

AVCALA YOUTH VILLAGE PRESENTS

YOUTH GAMES **CHAPTER1**

INFOPACK

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www.avcalagastrofikirsanat.com

ABOUT PROJECT

The Youth Games project was designed for the socio-cultural development of young people living in rural areas. With this work, which is planned as a development model, young people are expected to establish a cooperation network between themselves in rural areas. With this network of cooperation, young people will be able to organize sports activities in their local areas.

This Youth Exchange includes workshops and practices on issues such as rural Development, preparing an action plan, establishing a network of cooperation, organizing sports activities, and sustainability.

As a result of our surveys and interviews with people who are living in rural areas, we see that we have three main problems.

- The absence or lack of cultural and sports activities in rural areas,
- Lack of social inclusion of young men and women living in rural areas and lack of co-operation network,
- The lack of social capital levels of local communities in rural areas and the lack of entrepreneurship capacity for development.

We aim to reach the following goals by solving the problems we have mentioned with our main and sub-activities. The results we anticipate are as follows:

- Sports and cultural activities are organized at regular intervals in their local areas by establishing a cooperation network of young people or entrepreneurs living in rural areas.
- The inclusion of young people living in rural areas in social life through sports.
- Prepared and initiated development action plans that could improve their local social, cultural and economic aspects by increasing the entrepreneurial capacity of the youth in the co-operation network.

We believe that I can solve these problems through Erasmus+. In order to achieve these solutions, we have three main activities.

- Organizing a running race of about 8km with the young people coming from different countries and starting on a 2200 altitude plateau and consisting of various obstacles and documenting it in order to be implemented in different regions.,
- Organizing training and workshops for the realization of sports activities where partners and participants can have social impact in their local areas and the social inclusion of young people can be ensured,
- Organizing training and workshops for young people living in rural areas to establish a network of cooperation in their local communities and prepare a micro-development action plan.

All of our activities have been developed by common learning methods. Participants will take active part in the entire activity and will learn by experimenting. All trails and obstacles in the running race will be prepared by the participants themselves.

LOCATION AND ACCOMODATION

Activities will take place in Camlica Village, Savsat, Artvin, Turkey. Accomodation will be in a village cultural centre. This cultural center contains areas where young people can increase their entrepreneurial and cultural capacities. Workshops will also take place in the education section of the Cultural Center. The center is in a place intertwined with nature, with forest and creek views.

You need to bring your personal goods. Towel, shampoo, hair dryer, slipper. There is also washing machine. If you need you can use it. Please do not forget to bring raincoat.

PROFILE OF PARTICIPANTS

Each partner need to select 5 participants(4 participants + 1 group leader). Gender balance is important.

The language of the course will be English.

Participants should be fluent in English.

Participants must be between 18 and 29 years old.

Group leaders has no age limit.

Some activities include physical activities. For this reason, participants should be prepared for activities that require physical difficulty, such as walking, jogging or preparing trails. Participants should not have heart disease. In order to avoid a health problem, we recommend that you make health insurance before the project.

Participants should be concerned with rural development, sustainability, social impact and sports.

ROLE OF PARTICIPANTS

You represent your NGO, your National Agency and your country. You must be part of all activities during project.

Please join our facebook group that we create for selected participants.

<https://www.facebook.com/groups/1013249835546638/>

There are three main activities you will participate in during the project.

In order to get your travel payments back, you must always keep all travel documents. It's really important.

If you are selected as a project participant, you must fill in the participant form.

<https://goo.gl/forms/cqLTEIfVsxEo3nGY2>

INTERCULTURAL NIGHTS

There is an intercultural night for a country every evening in the activity programme. Therefore, participants should prepare a presentation that can promote the culture of their country. Food, drink, music, dance, visual presentation, etc. We have kitchen in the center. You can prepare your food, if you wish.

FINANCIAL INFORMATION AND REIMBURSEMENTS

Travel reimbursement amounts were determined according to the Erasmus+ rules. There is no participation fee. You will get reimbursements during activity. It's really important to keep all travel documents. Flight booking document, boarding passes, etc.

Bulgaria: 275 Euro per participant

Italy: 360 Euro per participant

Lithuania: 360 Euro per participant

Romania: 275 Euro per participant

Slovakia: 360 Euro per participant

TRAVEL

Activities will take place between 21-30 June 2019.

21 June is arrival day, 30 June is departure day.

Please take your flight ticket accordingly.

You should take your flight to Trabzon. Trabzon Airport is where we welcome all participants. We'll wait for you at the passenger exit.

The place where the activities will be implemented is approximately 6 hours from Trabzon. It is also very difficult to go on your own because it is in a village in the Cultural Center to be accommodated. For this reason, we will take you to the center with bus.

For special buses to be arranged for your arrival and return, 15 euro will be deducted from your travel costs.

If there is a delay on your flight, don't worry, we will check and wait for you.

If you wish to contact us, you can write to the following number through Whatsapp.

Aykut Subasi, +90535 848 20 27

HEALTH INSURANCE

We strongly recommend that you make health insurance before you come to the project.

Activities include physical difficulties. If you have any health problems, health insurance will be very useful. There is a fee of about 15-20 euros. Health insurance is not included in reimbursement.

LOCAL INFORMATION

The place where the activities will take place can be quite rainy, cold or sunny in May. Therefore, the following items will benefit you to bring:

- **Water bottle,**
- **Lots of underwear(There is washing machine),**
- **Slippers,**
- **Sun cream,**
- **Hat,**
- **Outdoor shoes,**
- **Running shoes*,**
- **Raincoat,**
- **Backpack,**
- **Towels*,**
- **Hair dryer.**

***Necessary goods.**