

Me & You



training course on conflict management through youth work activities in order to fight against racism and xenophobia and promote intercultural dialogue among diverse culturally young people

31st August to 6th of September 2019, Levelek, Hungary

Themes of the training course:

Conflict, conflict resolution and conflict management learning for youth workers, youth leaders who work with diverse culturally groups, marginalised young people, young refugees and migrants, young minorities, etc. Throughout the project, beside conflict resolution techniques and methods, exercises and skill - building activities, there will be a strong multicultural sense and atmosphere. In a perspective of the Erasmus+ programme, we believe that the next thematic questions are present in this project:

- post-conflict resolution and reconstruction
- fight against racism and xenophobia
- inter-ethnic and inter-religious dialogue.

Through this training participants will strengthen their intercultural understanding, emphasize empathy and solidarity as a tool for resolving inter- ethnic conflicts and create possible themes for future projects according to the proposals of Erasmus+ programme.

The overall aim of the training course is to train youth workers, youth leaders who are directly working with diverse culturality young people e.g. refuges, migrants, minorities, marginalised young people, etc. being able to support the process of promoting sustainable local and global peace through understanding inter-ethnic conflicts. Through this training, participants will broaden their intercultural sense, develop communication and conflict management skills and build an awareness of how community problems can be approached and solved through youth work activities.

Learning objectives of the training course are:

In the perspective of knowledge, learning objectives are:

- to define what inter-ethnic conflict is, how it happens and what are its causes;
- to recognize stereotypes and prejudices, recall and list them;
- to summarize and interpret roles and conflict styles and conflict management in inter-ethnic conflicts;
- to identify and later contrast personal behaviour regard to stereotypes, prejudices, feeling of empathy, tolerance and solidarity;
- to solve communication barriers in conflicting situations and to demonstrate effective way of communicating that resolves conflict;
- to explain differences between different countries, traditions and habits, in regard to inter- ethnic conflict situations;
- to paraphrase effective communication when giving feedback and use decision-making in the actual group work;
- to produce and later use research materials;
- to interpret, analyze and describe- and later produce a project proposal based on the comprehension of the research;
- to state and later describe human rights in inter-ethnic conflicts;
- to apply the knowledge of inter-ethnic conflict in simulation or role-play and other similar activities;
- to relate theory to simulations and role-plays;
- to compare different conflict types in different given situations.

In the perspective of skills, learning objectives are:

- to detect and identify personal conflict style and illustrate skills of solving conflict using personal communication skills;
- to display skills of active listening of the other;
- to choose between methods or research and show the actual work, later organize the research process;
- to construct an outlook of the project proposal using knowledge;
- to show active involvement in mediation processes using communication skills;
- to practice different conflict resolution skill;
- to practice feedback giving communication skills;
- to actively react more efficiently in inter-ethnic conflict simulations, using communication and conflict management skills;
- to present daily understanding of the learning material.

In the perspective of attitude, learning objectives are:

- to have a positive approach towards conflict and being open minded for its solution;
- to welcome cultural diversity;
- to understand differences and being able for acceptance and appreciation;
- to foster empathy and tolerance.

The methodology of the training course:

The project will be based on non-formal educational methodology. It will be learner centred and participatory. It will be really practical, that means participants will put their gained competences into practice already during the project and the training course itself. Experienced trainers' team will prepare the programme flow based on the needs and expectations of the partner organisations and their participants. The training contributes to the development of organizational and communicational skills of each group member in a specific group work environment. Group members will experience process of democratic principles such as dialogue, mutual understanding, giving constructive feedback, decision making, self-exploration, attitude of analytical approach. After completion of this training, participants will contribute to the development of their local community through direct impact on youth in their work.

Who can participate in the training course:

- Youth workers, youth leaders who directly work with groups of culturally diverse or marginalised young people e.g. having minorities, refugees and migrants' or Roma background;
- Youth workers, youth leaders, who would like to be part of an European platform and support each other's local and European youth work in order to fight against xenophobia and racism towards different culturally young people;
- Community leaders, educators, trainers, facilitators, young leaders, social workers, intercultural mediators to be put into practice in their daily work with and for young people.
- Ready to take part in the whole training course;
- To be able to communicate English language.
- **If you are over 18!**

Eligible countries: Croatia, Poland, Macedonia, Bulgaria, Spain, Italy, Lithuania and Slovakia

- **4 participants/Country**

Applicant organisation: **Gyermekmosoly Gyermek és Ifjúsági Egyesület**



Erasmus+

During buying travel ticket please ask for invoices in a name and other dates for the coordinating organization. It's important because the project is funded by the Hungarian NA and at the end of the project we need to prove our expenses respecting the Hungarian Tax Law, which is asking as for original invoices in a name of the organization who receive the money from the Hungarian NA.

Datas for travel invoices:

Name: Gyermek-Mosoly Gyermek és Ifjúsági Egyesület

Adress: 4400 Nyíregyháza, Korányi Frigyes u. 44.

VAT: 18810969-1-15

Dates:

Levelek, Hungary – 31st August to 7th of September 2019

Arrival: August 31st - Early AFTERNOON, 2019 in Levelek (Around 10:00 AM Budapest airport/ Bus/Train station)

Departure: September 7th - Early AFTERNOON, 2019 from Levelek (Late afternoon/night from Budapest)

Application

Every partner organization will do the selection procedure by them. We are giving you the possibility to find the best participants for this TC.

For application we ask every partner to fill the attached application form and send it back to the E-mail address: stap85@gmail.com till 21st of July 2019 Year.

Financial Condition/ Travel Cost:

The TC will be implemented in the frame of the Erasmus + Programme:

- Accommodation and food will be covered fully by the organizer.
- **Health insurance is obligatory and should be arranged and covered by each participant.**
- Travel expenses will be reimbursed according to Erasmus + rules as follow:

THE TRAVEL COSTS WILL BE REAMBURSED BY ELECTRONIC TRANSFER, DIRECLY TO THE PARTNER ORGANISATIONS BANK ACCOUNT IN 1 AMOUNT, FOR EACH OF THE

PARTNERS, AFTER THE ALL THE PARTICIPANTS SEND US THEIR RETURN **TICKETS AND INVOICES**. (APROXIMATLY 2-3 MONTHS AFTER THE TC).

- **Proof of all the travel expenses you wish to reclaim: No payment will be made without a proof of your expenses! If you come by plane, please be sure to bring evidence of the sum actually paid (invoice in a name of the coordinating organisation, copy of credit card slip), a copy of the ticket and your boarding passes, or in the case of an email booking, a print out of the reservation confirmation and financial transaction. **DO KEEP ALL FLIGHT/TRAIN/BUS TICKETS, BOARDING CARDS, INVOICES ETC WITH YOU AND DO NOT THROW THEM AWAY!!!****
- Other Expenses: All other expenses during the activity, such as board, lodging and transportation, will be borne by the organizers. However, all participants' personal costs (like telephone calls, gifts and souvenirs, etc.) and/or any other cost not linked to programe's events have to be covered by the participants and will be settled directly by them.

Notes:

- *Early arrivals or late departure will be the own responsibility of the participants. Please bear in mind that according to the guidelines of Erasmus+ program the travel back must be realized by participants on direct way within maximum of 2 days. In case of longer stays or indirect travel (holiday travel, etc) there is no chance of reimbursement.*
- *Registration is final upon arrangement of the travel: Once selected to participate, you need to arrange your travel ASAP to reserve your seat in the TC.*
- ***Do not purchase any tickets without consulting with us***

Travel costs , routs and way:

1. Participants from **Italy, Bulgaria, North Macedonia and Lithuania: 260 Euro Maximum reimbursements/ Participant** for the travel costs from **their home to Nyíregyháza, Hungary** and back+ the organisers will manage free transport from Nyiregyhaza to Venue of the Project (Levelek, Hungary).
2. Participants from **Spain: 340 Euro Maximum reimbursements** for travel from **their home to Nyíregyháza** and back+ the organisers will provide a free transfer for the participants from Nyíregyháza to Levelek and back.
3. Participants from **Poland, Croatia and Slovakia:** If it's possible use one of the participant's personal vehicles for travel from your home town to Levelek, Hungary and back. In this case are the realistic travel cost (Fuel cost, High way taxes and amortization) will be reimbursed in 100%.

If it's not possible to use your own vehicle for travel, than contact the organisers to figure out some other suitable way!

Venue: Accommodation and Food in Levelek, Hungary

The Training Course will be hosted in the camping houses of the TÓ-Centrum Levelek, right next to the lake of Levelek. Pictures about the Venue:

https://www.facebook.com/pg/ToCentrum/photos/?tab=album&album_id=433127163486066

Organizers will provide participants with accommodation (participants will share rooms 4-5 bed rooms) three meals per day & 2 coffee breaks. Please, keep in mind, that the provided food may differ from the food you are used to have in your country, and, even in case of providing food for special groups, e.g. vegetarians, it may not fully meet your expectations. **We strongly recommend participants to inform the organizers IN ADVANCE about any special needs.**



JUST TO BE AWARE: THE QUALITY OF THE ACCOMONDATION IS PRPBABLY NOT FIT WITH THE STANDARDS OF ERASMUS+ TRAINING COURSES, BUT WE WILL TRY TO COMPENSATE THE PARTICIPANTS WITH THE HIGH QUALITY OF TRAINERS, WORKSHPS, FREE TIME ACTIVITIES, FOOD ETC. SO PLEASE INFORM THE PARTICIPANTS TO LOWER THEIR EXPECTATION TOWARDS THE ACCOMONDATION!!!

Checklist – what you need to bring with you:

- "Standard seminar equipment": An alarm clock, any dictionaries you might require, music CDs and tapes, instruments that you may need, comfortable clothes, warm clothes to be worn both inside and outside, etc
- Please bring all necessary identity documents (social and medical insurance, I.D. etc.) in the case of need.
- Any materials you need to present you country (food, drinks, music, post cards) during the intercultural evening, specific working methods or tools)
- Personal hygiene equipments (Tooth paste, shower gel, **towel** etc.)
- Sportswear for outside activity.
- **Swim suit**

Task for the selected participants during the preparation:

- Prepare a 1 minute personal introduction video/participant, or a 3-4 minute video for the whole group. The videos will be uploaded to a facebook group, which we will create in the near future, and give the opportunity to meet with each other, before the project.

- Get prepared for the cultural night (be creative, try to avoid Youtube and Power Point as much as possible).

Task for partner NGOs.

- Select participants till the deadline (if it's possible).
- Help the participants to book their tickets and organise their travel.

Local Money:

The Hungarian Currency is called **Hungarian Forint**. In the shops US dollars and Euros are not taken. There will be opportunity to exchange money (from Euros and US dollars). We recommend you to **not change your money at the Airport. 1 Euro is around 320 Hungarian Forints** in the most of the exchange offices.

Organizers:

The TC in Hungary will be implemented by “**Gyermekmosoly Gyermek és Ifjúsági Egyesület**” from Nyíregyháza, Hungary in cooperation with its partners and is responsible for organization, administration and logistics of the TC in Levelek Hungary.

Contacts:

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IF YOU HAVE ANY QUESTION PLEASE DON'T BE AFRAID TO ASK.