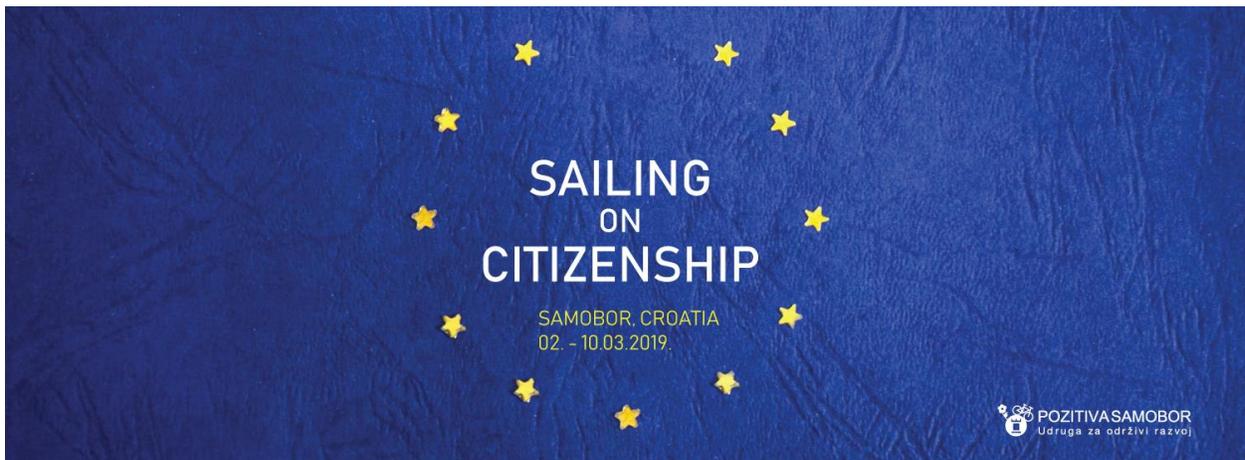


VERSION 0.0

1/2019



YOUTH EXCHANGE “SAILING ON CITIZENSHIP”

[02. – 10.03.2019., SAMOBOR, CROATIA]

ASSOCIATION FOR SUSTAINABLE DEVELOPMENT POZITIVA SAMOBOR
IVICE SUDNIKA 9, SAMOBOR
INFO@POZITIVASAMOBOR.HR

YOUTH EXCHANGE “SAILING ON CITIZENSHIP”

The overall aim of this project is to offer the space for learning process of participants about the European citizenship, as well as to develop a sense of common European identity.

As far as the project activities are concerned, the project focuses on 2 main areas: developing understanding among the participants that citizenship/EU citizenship is directly related to their daily life and they can benefit from it, as well as that choices made on the EU level can affect their daily life and they can influence these choices, together with their peers. The project is based on non-formal learning methods selected directly by the young people, as the appropriate ones to enhance their learning process. Through non-hierarchical and highly inclusive approach, the participants will be able to express and exchange their knowledge and opinions, as well as creatively engage in producing project results.

YOUTH EXCHANGE OVERVIEW

Category	Data
Name of the project:	Sailing on CitizenShip
Type:	Erasmus+ KA1, Youth Exchange
Dates of main activity:	02. – 10.03.2019.
Project venue:	Samobor, Croatia
Number of participants:	6 participants per country (5 young people + 1 group leader)
Age limit:	17-22 (18+ for group leaders)
Participating countries	Croatia, Turkey, Spain, Slovakia, Romania, Macedonia

TIMETABLE

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	
9.00 – 10.00	ARRIVALS	BREAKFAST								
10.00 – 11.30		Getting to know each other / EFC	Researching the EU and finding your way	Conceptualizing and evaluating EU citizenship	Preparing for the futures of EU citizenship	EU citizenship on local level	CitizenShip	Final public event	DEPARTURES	
11.30 – 12.00		COFFEE BREAK								
12.00 – 13.30		Introduction to project topic	The EU and solving social problems	Conceptualizing and evaluating EU citizenship	Preparing for the futures of EU citizenship	Visit to City council	CitizenShip			
13.30 – 15.00		LUNCH								
15.00 – 16.30		Teambuilding & Rules	My country within EU	CitizenShip	CitizenShip	CitizenShip	CitizenShip	Final reflection		
16.30 – 17.00		COFFEE BREAK								
17.00 – 18.30		Erasmus+ Programme	My country within EU	CitizenShip	CitizenShip	CitizenShip	CitizenShip	Evaluation		
18.30 – 19.00		REFLECTION								
19.00		DINNER								
21.00	Welcome evening	Intercultural evening								

OBJECTIVES

Project objectives are:

- to raise the knowledge of participants about the concept of citizenship as well as their rights and duties as citizens;
- to discover what rights they have as EU citizens, both during their daily life at home, and when traveling around;
- to develop the necessary competencies to get access to, realise and/or enforce their rights;
- to develop the basic civic competencies to participate in the variety of communities on different levels they belong to in order to make their voices heard in decision-making;
- to produce quality project results which will be used even outside the framework of this project as learning materials for young people, related to the topics of citizenship in general as well as European citizenship;
- to promote Erasmus+ programme as the flagship programme of the EU concerning young people as the target group.

METHODS AND ACTIVITIES

This project is based on the methods of non-formal education, which support active involvement of participants and focus on their self-reflection and documentation of learning outcomes. Such methods also encourage young people to choose their own approaches and methods that offer them the flexibility and freedom to explore their emerging interests.

THEORETICAL WORKSHOPS

Theoretical part of the main activity, based on the methods of non-formal education, non-hierarchical approach and implemented by participants themselves (through research, simulations, presentations, discussions etc.) focuses on exploring EU citizenship and the role of EU and its bodies in daily life of European citizens, especially young people.

PRACTICAL WORKSHOPS

Practical part of this project - enhancing creative engagement of participants by producing tangible project results - framing their learning outcomes in an installation (CitizenShip) and learning materials (graphic presentation with explanations of EU citizenship in a form of a brochure) symbolizes that citizenship is a concept comprised of different elements (such as rights, duties, means of protection, levels of active engagement etc.) and that each person, in order to be its captain, has to be aware of such elements and know how to use them - especially in the river of possibilities offered by the EU. This project part will ensure production of quality project results which will be used even outside the framework of this project as learning materials for young people, related to the topics of citizenship in general as well as European citizenship.

LEARNING OUTCOMES

Throughout this project, participants are going to acquire following knowledge:

- They acknowledge different EU bodies;
- They comprehend the difference between various EU institutions;
- They recognize jurisdictions of the three main EU institutions;
- They are familiar where to find information on the EU matters online;
- They comprehend local, national and EU decision-making system;
- They define communication mechanisms relevant for contacting relevant bodies responsible for solving societal issues;
- They acknowledge different points of view in a given community;
- They define what is a citizenship;
- They are familiar with different types of citizenship;
- They describe the difference between citizens and non-citizens;
- They acknowledge cultural and ethnical differences among citizens;
- They are familiar with the concept of inclusion and acknowledges its benefits for the society;
- They acknowledge and are familiar with Erasmus+ programme and opportunities it provides for youth.

TECHNICAL INFORMATION

ACCOMMODATION

Accommodation, living and other project / exchange related expenses are 100% funded by the EU. Participants will be provided with 3 meals per day and coffee breaks.

Participants will be accommodated in **Hostel Samobor**. There, they will be divided into two and four bed rooms. The rooms are equipped with bunk beds and the hostel also provides wireless internet connection. The laundry facilities, kitchen and air conditioned living room with 60 chairs and TV are located on the first floor.

Bed linen and towels are provided.



Hostel Samobor: <http://www.hostel-samobor.hr/en/>

TRAVEL

Travel expenses of the participants are covered in line with Erasmus+ Programme rules and European distance calculator. (https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)

Please keep **originals of the travel tickets and boarding passes**, as without such documents we will not be able to make the reimbursement.

Reimbursement of travel expenses for the participants will be carried out through bank transfers (to the account of sending organization / group leader) after the main activity, upon collecting all relevant documentation.

Reimbursement framework:

COUNTRY	PARTICIPANTS	TRAVEL GRANT (per participant)	TRAVEL GRANT (organization)
Croatia	6	0 €	0 €
Macedonia	6	275 €	1650 €
Turkey	6	275 €	1650 €
Spain	6	360 €	2160 €
Romania	6	275 €	1650 €
Slovakia	6	275 €	1650 €

TRAVEL TIPS

FROM ZAGREB INTERNATIONAL AIRPORT (DR. FRANJO TUĐMAN) TO ZAGREB MAIN BUS STATION

The Zagreb airport Dr. Franjo Tuđman is situated 12 km from the city center of Zagreb; the airport is the largest in Croatia, with international connection to most of Europe and domestic connection to the major cities in Croatia.

The airport bus is parked outside the main arrival terminal. The trip with the airport bus to the main bus station takes about **35-40 minutes**; at the main bus station, you also have tram connection to the city center. You can see departure times from Airport to bus station here: <http://www.plesoprijevoz.hr/en/page/timetable>

Please note that after 8 PM, buses depart from the airport after aircraft landing. Price for a one way ticket with the airport bus is 30 kuna (approximately 4 euros).

FROM ZAGREB MAIN BUS STATION TO SAMOBOR

Local bus from the main bus station to Samobor departures approximately every half an hour. The trip can last between **30 and 50 minutes**, depending on whether it is a direct line.

Please note that you are supposed to buy tickets directly from the bus driver while entering the bus.

Price for a one way ticket is **28 kuna (approximately 4 euros)**.

You can see departure times from Zagreb bus station to Samobor here (155 – Samobor – Sveta Nedjelja – Zagreb (Autobusni kolodvor) under „LJETNI VOZNI RED“): <http://www.samoborcek.hr/vozni-red/>

TRANSPORT BY CAR

If you are arriving by car or organized transport via highway, also just follow the directions for Zagreb. When you arrive to Zagreb / near Zagreb you will have a bypass rim around Zagreb, use that, don't go in the city if you wish avoid traffic jams! When you are on the rim follow the signs towards Ljubljana – Slovenia, when you pass Zagreb you will shortly have an exit to Samobor and Sveta Nedelja. If you miss this exit, don't worry as there will be another one few kilometers forward. If you miss that also you will arrive to the toll place and after it border between Croatia and Slovenia. Then you will know that you have missed all exits, so you would need to turn around and watch closely for next exits.

When you arrive **MEETING POINT** will be on **MAIN BUS STATION** in **SAMOBOR**. There will be somebody from our team waiting for you.

VENUE

SAMOBOR



Samobor is a city in Zagreb County, Croatia. It is part of the Zagreb metropolitan area. Samobor is located west of Zagreb, between the eastern slopes of the Samobor hills, the eastern part of Žumberak Mountain, in the Sava river valley. It is part of the historical region of Croatia proper.

You will fall in love with magnificent walks through the city, discovering culture and history, but also as you leave the city and head to the forests and mountains. Fresh air, untouched nature, sunny vineyards, family restaurants offering cozy atmosphere and local cuisine are perfect invitation for spending time in Samobor. During the year, there are plenty of events you can visit, especially the Samobor Carnival („Fašnik“) that takes place in February, Battle of Samobor in 1441 in March, Samobor Spring Fair and Salami Festival usually in March/April, Circus festival in April/May or Samobor Music festival in September/October.

Also, you should not leave Samobor without trying some of the specialties from exquisite local cuisine, „bermet“ (aperitif wine), „češnofke“ (sausage), „kotlovina“ (meat prepared in cauldron),

„kremšnita“ (famous custard pastries), „ Rudarska greblica“ (miners pie) or some of the local wines that you can try along the Wine road. For all information about Samobor, please visit official web site of Samobor.

PRACTICAL INFORMATION

DON'T FORGET TO BRING!

- Personal medication;
- Identification documents (ID, passport, visa, etc.);
- Health/travel insurance;
- Clothing and shoes that can be used for outdoor activities such as hiking and football;
- Travel tickets and boarding passes (originals);

We strongly recommend every participant to acquire health/travel insurance at their own expense for the whole duration of the exchange.

Also, please get a valid EU healthcare insurance card (if applicable):

- if you're an EU citizen, you have the right on free health insurance that gives you access to medically necessary, state-provided healthcare;
- **European Health Insurance Card** info - <http://ec.europa.eu/social/main.jsp?catId=559>)

Official currency in Croatia is **Croatian kuna**.

1 euro = 7.41 kn

(InforEuro - http://ec.europa.eu/budget/contracts_grants/info_contracts/inforeuro/index_en.cfm)

IN CASE OF EMERGENCY

All important contact numbers and information on safety procedures will be placed **in visible places at the project venue** and **introduced to participants at the beginning of the main project activity**. Some of the most important telephone numbers in Croatia are listed below.

Risk prevention measures shaped in the form of questions and recommendations are part of the Information Package, Application form and Partner Agreement and refer to health insurance, travelling, intercultural and linguistic preparation, special food and medical requirements, etc.

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance
- (+385) 195 – search and rescue at the sea
- (+385) 1987 – road assistance
- (+385) 1 4640 800- HAK (Croatian automobile club)

(+385) 11888 – telephone directory
(+385) 18166 – weather forecast
(+385) 18981 – general information
(+385) 11802 – international telephone directory

PREPARATION

TASK-RELATED PREPARATION

Through interactive tasks such as creating the maps of their countries with basic figures related to EU (e.g. representatives in EU bodies, main EU influences, participation in EU programmes, shaping EU policies etc.) or designing personal EU passports including their rights and duties, possibilities for active participation in shaping decisions or their previous/potential participation in Erasmus+ and similar EU programmes will not only prepare participants for the project topic (enhance their basic knowledge, build motivation and develop higher interest in producing quality project results), but also contribute to exchanging elements of own countries and cultures with other participants, therefore contributing to intercultural preparation. Furthermore, by creating “personal passports”, participants will already in preparatory phase be able to meet and find out more about other participants, therefore enhancing group dynamics and building understanding and tolerance. Project materials produced by participants in this phase will be used for the national workshops within the main activity.

INTERCULTURAL AND LINGUISTIC PREPARATION

Croatia (kroʊˈeɪʃə/ kroh-ay-shə; Croatian: Hrvatska [xř̩ʋaːtskaː]), officially the Republic of Croatia (Croatian: Republika Hrvatska), is a sovereign state between Central Europe, Southeast Europe, and the Mediterranean.

Its capital city is Zagreb, which forms one of the country's primary subdivisions, along with its twenty counties. Croatia covers 56,594 square kilometres (21,851 square miles) and has diverse, mostly continental and Mediterranean climates. Croatia's Adriatic Sea coast contains more than a thousand islands.

The country's population is 4.28 million, most of whom are Croats, with the most common religious denomination being Roman Catholicism.

The official language is Croatian.

Useful links containing useful Croatian phrases (some with audio)

<http://www.Learn-Croatian.com>

<http://www.visit-croatia.co.uk/croatianfortravellers/>

<http://www.hr/hrvatska/language/>

http://www.everything2.com/index.pl?node_id=1355876

<http://www.bbc.co.uk/languages/other/quickfix/croatian.shtml>

http://www.linguanaut.com/english_croatian.htm

http://wikitravel.org/en/Croatian_phrasebook

Travel blog with useful information and fun random facts about Croatia <https://www.chasingthedonkey.com>

YOUTHPASS

Youthpass is a tool to document and recognise learning outcomes from youth work activities. It is available for projects funded by Erasmus+: Youth in Action (2014-2020) and Youth in Action (2007-2013) programmes. It is a part of the European Commission's strategy that supports the reflection upon the personal non-formal learning process and outcomes.

While creating their Youthpass certificate together with a support person, project participants are given the possibility to describe what they have done in their project and which competences they have acquired. The certificate can be helpful in obtaining jobs and improving career progress since it can easily be attached to one's CV and serve as a proof of professional development.

8 Key competences for Lifelong Learning evaluated by Youthpass are:

- a.** Communication in the mother tongue
- b.** Communication in foreign languages
- c.** Mathematical competence and basic competences in science and technology
- d.** Digital competence
- e.** Learning to learn
- f.** Social and civic competences
- g.** Sense of initiative and entrepreneurship and
- h.** Cultural awareness and expression

The participants of this project have a right to obtain their Youthpass certificates at the end of the main activity.

PARTNERS

POZITIVA SAMOBOR (CROATIA)

Pozitiva Samobor is an association, a non-governmental organization established in 2011. with the main aim to design programs for developing skills of young people, discover their talents as well as to teach them to take actions and responsibilities. We want to provide youth with adequate tools and motivation to activate their minds and bodies in order to become great leaders of 21st century.

www.pozitivasamobor.hr
romina@pozitivasamobor.hr



YOUTH EURASIA (TURKEY)

Youth Eurasia Youth Club was created in 2012 by the university students in Istanbul. The vision of the Youth Eurasia is creating awareness and raising consciousness among the society in a positive way and basically focusing to leave an effective impact on people through the group activities. The overall main objectives handling by the Youth Eurasia in order are: intercultural learning, social peace, equality, personal development, innovation, communication, employability, sustainability, active citizenship, solidarity, democracy policies, human rights, social inclusion, nature, environment protection and many other issues young people working on according their interests.

<http://youtheurasia.wixsite.com/info>

ASOCIACION JUVENIL INTERCAMBIA (SPAIN)

Intercambia is a youth organization created by and for young people. Our main activities are based on intercultural learning, by using a non-formal education and youth program actions in order to encourage the youth participation in the international context, so abolishing the barriers between countries, reducing the racism and promoting the tolerance between different cultures. Our organization wants to encourage youth initiatives by young people - we support them by providing information, tools, and training to help them get their goals.

www.europaerestu.eu

YOUTHFULLY YOURS (SLOVAKIA)

Non-governmental organization Youthfully Yours SR was established in 13.1.2015 as civil society and registered by Ministry of Interior of the Slovak Republic. Its main focus lies on enhancement of active citizenship, social integration and intercultural dialogue. Our team is full of innovative spirit that deeply desires to encourage young people to study, work or volunteer aboard. We truly believe that these can significantly help to personal development of each young adult and international experience required this way is the right tool to deal with xenophobia and prejudices – still presented in our society.

kuranova@youthfullyyours.sk

ASOCIATIA BISTRITA BUSINESS ACADEMY (ROMANIA)

Bistrita Business Academy Association is a youth organization founded in 2017, in Bistrita, Romania by three professionals, one business owner, one medical doctor and a journalist all active in the field of Non Formal Education long before implementing the organization. The mission of the organization is to promote best practices in youth's personal and professional development with an emphasis on business knowledge and entrepreneurial skills. The aim of the association is to promote freedom, economic success and youth empowerment through business and entrepreneurial initiatives.

marginean@email.com

IPMR-SKOPJE (MACEDONIA)

Experts from various backgrounds and with diverse professional experience came together to create the Institute of Project Management and Development (IPMD).

The vision of IPMD is through its programs and activities to influence the creation of a society of equal citizens based on values, trust, mutual cooperation, social cohesion, sustainable eco and socio-economic development and cultural diversity.

institute.pmd@gmail.com

CONTACT PERSON

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