

KA1: Learning Mobility of Individuals –

Youth mobility

“STORY OF MY LIFE”

**Info pack for participants**

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## STORY OF MY LIFE

### SUMMARY

The world is facing an unprecedented displacement crisis. An unprecedented 65.3 million people around the world have been forced from home as a result of violent conflict, war or natural disaster. Among them are nearly 21.3 million refugees, over half of whom are under the age of 18. 1 million of refugees arrived to Europe in 2015, 360,000 refugees arrived in Europe in 2016. In 2015, over 1 million people – refugees, displaced persons and other migrants – have made their way to the EU, either escaping conflict in their country and in search of better economic prospects. The number of refugees arriving to Europe in 2016 was lower – around 360 000, and in 2017 refugees already have risked their lives to reach Europe by sea so far in 2017 (UHRC).

However, it is important to realise that most of the European countries are not prepared to deal with refugees crisis, starting from the basic things – most of the people have no education or tools to work with refugees. Thus, this emergency situation has resulted in difficulties in several areas: teachers, educators, youth workers and social workers find themselves working with multicultural groups without having received any special training or preparation.

Member states now more than ever have to promote measures to combat xenophobia, discrimination and marginalization in countries of transit and destination – sensitization of young people about diversity became one of the important roles of the youth workers, teachers and educators.

Thus main objectives of “Story of my life” project are:

- To foster cross-sectoral cooperation between actors who are in contact with the refugee youth
- To equip youth workers, teachers, social workers etc. with the necessary skills-set to work with multicultural groups of young people
- To sensitize about intercultural dialogue, respect for diversity, human rights and tolerance

## THE PARTNERSHIP

	Cyprus (Limassol)	<a href="#">DOREA Educational Institute WTF</a>
	Spain (Valencia)	<a href="#">Associació Cultural Tabalà</a>
	Italy (Roletto)	<a href="#">Vagamondo</a>
	Greece (Athens)	<a href="#">Hellenic Youth Participation</a>
	Bulgaria (Sofia)	<a href="#">Global Organization for Development NGO</a>
	FYROM (Skopje)	<a href="#">Association Humanost</a>
	Slovakia (Vranov nad Topľou)	<a href="#">Youthfully Yours SR</a>
	Turkey (Eskisehir)	<a href="#">Tepebasi Social Assistance and Solidarity Foundation</a>

## TRAINING COURSE IN CYPRUS

**VENUE:** [Moniatis Hotel](#) in Limassol, Cyprus (Nάξου, Germasogeia 4044)

**DATES:** 1st-7th of May 2018, 7 days (preliminary arrival on 30<sup>th</sup> of April and departure on 8<sup>th</sup> of May)

During the TC participants will gain and deepen knowledge on:

- Reasons for migration, the migratory flows and pathways, possible trauma experienced by the refugee youth, how this trauma can influence their behaviour and integration
- Policies and initiatives of the European Union regards to migration, with special focus on the situation of unaccompanied refugee youth
- What Best Interest of the child is, how it should be applied to the situation of refugee youth
- What the definitions of “life plan” and “individual pathway” of refugee youth are and how they should be implemented with the involvement of all actors who are in relationship with that youth
- Who the different actors involved in the life of refugee youth are
- Which are the obstacles educators, teachers, youth and social workers face in Europe
- Best practices in working with multicultural groups and with refugee youth
- Erasmus+ and the opportunities it offers for the participants

All participants will receive Youthpass at the end of TC.

## PARTICIPANTS

All participants must provide to DOREA:

- **Participant form**
- **Info for project blog** together with one high quality **photo** (consider requirements)
- Signed **Commitment agreement** regarding their participation and coverage of travel expenses
- Copy of **Passport/ID** (needed for the Erasmus+ mobility tool where all information about the participant has to be filled in)
- **Visa information** (if needed)

All these documents can be found [here](#) and should be sent to the Project Manager at [vt@dorea.org](mailto:vt@dorea.org) no later than **6<sup>th</sup> of April**.

## TRAVEL COSTS

In line with the Erasmus+ Programme, travel costs will be refunded according to the distances calculated using the distance calculator ([http://ec.europa.eu/education/tools/distance\\_en.htm](http://ec.europa.eu/education/tools/distance_en.htm)). The participants themselves should cover extra costs (overcoming the budget limits).

To ensure the best connection and management of participants, **flight tickets should be bought by the participants/partner organisations, but have to be confirmed by DOREA (do not initiate arranging travel tickets without first consulting with the DOREA Project Manager)**. Please contact project manager at [vt@dorea.org](mailto:vt@dorea.org) for the confirmation.

Your travel days should be: 30<sup>th</sup> of April (arrival) and 8<sup>th</sup> of May (departure)

**NOTE: 1<sup>st</sup> class or other upper class flight tickets, taxi costs and travel agencies fees won't be refunded. Please use the local transport and buy economy class tickets.**

Maximum refundable travel cost per person (including bus, train tickets and etc.)

	Spain (Valencia)	530 euros per participant
	Italy (Roletto)	360 euros per participant
	Greece (Athens)	275 euros per participant
	Bulgaria (Sofia)	275 euros per participant

	FYROM (Skopje)	275 euros per participant
	Slovakia (Vranov nad Topľou)	275 euros per participant
	Turkey (Eskisehir)	275 euros per participant

## REIMBURSEMENT OF TRAVEL TICKETS

Reimbursement will be made via sending organisation's bank account upon full attendance of the TC and only after receiving the participants' original travel tickets, specifically:

1. Bus reservation
2. Proof of payment (bank transfer)
3. All original tickets of bus and/or train (if any)
4. All original payment receipts (regarding visa)
5. Copy of ID/passport.

Buy your tickets as soon as possible and send them to the vt@dorea.org email address latest until the **15<sup>th</sup> of April**. If you fail to do it, we cancel your participation and we will inform the people on the waiting list about the free place.

Persons who are coming too late or leaving the training before the end will not have their travel cost refunded (exceptions are made in force major situations).

Please note if you bought your ticket, in your local currency, which might be different to EUR, we will calculate your travel costs according to the exchange rates from official European Commission website for the month of ticket purchase: <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

## TRAVEL INFORMATION: HOW TO GET TO LIMASSOL?

As it was mentioned before, flight tickets **should be confirmed by DOREA before buying them.**

After buying the tickets, please fill in this [form](#).

All participants will need to come to one of the 2 airports in Cyprus:

- [Larnaca](#)
- [Paphos](#)



Transfer from airport to accommodation will be organised later by DOREA.

## THE EUROPEAN HEALTH INSURANCE CARD

We would like to recommend all participants to issue by themselves their insurance: e.g. European Health Insurance Card.

What is the European Health Insurance Card? It is a free card that gives you access to state-provided healthcare during a temporary stay in any of the 28 EU countries, Iceland, Lichtenstein, Norway and Switzerland, under the same conditions and at the same cost (free in some countries) as people insured in that country.

Insurance cards are issued by your national health insurance provider:



<http://ec.europa.eu/social/main.jsp?catId=563&langId=en#nationalinfo>

## CYPRUS

Cyprus is a small island in the east part of the Mediterranean Sea with the length of around 240 km and the width of 100 km. It hides history, variety of cultures, spectacular natural beauties, and exciting moments of life. Although this polarised state is located closer to Turkey than to Greece, the majority of the population declares itself as Greek Cypriots as their language and culture have Greek roots.

## THE WEATHER

The [weather](#) accurately reflects the Mediterranean climate with the hot summer and mild winter. Generally the warm temperature lasts about 8 months, during the summer period the heat reaches around 30-35 Celsius degree, while in wintertime 15-20 Celsius degree is the normal temperature at daytime. In the beginning of May weather should be around 25 degrees during the day, and 15 degrees during the night.

## HISTORY AND POLITICAL SITUATION

Not only the natural endowment of the island is various, but also the mixture of cultures shows an interesting phenomenon due to the historical background. The island started to be inhabited in 7<sup>th</sup> millennium BC giving residence for Phoenicians, Assyrians, Egyptians, Persians, Hellenes, Romans, Byzantines, Turkish, British. The form of the polarized island was established in 1960, but after re-emerged conflicts the UN send peacekeeping units in 1964. This led to calm situation, which is surrounding the country nowadays. Due to the UN buffer zone between the northern Turkish part and the southern Greek Cypriot part the borders have recently been opened allowing free movement between the two sides.

## GOOD TO KNOW

The majority of the population speaks English; therefore, it is easy to ask for directions if it is needed. The public safety is excellent, there is no need to fear of anything; however, having insurance is always recommended before every travel. In 2008 Cyprus joined to the Euro zone, so the official currency is Euro. The emergency call number is 112 and the country code is +357.

You can get to know more about Cyprus:

<http://www.lonelyplanet.com/cyprus>

## ACCOMMODATION & MEALS

Accommodation and meals are 100% covered for the days of TC (1<sup>st</sup>- 7<sup>th</sup> of May 2018). Accommodation is included for the travelling day of 30<sup>th</sup> of April as well. Participants will have to check out at 8<sup>th</sup> before 12:00.

Dinner on 30<sup>th</sup> and breakfast on 8<sup>th</sup> of May will be also offered.

All participants will be hosted at the [MONIATIS hotel](#) and the training will take place at the same hotel, thus allowing participants to benefit of teamwork and exchanging good practices, etc. Participants will be assigned their rooms on arrival. We will assign participants according to gender and 3/4 people per hotel room.

Participants should cover the cost for accommodation and meals from their personal finances for other days than TC. If you want to arrive earlier or leave later and you need accommodation contact us before the training, so that we can recommend you to find a place to stay.

## ACTIVITY PROGRAMME

Arrival	
1 <sup>st</sup> day	Welcoming and formal opening/introduction Ice-Breaking and Team building games YouthPass session
2 <sup>nd</sup> day	Building empathy Europe and the migration emergency Multicultural evening: Hello!
3 <sup>rd</sup> day	Conflict management Obstacles educators, teachers, youth workers and social workers face Skills-set for efficient work with multicultural groups
4 <sup>th</sup> day	Rights of migrant and refugee youth Active listening skills and intercultural competencies
5 <sup>th</sup> day	Inclusion Awareness campaigns
6 <sup>th</sup> day	Discover Cyprus' unique nature and culture
7 <sup>th</sup> day	Presentation: Erasmus+ youth programme Youth guide creation Final evaluation, closing of the TC
Departure	

Detailed programme version will be sent later.

## WORK TO BE DONE BY PARTICIPANTS BEFORE ARRIVAL

Participants should prepare a presentation of their organisation. Therefore, we encourage bringing promotional material of your organisation, city and country to share with others. We also advise to prepare for a **Multicultural evening – you can bring some local foods (sweets, etc.), some promotional materials of the country, etc.**

If participant wants to share his/her personal experience in youth movement in particular topic, please contact Viktorija ([vt@dorea.org](mailto:vt@dorea.org)) until **10<sup>th</sup> April** to set the timing.

## DISSEMINATION

All project outcomes and dissemination tools will focus on reaching the youth workers, youth, trainers, non-governmental organizations working with youth, universities, schools, etc.

We invite you to join the [Facebook group](#) of the project that will focus on communication among partners and participants. In addition, we invite to follow [project blog](#) (the link will be announced later), where status updates about expectations before, during and after the training will be posted. Use project hashtag: #Storyofmylife and #DOREAErasmus

- Just before the training, there will be some dissemination activities (communication with participants, promotion on project activities). Do not hesitate to post, use hashtags, send us information that we can promote/share in project blog or Instagram.
- During training course, there will be continuous updates on the project blog, DOREA **Instagram** (@dorea\_edu) and DOREA [Facebook page](#)
- After training, all participants and the project team will be responsible to disseminate articles, videos, etc. So all participants are encourage to mark their findings in order to summaries and prepare articles.

We encourage planning [events](#) when participants come back to their home organisations (information seminars, roundtables with other organisations, other events). All activities should be captured and photos/videos should be sent to the project manager.

## CONTACTS

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