

VERSION 0.0

1/2019



# YOUTH EXCHANGE “VEHICLES OF THE FUTURE“

[22. – 30.09.2019., SAMOBOR, CROATIA]

**ASSOCIATION FOR SUSTAINABLE DEVELOPMENT POZITIVA SAMOBOR**  
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## YOUTH EXCHANGE “VEHICLES OF THE FUTURE“

Main aim of this project is to raise environmental protection awareness of the participants through a set of activities that promote and encourage recycling, waste-management and fight pollution.

Specific project objectives are:

- to develop specific knowledge and skills of participant within domain of waste management;
- to develop practical skills of participants in reducing waste and recycling;
- to increase and encourage creative expression of the participants through process of creating "Vehicle of the future“ based on recycling old cars;
- to increase sense of initiative and entrepreneurship of the participants through development of own business ideas based on waste management;
- to increase environmental protection awareness of the participants and their local communities;
- to strengthen intercultural and language competences of the participants;
- to promote Erasmus+, Youthpass certificate and mobility of youth.

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### YOUTH EXCHANGE OVERVIEW

Category	Data
<b>Name of the project:</b>	Vehicles of the future
<b>Type:</b>	Erasmus+ KA1, Youth Exchange
<b>Dates of main activity:</b>	22. – 30.09.2019.
<b>Project venue:</b>	Samobor, Croatia
<b>Number of participants:</b>	6 participants per country (5 young people + 1 group leader)
<b>Age limit:</b>	18-25 (18+ for group leaders)
<b>Participating countries</b>	Croatia, Spain, Romania, Poland, Slovakia

## TIMETABLE

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	
9.00 – 10.00	ARRIVALS	BREAKFAST								DEPARTURES
10.00 – 11.30		Getting to know each other / EFC	Waste management & Recycling	Business plan development	Practical workshop	Practical workshop	Practical workshop	Final public event		
11.30 – 12.00		COFFEE BREAK								
12.00 – 13.30		Introduction to project topic	Recycling based entrepreneurship	Practical workshop	Practical workshop	Practical workshop	Practical workshop			
13.30 – 15.00		LUNCH								
15.00 – 16.30		Teambuilding & Rules	National perspectives	Practical workshop	Practical workshop	Practical workshop	Practical workshop	Final reflection		
16.30 – 17.00		COFFEE BREAK								
17.00 – 18.30		Erasmus+ Programme	Self-employment and job opportunities	Practical workshop	Practical workshop	Practical workshop	Practical workshop	Evaluation		
18.30 – 19.00		REFLECTION								
19.00	DINNER									
21.00	Welcome evening	Intercultural evening								

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## **METHODS AND ACTIVITIES**

This project is based on the methods of non-formal education, which support active involvement of participants and focus on their self-reflection and documentation of learning outcomes. Such methods also encourage young people to choose their own approaches and methods that offer them the flexibility and freedom to explore their emerging interests.

### **THEORETICAL WORKSHOPS**

Theoretical part of the main activity, based on the methods of non-formal education, non-hierarchical approach and implemented by participants themselves (through research, simulations, presentations, discussions etc.) focuses on exploring topics of waste management and recycling. Second part is focused on increasing entrepreneurial skills of the participants and creating business idea based on recycling.

### **PRACTICAL WORKSHOPS**

Practical part of this project is focused on reusing old cars and creating an functional installation. Practical workshops are based on drawing/painting, creating visual materials (graphic design of logo and brochures, digital branding), developing web page and producing media content.

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## **IMPACT**

This project is expected to impact the participants through achieving their learning goals as well as developing specific set of skills and knowledge. It is expected that participants will develop wider understanding of impact of human behavior on environment, knowledge about efficient methods to minimize such impact as well as new approaches within the areas of waste management and environmental protection.

Furthermore, it is expected that they will increase their sense of awareness towards recycling and preserving nature, which will benefit primarily their local communities. Based on thoroughly designed activities and methods, it is expected that participants will initiate new actions/movements based on environmental protection and waste management.

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## TECHNICAL INFORMATION

### ACCOMMODATION

Accommodation, living and other project / exchange related expenses are 100% funded by the EU. Participants will be provided with 3 meals per day and coffee breaks.

Participants will be accommodated in **Hostel Samobor**. There, they will be divided into two and four bed rooms. The rooms are equipped with bunk beds and the hostel also provides wireless internet connection. The laundry facilities, kitchen and air conditioned living room with 60 chairs and TV are located on the first floor.

Bed linen and towels are provided.



Hostel Samobor: <http://www.hostel-samobor.hr/en/>

### TRAVEL

Travel expenses of the participants are covered in line with Erasmus+ Programme rules and European distance calculator. ([https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en))

Please keep **originals of the travel tickets and boarding passes**, as without such documents we will not be able to make the reimbursement.

**Reimbursement** of travel expenses for the participants will be carried out through bank transfers (to the account of sending organization / group leader) after the main activity, upon collecting all relevant documentation.

Reimbursement framework:

COUNTRY	PARTICIPANTS	TRAVEL GRANT (per participant)	TRAVEL GRANT (organization)	TRAVEL DISTANCE*
Croatia	6	0 €	0 €	0 - 99 km
Poland	6	275 €	1650 €	500 – 1999 km
Slovakia	6	275 €	1650 €	500 - 1999 km
Spain	6	275 €	1650 €	500 - 1999km
Romania	6	275 €	1650 €	500 - 1999 km

\*Based on travel distance per participant (distance between place of departure and venue of the project). Distance should be calculated by using **European Distance Calculator** ([https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)) for each of the participants individually.

We kindly ask all of the participants to **calculate their travel distance in advance (prior to buying tickets), as in case if they fall within lower travel distance (e.g. between 100 and 499 km) their travel limit is lower.**

After calculating, please check the following table to determine your limit of travel costs:

DISTANCE	TRAVEL COSTS LIMIT
10 – 99 km	20 EUR
100 – 499 km	180 EUR
500 – 1999 km	275 EUR
2000 – 2999 km	360 EUR

Before buying any tickets, please consult us on [romina@pozitivasamobor.hr](mailto:romina@pozitivasamobor.hr)

## TRAVEL TIPS

### FROM ZAGREB INTERNATIONAL AIRPORT (DR. FRANJO TUĐMAN) TO ZAGREB MAIN BUS STATION

The Zagreb airport Dr. Franjo Tuđman is situated 12 km from the city center of Zagreb; the airport is the largest in Croatia, with international connection to most of Europe and domestic connection to the major cities in Croatia.

The airport bus is parked outside the main arrival terminal. The trip with the airport bus to the main bus station takes about **35-40 minutes**; at the main bus station, you also have tram connection to the city center. You can see departure times from Airport to bus station here: <http://www.plesoprijevoz.hr/en/page/timetable>

**Please note that after 8 PM, buses depart from the airport after aircraft landing. Price for a one way ticket with the airport bus is 30 kuna (approximately 4 euros).**

### FROM ZAGREB MAIN BUS STATION TO SAMOBOR

Local bus from the main bus station to Samobor departures approximately every half an hour. The trip can last between **30 and 50 minutes**, depending on whether it is a direct line.

Please note that you are supposed to buy tickets directly from the bus driver while entering the bus.

Price for a one way ticket is **28 kuna (approximately 4 euros)**.

You can see departure times from Zagreb bus station to Samobor here (155 – Samobor – Sveta Nedjelja – Zagreb (Autobusni kolodvor) under „LJETNI VOZNI RED“): <http://www.samoborcek.hr/vozni-red/>

### TRANSPORT BY CAR

If you are arriving by car or organized transport via highway, also just follow the directions for Zagreb. When you arrive to Zagreb / near Zagreb you will have a bypass rim around Zagreb, use that, don't go in the city if you wish avoid traffic jams! When you are on the rim follow the signs towards Ljubljana – Slovenia, when you pass Zagreb you will shortly have an exit to Samobor and Sveta Nedelja. If you miss this exit, don't worry as there will be another one few kilometers forward. If you miss that also you will arrive to the toll place and after it border between Croatia and Slovenia. Then you will know that you have missed all exits, so you would need to turn around and watch closely for next exits.

When you arrive **MEETING POINT** will be on **MAIN BUS STATION** in **SAMOBOR**. There will be somebody from our team waiting for you.

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## VENUE

### SAMOBOR



Samobor is a city in Zagreb County, Croatia. It is part of the Zagreb metropolitan area. Samobor is located west of Zagreb, between the eastern slopes of the Samobor hills, the eastern part of Žumberak Mountain, in the Sava river valley. It is part of the historical region of Croatia proper.

You will fall in love with magnificent walks through the city, discovering culture and history, but also as you leave the city and head to the forests and mountains. Fresh air, untouched nature, sunny vineyards, family restaurants offering cozy atmosphere and local cuisine are perfect invitation for spending time in Samobor. During the year, there are plenty of events you can visit, especially the Samobor Carnival („Fašnik“) that takes place in February, Battle of Samobor in March, Samobor Spring Fair and Salami Festival usually in March/April, Circus festival in April/May or Samobor Music festival in September/October.

Also, you should not leave Samobor without trying some of the specialties from exquisite local cuisine, „bermet“ (aperitif wine), „češnofke“ (sausage), „kotlovina“ (meat prepared in cauldron), „kremšnita“ (famous custard pastries), „Rudarska greblica“ (miners pie) or some of the local wines that you can try along the Wine road. For all information about Samobor, please visit official web site of Samobor.

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## PRACTICAL INFORMATION

### DON'T FORGET TO BRING!

- Personal medication;
- Identification documents (ID, passport, visa, etc.);
- Health/travel insurance;
- Old or spare clothing and shoes that you can wear for workshops such as painting, car restoration, building installations etc.
- 1 laptop per national team;
- Travel tickets and boarding passes (originals);

We strongly recommend every participant to acquire health/travel insurance at their own expense for the whole duration of the exchange.

Also, please get a valid EU healthcare insurance card (if applicable):

- if you're an EU citizen, you have the right on free health insurance that gives you access to medically necessary, state-provided healthcare;
- **European Health Insurance Card** info - <http://ec.europa.eu/social/main.jsp?catId=559>)

Official currency in Croatia is **Croatian kuna**.

1 euro = 7.38 kn

(InforEuro - [http://ec.europa.eu/budget/contracts\\_grants/info\\_contracts/inforeuro/index\\_en.cfm](http://ec.europa.eu/budget/contracts_grants/info_contracts/inforeuro/index_en.cfm))

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## IN CASE OF EMERGENCY

All important contact numbers and information on safety procedures will be placed **in visible places at the project venue** and **introduced to participants at the beginning of the main project activity**. Some of the most important telephone numbers in Croatia are listed below.

Risk prevention measures shaped in the form of questions and recommendations are part of the Information Package, Application form and Partner Agreement and refer to health insurance, travelling, intercultural and linguistic preparation, special food and medical requirements, etc.

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance
- (+385) 195 – search and rescue at the sea
- (+385) 1987 – road assistance
- (+385) 1 4640 800- HAK (Croatian automobile club)
- (+385) 11888 – telephone directory
- (+385) 18166 – weather forecast

(+385) 18981 – general information  
(+385) 11802 – international telephone directory

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## PREPARATION

### TASK-RELATED PREPARATION

Task related preparation of the participants will be focused on researching creative solutions for car restoration and car painting, which will be used during practical workshops of the project. Furthermore, it will be focused on entrepreneurial part of the project, where participants will be researching and presenting examples of good practices of businesses based on waste management and recycling.

### INTERCULTURAL AND LINGUISTIC PREPARATION

Croatia (kroʊˈeɪjə/kroh-ay-shə; Croatian: Hrvatska [xř̩ʋaːtskaː]), officially the Republic of Croatia (Croatian: Republika Hrvatska), is a sovereign state between Central Europe, Southeast Europe, and the Mediterranean.

Its capital city is Zagreb, which forms one of the country's primary subdivisions, along with its twenty counties. Croatia covers 56,594 square kilometres (21,851 square miles) and has diverse, mostly continental and Mediterranean climates. Croatia's Adriatic Sea coast contains more than a thousand islands.

The country's population is 4.28 million, most of whom are Croats, with the most common religious denomination being Roman Catholicism.

The official language is Croatian.

### Useful links containing useful Croatian phrases (some with audio)

<http://www.Learn-Croatian.com>

<http://www.visit-croatia.co.uk/croatianfortravellers/>

<http://www.hr/hrvatska/language/>

[http://www.everything2.com/index.pl?node\\_id=1355876](http://www.everything2.com/index.pl?node_id=1355876)

<http://www.bbc.co.uk/languages/other/quickfix/croatian.shtml>

[http://www.linguanaut.com/english\\_croatian.htm](http://www.linguanaut.com/english_croatian.htm)

[http://wikitravel.org/en/Croatian\\_phrasebook](http://wikitravel.org/en/Croatian_phrasebook)

**Travel blog with useful information and fun random facts about Croatia** <https://www.chasingthedonkey.com>

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## YOUTHPASS

Youthpass is a tool to document and recognise learning outcomes from youth work activities. It is available for projects funded by Erasmus+: Youth in Action (2014-2020) and Youth in Action (2007-2013) programmes. It is a part of the European Commission's strategy that supports the reflection upon the personal non-formal learning process and outcomes.

While creating their Youthpass certificate together with a support person, project participants are given the possibility to describe what they have done in their project and which competences they have acquired. The certificate can be helpful in obtaining jobs and improving career progress since it can easily be attached to one's CV and serve as a proof of professional development.

**8 Key competences for Lifelong Learning** evaluated by Youthpass are:

- a. Communication in the mother tongue
- b. Communication in foreign languages
- c. Mathematical competence and basic competences in science and technology
- d. Digital competence
- e. Learning to learn
- f. Social and civic competences
- g. Sense of initiative and entrepreneurship and
- h. Cultural awareness and expression

The participants of this project have a right to obtain their Youthpass certificates at the end of the main activity.

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## PARTNERS

### POZITIVA SAMOBOR (CROATIA)

Pozitiva Samobor is an association, a non-governmental organization established in 2011. with the main aim to design programs for developing skills of young people, discover their talents as well as to teach them to take actions and responsibilities. We want to provide youth with adequate tools and motivation to activate their minds and bodies in order to become great leaders of 21st century.

[www.pozitivasamobor.hr](http://www.pozitivasamobor.hr)  
[romina@pozitivasamobor.hr](mailto:romina@pozitivasamobor.hr)



### ASOCIACION JUVENIL INTERCAMBIA (SPAIN)

Intercambia is a youth organization created by and for young people. Our main activities are based on intercultural learning, by using a non-formal education and youth program actions in order to encourage the youth participation in the international context, so abolishing the barriers between countries, reducing the racism and promoting the tolerance between different cultures. Our organization wants to encourage youth initiatives by young people - we support them by providing information, tools, and training to help them get their goals.

[www.europaerestu.eu](http://www.europaerestu.eu)

### YOUTHFULLY YOURS (SLOVAKIA)

Non-governmental organization Youthfully Yours SR was established in 13.1.2015 as civil society and registered by Ministry of Interior of the Slovak Republic. Its main focus lies on enhancement of active citizenship, social integration and intercultural dialogue. Our team is full of innovative spirit that deeply desires to encourage young people to study, work or volunteer abroad. We truly believe that these can significantly help to personal development of each young adult and international experience required this way is the right tool to deal with xenophobia and prejudices – still presented in our society.

[kuranova@youthfullyyours.sk](mailto:kuranova@youthfullyyours.sk)

## **ASOCIATIA BISTRITA BUSINESS ACADEMY (ROMANIA)**

Bistrita Business Academy Association is a youth organization founded in 2017, in Bistrita, Romania by three professionals, one business owner, one medical doctor and a journalist all active in the field of Non Formal Education long before implementing the organization. The mission of the organization is to promote best practices in youth's personal and professional development with an emphasis on business knowledge and entrepreneurial skills. The aim of the association is to promote freedom, economic success and youth empowerment through business and entrepreneurial initiatives.

[marginean@email.com](mailto:marginean@email.com)

## **JUST DO IT (POLAND)**

Just Do It was developed in 2016. by young people, with the main aim to act in favor of development of society, activation and integration of young people as well as supporting interests of young people. Through its activities, Just Do It is creating possibilities for getting to know other countries of the European Union and the entire world as well as integrating young people from various environments, various origins, religions and nations.

[ewapichpl@gmail.com](mailto:ewapichpl@gmail.com)

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## **CONTACT PERSON**

**Romina Galović**

Project coordinator

[romina@pozitivasamobor.hr](mailto:romina@pozitivasamobor.hr)

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## **DISCLAIMER**

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