About the venue

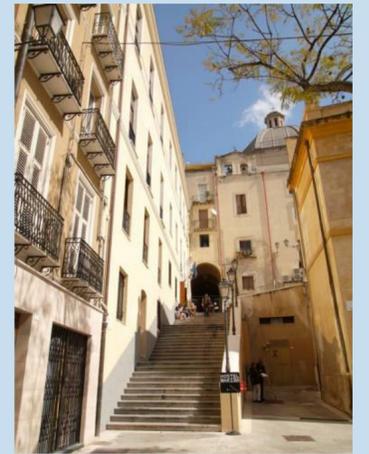
The project will take place in Cagliari, Sardinia, Italy.



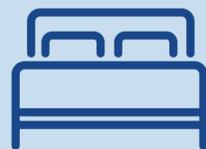
Hostel Marina, Scalette San  
Sepolcro 2,  
Cagliari



+39 070 67 0818



The activities and accommodation will take place in **Hostel Marina**, based in the city centre.



Participants will be accommodated in triple or quadruple rooms, divided by gender (towels are provided)



Hostel has Wi-Fi and in the area there are many bars, café and restaurants with free Wi-Fi



You will have guaranteed dishes (breakfast, lunch, dinner) that will reflect the culture of the Italian cuisine and 2 coffee breaks per day (mid-morning, mid-evening)

## How to get there



**Arrival day:** 16th of February

**Departure day:** 22nd of February

Participants will land at **Cagliari-Elmas Airport**.

A train connects the airport to Cagliari, the stop in the city centre is "**Piazza Matteotti**". The train ticket can be bought from an automatic machine.

**Timetable:** <http://www.sogaer.it/it/trasporto-locale/treno.html>

At the train or bus station, **volunteers from TDM 2000** will welcome the participants and bring them to Hostel Marina.

# Financial procedure for travel reimbursement



Do not buy any ticket without our confirmation. Before buying the tickets, you should always send to us the travel plan of the participant and only after our authorization you can proceed.

The Italian National Agency is not accepting any stopover in any city around Europe or in Italy, so, in case you would like to book a ticket to arrive before or stay more time, it has to be agreed with the hosting organisation.

All the amounts foreseen by the project were calculated according to the official address of each organization:

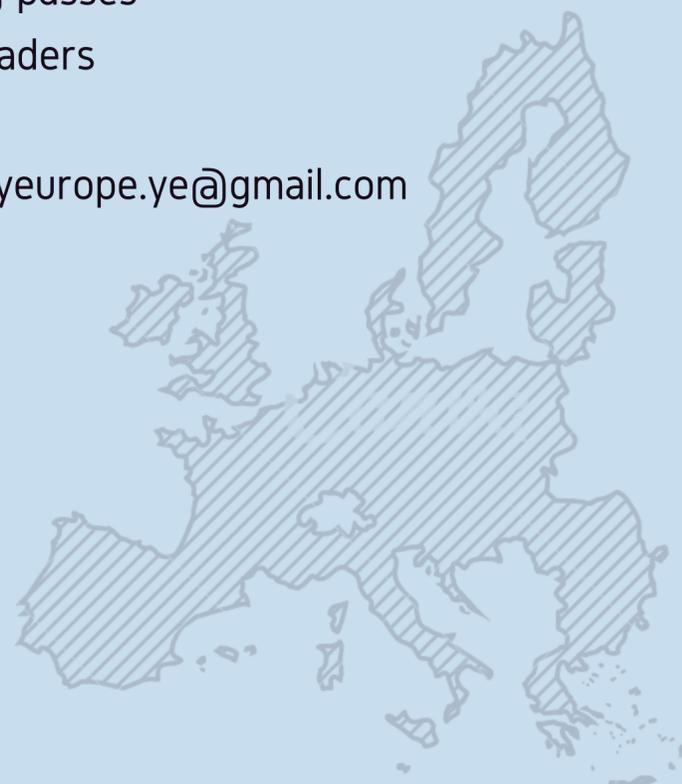
Country	NGO	Travel grant per participant
Italy	TDM 2000	0€
Bulgaria	Young improvers for youth development	275€
Belgium	Centre for European Progression	275€
Malta	Kunsill Nazzjonali Taz-Zghazagh	275€
Slovakia	Youthfully Yours SR	275€
Estonia	Youth Senate Tallinn	360€

**NOTICE:** The travel reimbursement will be done by bank transfer only to the partner organization accounts for their group of participants, according to the rules by the Italian National Agency.

The reimbursement will be done **ONLY** when the following steps are done:

- Collect and provide to the hosting organisation: invoices; tickets (there must be price and name of the person stated on it); all the boarding passes
  - Mobility report filled by the group leaders

You can send the electronic version of the tickets to [myeurope.ye@gmail.com](mailto:myeurope.ye@gmail.com)



# Practical information

## What to bring



**Personal belongings** and **formal clothes** as there will be a conference with dress code. **Personal care products** (shampoo, toothpaste etc.), as these products are not provided by the hostel.



Don't forget to bring with you any **medicine** you might need even if we hope it will not be necessary.

At least one **laptop** per country, in order to develop the project results.

## Intercultural evening



Bring something which can represent your country at the best during **intercultural night** (short presentation, food, drinks, clothes, flag, booklets, quiz, pictures, posters, etc.). Keep in mind, though, that there is no kitchen and it is not possible to cook.

## Insurance



It is mandatory that each participant has the **European Health Insurance Card** (E111 card) or another health insurance for the period of the project. Health Insurance is not provided and it will not be reimbursed by the organizers.

## Weather



The temperature ranges in Cagliari during February are between 6° C (night) and 15° C (day), rain is common.



# SEE YOU SOON IN CAGLIARI!



## Contact us



Group My!Europe - Young MEPs for democracy



[myeurope.ye@gmail.com](mailto:myeurope.ye@gmail.com)



Co-funded by the  
Erasmus+ Programme  
of the European Union



AGENZIA  
NAZIONALE  
PER I GIOVANI



associazione

**TDM 2000**

[www.tdm2000.org](http://www.tdm2000.org)