



# INFOPACK BUILD YOUR FUTURE

# Targoviste, Romania

# 01-10 August 2019



#### **INTRODUCTION**

In the last years the economic crisis has led to high levels of youth unemployment and thus disengagement among young people. As a consequence, the European Union is facing one of its greatest challenge in terms of youth unemployment. In light of this, European officials have sought new ways of monitoring and analysing the prevalence of labour market vulnerability and disengagement among young people, aiming to effectively engage as many of Europe's young people as possible in the world of work. This aim become the heart of the EU policy agenda, special attention being given to provide youth with employment and training opportunities in order to strengthen their skills and knowledge to be adapted to new work situations. A special attention is given to the NEETs category facilitating their access to the labour market.

In this new situation and changing world, soft skills are important skills which lead to the success to enter the labour market. Employers are not looking only for theoretic knowledge known as hard skills, they are focusing now on competences and soft skills as team work, effective communication, time and conflict management, work under pressure which definitively influence if a person is hired.

In this context our training course aims to provide youth workers who work with unemployed young people, especially NEETs, with necessary skills and tools to help young people to enter the labour market and to raise the level of employment among them.

#### **OBJECTIVES**

- To improve the level of knowledge of young workers in the area of employability and soft skills in order to promote participation to the labour market;
- To develop soft skills of youth workers in order to facilitate the entry of young people, especially NEETs, to labor market and broaden future perspectives;
- To improve the quality of youth work in favour of young people;
- To empower youth workers with new tools in the area of youth employability, especially NEETs;
- To understand the dynamics of labor market and the skills that young people need in the new working context.

#### **PARTICIPANT PROFILE**

32 youth workers, youth leaders, trainers (4 participants from each partner organization) for a 10-day-long training course. Participants must belong to the partner organization, interested and motivated to participate in the project, and must have minimum 2 year of experience with young people, especially unemployed young people from rural areas, youth with fewer opportunities and NEETs. Participants must be older than 18 years old (no maximum age limit).

Participants will come from Romania, Greece, Italy, Malta, Poland, Slovakia, Spain, Turkey.

The applications of selected participants must be send untill 25th of May 2019.

# ACCOMMODATION

The Training Course will take place in Targoviste city which is near the capital, Bucharest (80 km distance). Participants will be accommodate at Valahia Hotel which is situated in the middle of the city. Participants will be in rooms with 2,3 beds. Mixed nationalities of the same gender will share rooms. Each room is equipped with:

- Digital TV
- Internet connection Wi-fi
- Own bathroom (bathtub+ toilet) + towels

#### Address:

Hotel Valahia B-dul Libertatii nr.7, 130018 Targoviste Dambovita,Romania. Phone: +4 0245 634 491 +4 0372 722 007

website: https://www.hotelvalahia.ro/



Three meals (breakfast, lunch and dinner) and two coffee breaks are fully covered by the Erasmus+ programme.

Please note that the Romanian cuisine is delicious but is not fully prepared for vegan, halal or other special menus. The cuisine is based on chicken, beef and porc meals, cow and sheep milk cheese. Local vegetables are also used. Each day is served soup, main dish with salad. For halal menu we will provide chicken and beef meat.

Be prepared for new culinary experiences!

# **HOW TO GET TO TARGOVISTE**

Targoviste City is 80 km distance from Bucharest (1h45 minutes – 2h by train). To reach Targoviste you have to take the plane to Bucharest. From the airport you can reach Bucharest North Train Station by bus and from there take the train to Targoviste. We recommend you to consult the train timetable on Bucharest-Targoviste route before planning your flight. After you will buy tickets and will give us all travel data we will create an Excel file.

<u>https://goo.gl/F6vmcZ</u> – link transfer airoport - Bucharest North Train Station <u>https://bit.ly/2SkSpeC</u> - link transfer Bucharest North Train Station – Targoviste <u>https://bit.ly/2TcWzcM</u>

You have to give us information about your flight until 15th of June 2019. After knowing each arrival time, we will assist you to come from the airport to the accommodation;

#### You can buy travel tickets (plane, bus, etc) only after 1st May 2019.

Arrival day: 01.08.2019 Departure day: 10.08.2019

You can arrive two days before the project and leave two days after the project. The project does not cover accommodation and meals costs for additional days.

# **FINANCIAL ASPECTS**

The project is funded by the European Commission through the Erasmus + program. Meals, accommodation and activities are fully covered. The travel costs are reimbursed up to these limits:

Greece  $-275 \notin$  per participant Italy  $-275 \notin$  per participant Malta  $-275 \notin$  per participant Poland  $-275 \notin$  per participant Slovakia  $-275 \notin$  per participant Spain  $-360 \notin$  per participant Turkey  $-275 \notin$  per participant

You have to use only public transportation, economy class (i.e. economy class for planes/busses/trains, etc.) NOTE!!! TAXI COSTS OR OTHER TRANSPORT METHODS DIFFERENT FROM PUBLIC TRASNSPORTATION ARE NOT ELIGIBLE COSTS. The reimbursement of travel costs will be done at the end of the Trening Course, upon we will receive all travel documents in original (tickets, boarding passes, invoices, etc). The reimbursement of travel costs will be done only by bank transfer to partner organizations bank account.

#### NOTE: Be You Association does not request participation fees and does not encourage this practice.

# **INSURANCE**

The hosting organization does not cover travel and health insurance. Each participant should have valid health insurance (for example European Health Card) and travel insurance during the whole participantion in the project.

Also, participants must have during the training course travel documents: identity card / passport.

### **INTERCULTURAL EVENING**

Each national group will have the occasion to present their country, culture, customes and traditions to all participants.

You can bring food, drinks, songs and other traditional things specific to your country.

# **PARTICIPANTS ROLE**

- 1. **Presentation of sending organization**. Participants must prepare a presentation of the sending organization. So bring with you material about your organization (brochures, flyers, etc.).
- 2. **Presentation related to project topic**. For the project, each national group should prepare a brief research about the situation/level of youth unemployment in your country.
- 3. **Energizers**. Each national group will have a day to lead the energizers. We are expecting enjoyable energizers!

# WHAT SHOULD BRING WITH YOU?

- Practical clothes for different weather forecasts: warm, hot or short summer showers. Comfortable shoes for walking;
- Personal hygiene things, medicine you usually take, other things you need for personal comfort and well-being;
- Pocket money for personal expenses. Romania's national currency is the Romanian leu- RON. Our recommendation is to have euro with you, currency exchange will be easier and more advantageous;
- Brochures and other materials about your organization;
- Traditional food specific to your gastronomy and something specific to your country.
- Good mood is mandatory  $\odot$ .

### **PARTNER ORGANIZATIONS**

Be You Association – Romania General Workers Union – Malta FRATERNITAS – Poland Youthfully Yours - Slovakia Pendik Belediyesi - Turkey Oriel - Italy

Ekpedeftiki Paremvasi - Greece

Educadaje – Spain

# **CONTACTS:**

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https://www.mae.ro/en/node/2084

See you soon!