

## INFOPACK

### Project “C-Thinking”

KA1 – Youth Exchange

Project Dates: November 11 – 17 (+1 travel day),  
2018

**Arrival day: 11.11.2018**



**Departure Day: 18.11.2018**



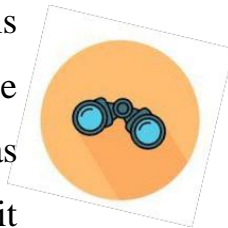
Venue: Kaunas, Lithuania

## 1. The Project

### Few words about the Project...

C-Thinking is a 7 days Youth Exchange project which will be held in Kaunas, Lithuania and will gather participants from 4 countries – Lithuania, Poland, Bulgaria and Slovakia to work in argumenting and problem solving abilities through development of critical thinking skills.

**Summary:** Having talked with our friends and long-term partners from foreign NGOs we realised that this topic is actual and needed for youngsters not only in Lithuania but in other foreign countries as well. Fortunately, the situation is slowly changing and people start to realize its importance as well as importance of the art of argumentation. Having youth exchange would help to develop ideas at international level and share opinions from different cultural backgrounds so it would gain even more value for youngsters of our organization and participants. This project would be highly concentrated to youngsters with social obstacles (we plan to have 20-30%) of participants with social obstacles because they are mostly having worse opinion about themselves and more vulnerable to outside information in addition to lack of ability of constructive argumenting and systematic problem solving.



**Project's topic:** critical thinking

### Project's objectives:

- To increase participants' abilities to evaluate information and construct arguments.
- To figure out the ways how improved critical thinking skills can help others to integrate into society or find a job place.
- To promote Erasmus+ programme and its goals



## 2. Participants

### PARTICIPANTS' PROFILE:

**Number of participants:** 28 (6 participants + 1 leaders per country). **Age of participants:** 16-24. **Gender balanced groups!** (2-3 males per National group). At least 2 participants per National group with **social obstacles**.

Social obstacles are:

- \* young people facing discrimination because of gender, ethnicity, religion, sexual orientation, disability, etc.
- \* young people, with limited social skills, or anti-social or risky sexual behaviors;
- \* young people in a precarious situation;
- \* (ex) offenders, (ex) drug or alcohol abusers;
- \* young and / or single parents, orphans;
- \* young people from broken families.

**Participants under 18** are required to have parental agreement for participation in this project.

Selection process needs to be done by partners' organizations. Participants have to be selected by questionnaires and motivational letters. In questionnaires participants have to identify how they will use gained knowledge in their personal life and to make society better of. The priority needs to be given for youngsters with social obstacles also for the ones who will be participating in Youth Exchange for the first time.

**Activities during the project:** All the activities will be done through the methods of non-formal education. Ice-breaking, team-building activities, homework presentations, mind-mapping, creative workshops, open discussions, treasure hunt, reflections, dissemination plans, Youthpass presentation, intercultural evenings.

**After exchange:** Dissemination phase will take place. It is responsibility of every participant and partner's organization to share information about the project, to post photos and messages in social media. More detailed dissemination plan will be created during exchange by participants themselves which we will follow during this period.

### 3. Accommodation

**Venue:** Kaunas City Hotel (in the Kaunas city center).

**Address:** Laisvės alėja 90, Kaunas.

**Notice:** You'll be accommodated in rooms of 2, 3 or 4 persons.



**About rooms:** the participants will be accommodated in mixed national groups, to facilitate the getting to know each other process and intercultural learning.

**Hotel provides** towels and breakfast (lunch and dinner will be held in other restaurant).

In rooms you will be divided **by gender**.

**Project's daily activities** will be held in Vytautas Magnus University. We will reach it by walking (around 15 minutes).

**Website:** <http://kaunascityhotel.com/>





## 4. Language

The main language used during the project will be **English**.

As we will work in an international environment, participants taking part in “C-Thinking” project must be able to communicate and express themselves in English.



## 5. Travel and reimbursements



**Accommodation, food and materials** - 100% funded by the Erasmus+ Programme. This includes everything, except for travel costs. We are counting less travelling expenses as your contribution to the project. It's highly recommended to start buying travelling tickets early. It's recommended to have a disposal for drinks, small shopping, etc.

<b>Country</b>	<b>Compensation in Eur</b>
<i>Poland</i>	140
<i>Bulgaria</i>	220
<i>Slovakia</i>	220



We will reimburse the travel expenses by bank transfer to partner organization accounts after the exchange. In order to make the reimbursement, firstly, dissemination activities will have to be implemented. Also, it is compulsory that you deliver all the necessary documents for us. If your travel costs exceed the official limits, the reimbursement will be limited to the maximum amount of travel costs allocated for each country. If you fail to provide all the necessary travel documents, we will be unable to reimburse you.

For plane travel, the original documents that we need are:

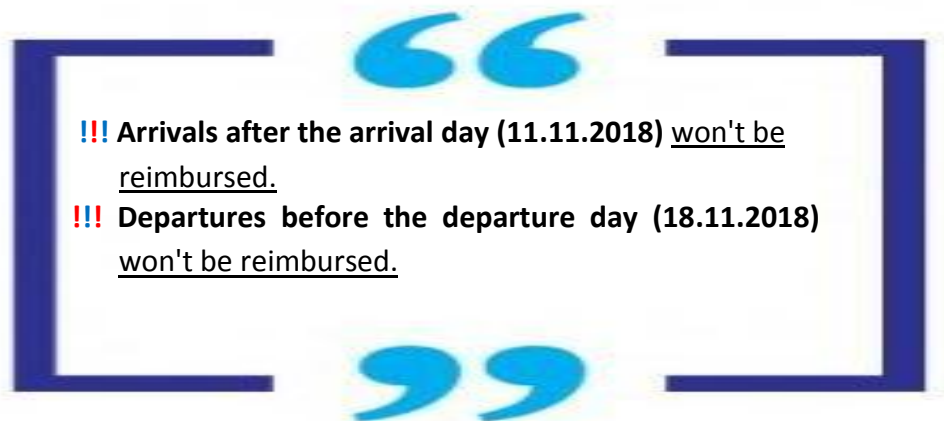
1. E-ticket;
2. Invoice;
3. Proof of payment or receipt;
4. Boarding passes.

\*After having all your original documents with, we will be able complete our final report and present it to our National Agency. According to Erasmus+ rules, their checking can take 60 days. Your travel expenses will be reimbursed by bank transfer to your organization's account around March, 2019.

## Transportation

Firstly, you should find a flight to Kaunas (KUN) or Vilnius (VNO) airports. Flying to Riga (RIX) or Warsaw (WAW) airports may also be an option. The arrival day (and the first day of activities) is 11th of November, 2018 and the departure day is 18th of November, 2018. If you are coming from Vilnius, it is the best to first take a train/bus from the airport to Vilnius train/bus station and then change to the train/bus going to Kaunas.

- Train schedules: <http://www.litrail.lt>
- Bus schedules: <http://www.autobusubilietai.lt>



**\*Tickets for travel out of the official dates bought without approval will not be reimbursed**



## 6. Rules and procedures

- ✓ All the participants will be expected to be present and active in all the activities. Unauthorized absence from the activities and workshops won't be tolerated.
- ✓ No alcohol in the Hotel.
- ✓ Respect the common areas and leave them clean.
- ✓ Be on time every session.
- ✓ Respect the schedule.
- ✓ Don't disturb after midnight.
- ✓ Any lack of respect among participants and staff won't be tolerated.
- ✓ Stress, nerves and bad mood is prohibited everywhere. Bring your best mood and big smile with you and keep it through the Exchange! Prepare for fun!

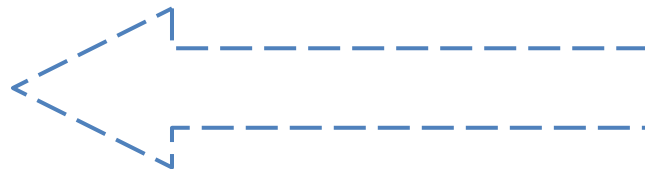


## 7. How to prepare

We really wish that every group of participants came to our project well prepared and ready for activities. There will be some things to do:

1. **Most important** – don't forget to buy tickets to Lithuania for **11th of November** for arrival and **18th of November** for departure. Also, bring your **travel documents** to us (printed electronic tickets, original tickets, invoices as well) – during the project we will have office hour and will collect all this documentation so we need **ALL** your tickets and documents which prove the amount you paid (otherwise we will be incapable to make travel cost reimbursements). So please have extra copy of your travel documents so you would be able to leave one of them to us.

2. **Health insurance** is also highly recommended for you, there is an opportunity to receive European Health Insurance Card in most countries which is valid in all EU, it is very flexible and you don't have to pay for it – please use it.



3. **Facebook group** – we will create it for you and add you as soon as selection process will be over. It will be called Youth exchange “C-Thinking”. There we will upload all further practical information, relevant to the project.

4. **Intercultural evening.** During intercultural evening we expect from each group to present: their main traditions and culture, to lead some game / dance / activity, to bring some of their traditional meals or drinks.

5. **HOMEWORK.** Critical thinking is a skill that you must learn, you're not born with it. For the preparation all National group needs to read one selected book about critical thinking and during the project you will present your selected critical thinking techniques and give practical exercises to learn how to apply it in real life. Presentations of critical thinking techniques should inspire you to look for information for their own and transfer it to others.



6. **Team building game or energizer.** If you know any great game or activity, which gets people together and helps to feel team spirit or refill yourself with energy – please share it. We will be happy to involve participants into the programme as much as possible.

7. Check the **weather forecast** before arrival and bring adequate clothes.

8. Bring **good spirit, joy and happiness!**



## 8. Schedule



To really get the most out of the youth exchange we will always start early! After socializing in the night we'll start at 8:30 am in the morning with breakfast, strong coffee and some energizers! We'll do many things related to our topic.

Of course, we'll leave free time for you to relax in the city. In the evenings we'll have cultural nights (each country have to prepare for that), which will be followed by further socializing and having fun in the city centre



## 9. Contact details



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- ✓ Facebook: <https://www.facebook.com/Neribota-Ateitis-1487318824880589/>