

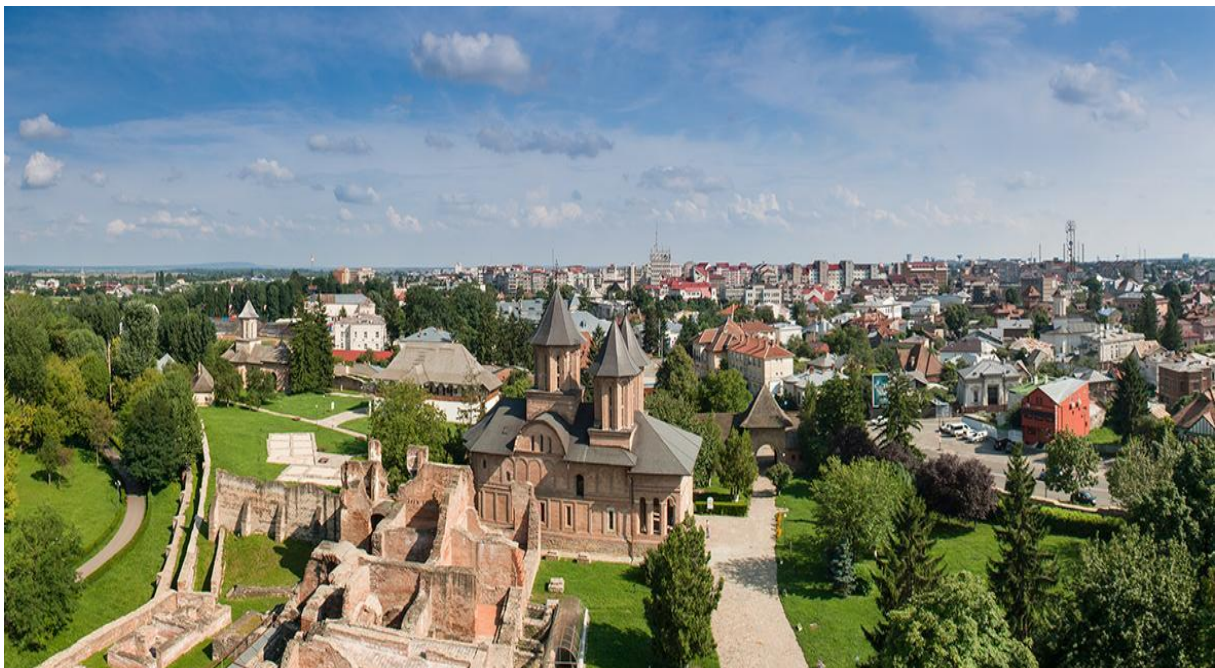


Co-funded by the  
Erasmus+ Programme  
of the European Union

# INFOPACK

## ALL FOR DEMOCRACY

**Aninoasa, Romania**  
**5-14 May 2019**



## INTRODUCTION

Research demonstrate that young people are the largest segment of society with a great potential for changes at all society levels, they can assure the continuity of democracy. Thereby, civic engagement and youth participation to civic life is essential for the good functioning of society, democracy and rule of law. Unfortunately, according statistics youth participation to democratic life, to European elections is very low representing a real concern because of its consequences. The lack of civic participation threatens the democratic regimes from Europe, rule of law, justice and the separation of powers in state, favors the alienation and isolation, especially of southern and eastern European countries from the European Union. The aim of the project is to stimulate youth participation to elections at all levels, European, national and local level, to foster youth civic engagement in society making them active and responsible citizens.

## OBJECTIVES

- To increase the level of knowledge, skills and aptitudes of youth in the field of democracy and youth participation;
- To raise awareness of young people about the importance of participation to civic life and elections;
- To promote youth participation to elections at European, national and local level;
- To encourage youth to be active citizens and motivate them to participate to civic life;
- To provide participants with methods and ideas to foster involvement in civil society;
- To increase knowledge about decision making process at European and national level;
- To create video campaigns in order to promote youth participation to civic life.

## PARTICIPANT PROFILE

24 participants from Romania, Slovakia, Turkey, Portugal, Poland and Spain plus 1 group leader per nationality, older than 18 years old and with experience in international projects.

Participants should be young people aged between 18 – 24 years and group leaders should be over 18 years old, no maximum age limit. They should be interested in project topic, politics, democracy, affairs and youth participation and also motivated be active in their communities.

Each partner organization will send 5 participants (4 young people and 1 group leader) from each country including 2 young people with fewer opportunities (geographical, economic and social obstacles).

Partner organization should keep gender balance (2 girls and 2 boys).

**The applications of selected participants must be send to Be You Association untill 20th March 2019.**

## GROUPS LEADERS PROFILE

Often, the role of the group leader is misunderstood or is confused with the role of participant.

The group leader is an adult accompanying the project participants of youth exchanges. It is he/she who shall ensure the protection and safety of participants, guiding them in the learning process and can have roles of facilitator, trainer, choach, moderator or expert.

### **The role of the group leader:**

- participates in the selection of participants (according to the profile described above);
- knows the level of knowledge / skills / abilities of each participant in connection with the profile established;
- holds meetings with the young participants before project mobility;
- engages in continuous communication with partners;
- ensures that any cultural differences are known to participants in the group;

- provides participants with information about other participants in the project, like culture, destination / venue, country laws;
- assess the potential risks that may arise in the project and what measures might be taken to prevent / solve them.

**Each national group will travel together coordinated by the group leader.**

### **Profile of group leader:**

- interpersonal and communication skills, multicultural communication skills;
- strategic thinking, results focused;
- positive attitude and support, team spirit, attention to details;
- coordination, planning and organization skills;
- very good English language skills;
- promoting active involvement, teamwork and discipline, team effectiveness;
- good negotiator, mediator;
- experience in non-formal education;
- knowledge of writing press releases, messages to promote projects;
- has trainer/facilitator/coach skills.

## **ACCOMODATION**

The youth exchange will take place in Aninoasa which is near Targoviste town (2 km to the city center). The venue is situated in a quiet area, overlooking the entire town of Targoviste and Dealu Monastery. Being a new, modern building, it benefits from a professional design, the aesthetic impressing through its shape and color, giving you high comfort and pleasant atmosphere.

Participants will be in rooms with 3,4 or 5 beds (the room with 5 beds has 2 bathrooms). Mixed nationalities of the same gender will share rooms. Each room is equipped with:

- LCD TV
- Internet connection – Wi-fi
- Own bathroom (shower + toilet) + towels
- Air conditioning
- Balcony

### **The accommodation is equipped with:**

- Washing machine
- Clothes iron
- Refrigerator for common use
- Dining room
- Covered outdoor terrace
- Sports court
- Outside swimming pool – if the weather will be warm and will allow you can use the swimming pool.

### **Address:**

Str. General Heruvim, nr. 13  
 Aninoasa  
 Dambovita, Romania  
 GPS coordinates: 44.9579 N - 25.4740 E

## **MEALS**

The meals will be served in the dining room of the accommodation.

Please note that the Romanian cuisine is delicious but is not fully prepared for vegan, halal or other special menus. The cuisine is based on chicken, beef and porc meals, cow and sheep milk cheese. Local vegetables

are also used. Each day is served soup, main dish with salad. For halal menu we will provide chicken and beef meat.

Be prepared for new culinary experiences!

website: <http://www.pensiunealoteia.ro/> or <https://www.booking.com/hotel/ro/loteia.ro.html>



## HOW TO GET TO ANINOASA

Aninoasa is attached to Targoviste Municipality, 80 km from Bucharest (1h45 minutes – 2h by train). To reach Targoviste you have to take the plane to Bucharest. From the airport you can reach Bucharest North Train Station by bus and from there take the train to Targoviste. We will wait for you at Targoviste Train Station and we will go together at the venue of the project.

After you will buy tickets and will give us all travel data we will create an Excel file.

<https://goo.gl/F6vmcZ> – link transfer airport - Bucharest North Train Station

<https://bit.ly/2SkSpeC> - link transfer Bucharest North Train Station – Targoviste

<https://bit.ly/2TcWzcm>

Before you buy plane tickets, please contact us.

**You have to give us information about your flight until 1st of April 2019.** After knowing each arrival time, we will assist you to come from the airport to the accommodation;

Please choose flights and trains that arrive in Targoviste on 05.05.2019 after 16:00 o'clock. The accommodation is very demanded and the check-in can be done after 16:00 o'clock.

Arrival day: 05.05.2019

Departure day: 14.05.2019

You can arrive two days before the project and leave two days after the project. We do not cover accommodation costs for additional days.

## FINANCIAL ASPECTS

The project is funded by the European Commission through the Erasmus + program. Meals, accommodation and activities are fully covered. The travel costs are reimbursed up to these limits:

Poland – 275 euro per participant

Portugal – 360 euro per participant

Spain – 360 euro per participant

Slovakia – 275 euro per participant

Turkey – 275 euro per participant + 60 euro visa costs per participant

You have to use only public transportation, economy class (i.e. economy class for planes/busses/trains, etc.)

**NOTE!!! TAXI COSTS OR OTHER TRANSPORT METHODS DIFFERENT FROM PUBLIC TRANSPORTATION ARE NOT ELIGIBLE COSTS.**

The reimbursement of travel costs will be done at the end of the youth exchange, upon we will receive all travel documents in original (tickets, boarding passes, invoices, etc). **The reimbursement of travel costs will be done only by bank transfer to partner organizations bank account.**

**NOTE: Be You Association does not request participation fees and does not encourage this practice.**

## INSURANCE

The hosting organization does not cover travel and health insurance. Each participant should have valid health insurance (for example European Health Card) and travel insurance during the whole participation in the project. Also, participants must have during the youth exchange travel documents: identity card / passport.

## INTERCULTURAL EVENING

Each national group will have the occasion to present the country, culture, costumes and traditions to all participants. You can bring food, drinks, songs and other traditional things specific to your country.

## PARTICIPANTS ROLE AND DUTIES DURING YOUTH EXCHANGE

1. **Presentation of sending organization.** Participants must prepare a presentation of the sending organization. So bring with you material about your organization (brochures, flyers, etc.).
2. **Presentation related to project topic.** For the project, each national group should prepare a brief research about the situation/level of youth participation in democratic life and to elections in their countries.
3. **Energizers.** Each national group will have a day to lead the energizers. We are expecting enjoyable energizers!
4. **Helping hand.** Each day, an international team of 3 participants will have the role to serve meals (breakfast, lunch and dinner) and clean dishes. Each day will be a different team.

## WHAT SHOULD BRING WITH YOU?

- Practical clothes for different weather forecasts: sunny, warm and rainy weather. Comfortable shoes for walking;
- Personal hygiene things, medicine you usually take, other things you need for personal comfort and well-being;
- Pocket money for personal expenses. Romania's national currency is the Romanian leu- RON. Our recommendation is to have Euro with you, currency exchange will be easier and more advantageous;
- Brochures and other materials about your organization;
- Traditional food specific to your gastronomy and something specific to your country;
- Swimming suit, beach towel and flipflops. If the weather allows you can use the outdoor swimming pool;
- Good mood is **mandatory** ☺.

## PARTENER ORGANIZATIONS

Be You Association – Romania

Youthfully Yours SR – Slovakia

Afyonkarahisar Better Tomorrows Association – Turkey

Agência Local De Juventude Das Beiras E Serra Da Estrela – Portugal

Stowarzyszenie Sztukater – Poland

Educadaje – Spain

## CONTACTS:

Ilona Balint: +40 0775 307 439

Adrian Miloiu: +40 0773 353 413

Local Police: +40 0245 207 081

+40 0245 631 895

Local Hospital: +40 0245 631 582

Local Firefighters: +40 0245 611 212

Emergency phone number: 112

## SEE YOU SOON!