

FACILITRAIN

TRAINING COURSE

THESSALONIKI, GREECE.

20th -28th June 2018





DEAR PARTICIPANT,

We are looking forward to welcoming you in the beautiful city of Thessaloniki! We are sure that we will have an interesting and inspiring time. This info-pack will help you prepare for the training, which will take place in Thessaloniki between 20th and 28th of June 2018. Please read it carefully. If you have any additional questions, don't hesitate to contact us. We hope that this TC will be an unforgettable experience for all of us!



View of Thessaloniki city centre

Photo source: <http://www.rentrooms-thessaloniki.com>



Youthfully Yours Gr



is a Non-governmental, not-for-profit organisation based in Thessaloniki, Greece, interested in Arts, Environment and Sustainability, Youth Unemployment, Volunteering, Training, Culture, Entrepreneurship, Social Engagement as well as urban and regional life quality. YYGR promotes friendship, peace, respect for human rights, personal development and youth initiatives.

OpportUNITY

is a Non-governmental, not-for-profit organisation with an aim to inspire, support and empower young people. This is achieved through the three themes of promoting, education and training in healthier lifestyles and greater social cohesion. It delivers programmes in **Youth Development, Youth Leadership, Citizenship and Youth Education**. It also promotes learning through diversionary and informal activities such as sport, media and creative or performing arts.





CONTEXT

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The main theme of this Training Course is to provide space for development of training competencies of youth workers with emphasis on the learning to learn. Thematically the training will introduce the approaches of youth participation and cultural diversity. As a process, youth participation encourages identification of the cultural and social boundaries that define individuals, and then asks them to relate across those boundaries and even to call them into question.

The TC “FACILITRAIN” aims to create an appropriate learning environment by focusing on learning by experience, reflection on the past activities of the participants, discussions about the key competencies of youth work and discovering training competencies and methodology. Specific focus of the training will be made on active learning - how to understand it and to promote it when working with young people.

The training course will contribute to the development and expansion of a network of trainers and facilitators with the skills and motivation to contribute to the quality and sustainability of the youth programmes in Europe. It will include various types of learning activities and formats to provide the youth workers with considerable flexibility in adapting the educational programmes to the specific needs of participants.

Age limit: 18 – 43 years old



OBJECTIVES

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- Explore basic training competencies
- Better understand group dynamics
- Develop communication and presentations skills
- Practice and build on existing skills

The activities and subjects will include groups dynamics; roles in groups; introducing an activity; making a presentation; the perfect circle theory; Homer Simpson theory; leading discussions; telling stories; butterflies; bursting participants; challenging behaviours; task vs. process; art of questions; communication skills; co-working; role of energisers; use of games; creating a programme; leadership. The subjects will be covered using a combination of inputs, process work and practice. Each element covered will be practiced in order to practically enhance the skills of the young trainers. The project will use non-formal education/learning as the basis of learning. Methodologies will include Stop Start Methodology where participants practice facilitating a group or conducting a training activity and are stopped in different moments to analyse what is going on and to reflect on their practice. There will be simulation activities, role plays, theoretical inputs, forum theatre, learning to learn practice, lifelong and life wide learning, small groups, individual work, self-directed learning, use of games and exercises.



→ PARTICIPANTS PER COUNTRY:

- Italy: **4 participants**
- Slovakia: **4 participants**
- Romania: **4 participants**
- UK : **6 participants**
- Greece: **7 participants**
- Spain : **4 participants**



ACCOMMODATION

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During the whole training course we will stay in the Hotel “**Egnatia**”, which is located in the city center of Thessaloniki . You will be sharing room(s) with another 1-2 person(s) of the same sex & different nationality. All rooms have either baths or showers. Towels and shampoo will be provided. Please remember to bring your personal hygienic items! There is free WiFi in the hotel.



→ Website of the hotel: <http://www.egnatia-hotel.gr/>

→ Address of the hotel is: 16, Antigonidon Street, 546 30 Thessaloniki – Greece



IMPORTANT INFORMATION TO REMEMBER

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Please send all travel details to tfacilitrain@gmail.com **BEFORE** you book them so we can plan all the logistical aspects of your arrivals and departures.

Remember to bring:

- a) any medications that you will need;
- b) good and positive vibrations
- c) For the intercultural night: we expect from the participants a creative attitude to this issue, it is totally up to you how you will manage this interesting part of the project. You are more than welcome to bring some of your traditional food, drinks, or share with us some your favourite music or traditional dances. We would really like to get to know your country and culture but we kindly ask you to avoid some kind of propagandistic videos or presentations and also take into consideration that the majority of the participants might probably already seen most of them.
- d) Participants will be asked to present their sending organizations, so any audiovisual or paper material from the partners would be highly appreciated as to be the most creative possible. Stickers, pens, post-cards or any other prop is welcome.



TRAVEL BUDGET

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- **Italy: 275 EUR** per participant
- **Spain: 360 EUR** per participant
- **Romania: 275 EUR** per participant
- **Slovakia: 275 EUR** per participant
- **UK: 360 EUR** per participant
- **Greece: 20 EUR** per participant

We have allocated one session in the timetable where you will be informed about all relevant details regarding travel reimbursement. Please be aware that reimbursements can take up to **3 months** depending on the length of time it takes ALL participants to send their original boarding passes and travel documents. Youthfully Yours Gr doesn't take any responsibility of any charges occurred by participant personal bank for transferring the money when reimbursing travel.

This activity will be carried out thanks to the co-financing received from the Erasmus+ program.

We have received a certain amount of

money for travel reimbursement, which depends on the amount of kilometres it will take you to travel from your home to Thessaloniki. Keep in mind that if the tickets cost more than the allocated amount, we will not be able to cover the difference and it will be your own financial contribution.

Please note! Before booking or buying tickets for the TC, remember that the purpose of participants travelling to Thessaloniki is to take part in an international project. If you want to come earlier or stay longer, make sure you inform us first, so we can let you know if we will still be able to reimburse the travel. We will be happy to work with you on this project and look forward to hearing from you.



ARRIVAL IN THESSALONIKI/ GREECE

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- **Please inform us of your travel plans before booking. If you do not, we cannot guarantee your full reimbursement.**
- You are expected to arrive in Thessaloniki on 20th and leave on 28th of June 2018.
- If you are planning to stay longer

after the TC or arrive earlier, please inform us **BEFORE** booking your ticket. Otherwise, we cannot guarantee your reimbursement. Please note any indirect routes taken for personal travel **WILL NOT** be reimbursed.

Please note: The Hotel will be open for check in **from 12pm on 20th June 2018**. If you have any problems, make sure you contact us by calling or sending a text to Apostolis +30 6934590475.

Please contact us if you have any queries in the meantime.

Youthfully Yours Gr team,

tcfacilitrain@gmail.com



GROW WITH Youthfully Yours GR

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OPPORTUNITY



Erasmus+
