

YOUTH EXCHANGE

YOUTH Expression


Mielno 11-20.12.2019



Youth Expression

THE PROJECT

Youth Exchange which will gather 36 participants from 6 countries (Poland, Portugal, Italy, Romania, Slovakia, Spain) between 11-20th of December in Mielno (Poland). Participants will learn about human rights through workshops based on non-formal methods and develop their competences through theatrical activities. They would act to promote social inclusion, tolerance and intercultural dialogue among their peers.



About

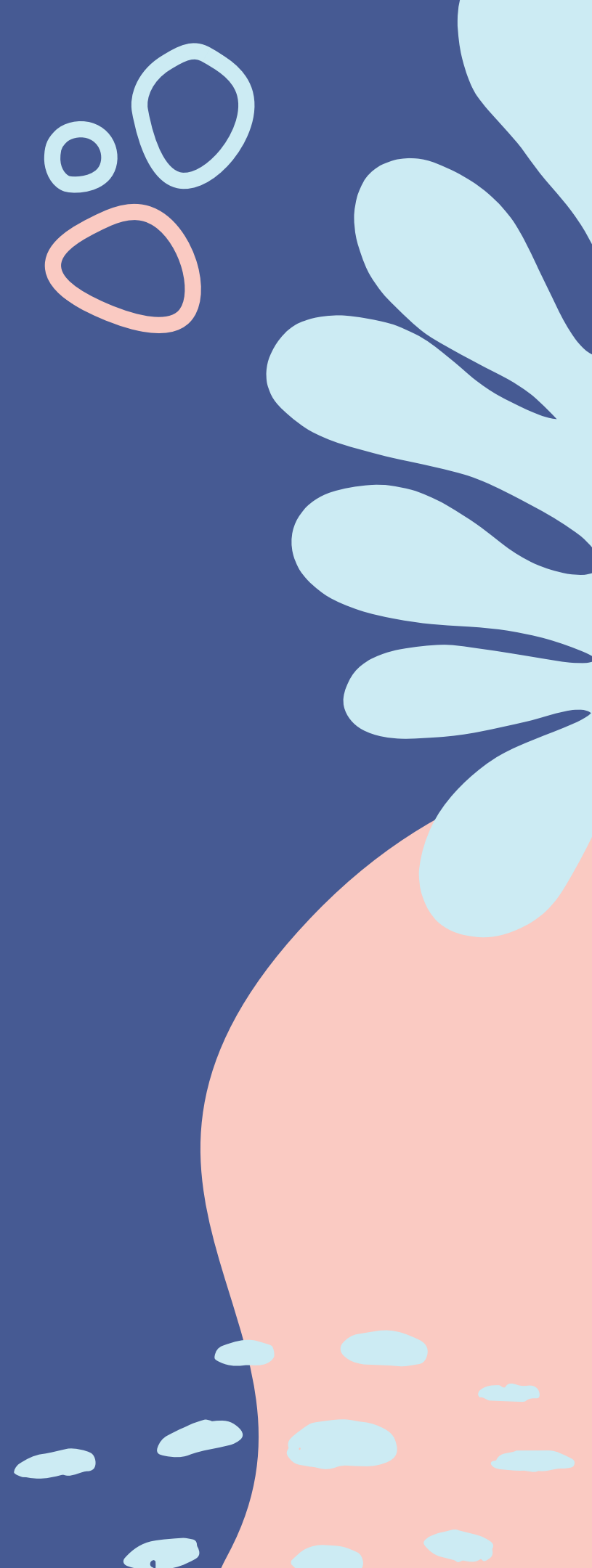
ERASMUS+

Erasmus+ is the European Union program for education, training, youth and sport, Which aims to modernise education, training and youth work across Europe. It offers opportunities for youth to then study, work, volunteer, learn and train abroad in Europe.

YOUTH ACT

Hosting organisation which works with youth at local and international level to promote non-formal education and support youth in development of their competences mainly using the theatrical methodology.

fb.com/youthactpoland

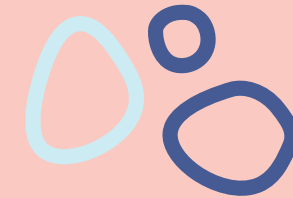


OBJECTIVES

- Promoting tolerance, human rights, active citizenship, social inclusion, intercultural dialogue among youth through the NFE workshops
- Developing competances of participants through theatrical workshops
- Developing the competances among participants of expressing themselves, their opinions, traditions through theatre arts.
- Promoting tolerance, human rights, active citizenship, social inclusion, intercultural dialogue through creating theatrical performance and workshops in local school in Koszalin as well as in the partners communities
- Promoting of Erasmus+ programme and non-formal education
- Introducing the youthpass as a tool for self-reflection

AIM

The aim of the project is promotion the human rights, tolerance, culture, active citizenship, social inclusion, intercultural dialogue through creating the theatrical performances



PARTICIPANTS

Communicative english

Interest in theatre, acting, human rights.

Participants in age 18-24 years old

Leaders in age 24-30 years old

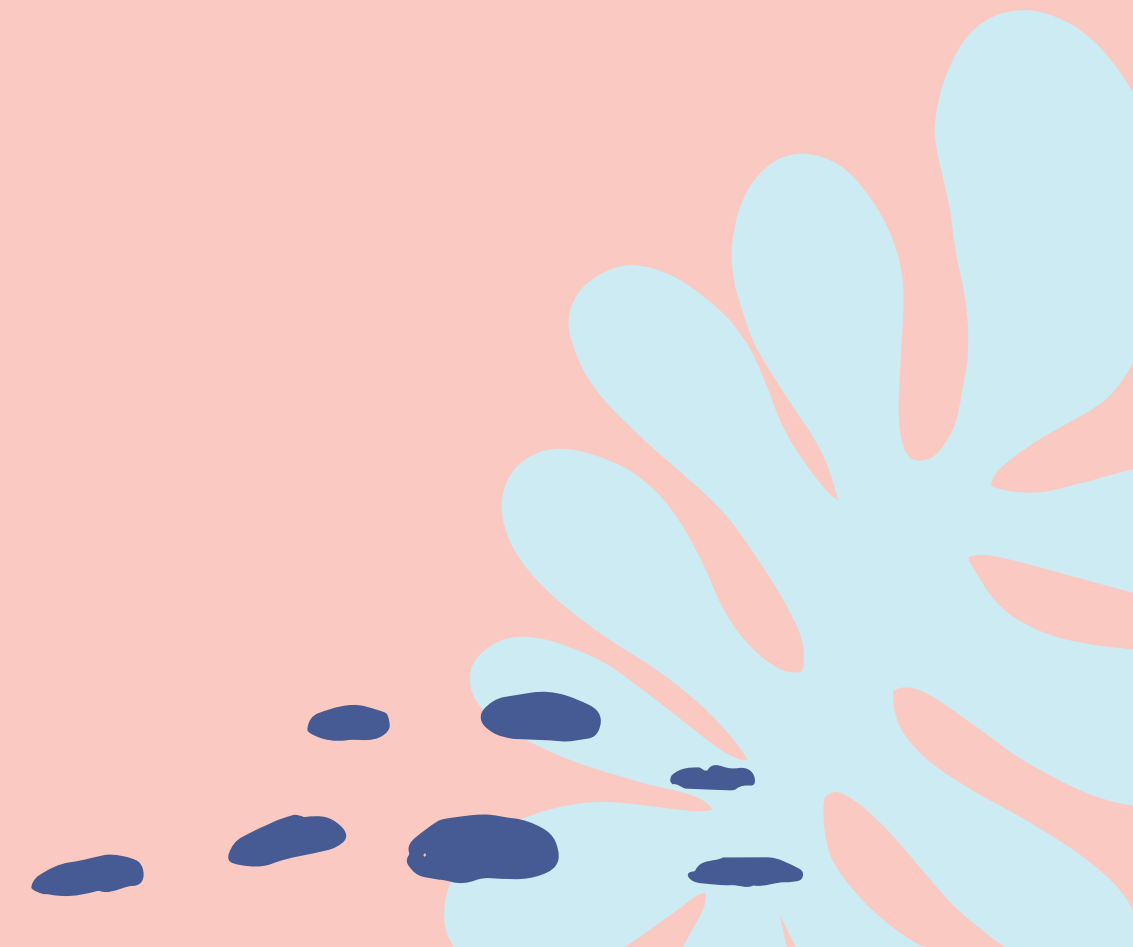
High motivation to join international project and work together with diverse participants coming from different countries

representing different cultures and religions

High motivation to take active part in all phases of the project

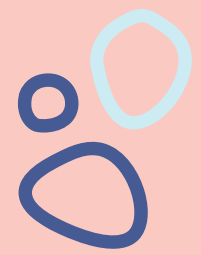
Willing to promote the project during all phases via social media

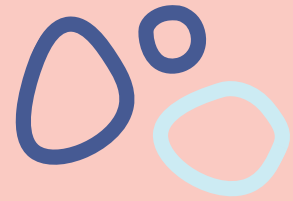
Willing to implement the follow up activities



Methodology

THE WORKSHOPS WOULD BE BASED ON EXPERIENTIAL LEARNING, WHERE PARTICIPANTS WOULD GO THROUGH THE EXPERIENCE AND LATER WOULD REFLECT ON IT LEARNING ABOUT THE CONCEPTS WORKING IN OUR SOCIETIES. THE ACTIVITIES WOULD BE BASED ON THEATRICAL AND NON-FORMAL METHODS.





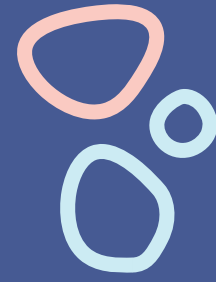
Activities

All of the activities would be based on non-formal education methods, everyday participants will take part in 4-5 workshops (each of 1,5 hours) and the reflection time.

In the first days of the exchange participants will go through the non-formal activities and learn from each other about Human Rights, participants will implement thier own activities based on COMPASS manual. During next days participants will develop their competances during the theatrical workshops, prompting the human rights, tolerace, expressing thier opinions. In the last days participants will prepare the theatre performance and implement it together with workshops in the local school.



Active participation



By taking parting part in the youth exchange you agree to be active in all phases of the project



PREPARATION

preparing the national workshops related to Human Rights based on COMPASS manual of human rights, getting ready to the project, getting familiar with NFE, E+, Youthpass with support of sending organisation, promoting the FB page of the project.

YOUTH EXCHANGE

taking part in all activities, beeing involved and active during the workshops and promotion

FOLLOW UP

promoting the FB page, implementing the performances and workshop in the local communities, disseminating the projects results.

Follow up

After the youth exchange participants will accomplish in the national teams following activities:

- organising the workshops for youth in local community
- organising the theatre performance in the local community
- writing the article about the project and personal learning reflection
- promoting the project in local and international media
- promoting of the project results in social media

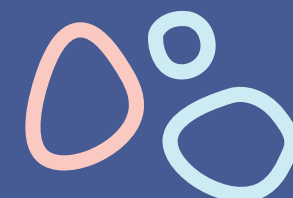


VENUE

The exchange will take place in a town Mielno at the Polish seaside, known as the summer destination for tourists. Youth will stay in ,ODNOVA Centrum Integracji Społecznej' in Mielno at Mickiewicza 3 street. The venue is situated next to the Baltic sea and in the town there are shops, ATMs, pharmacy.

LIVING CONDITIONS

Participants will stay in rooms with bathrooms seperated by gender with 2-5 people. In the venue there is the workshop room and canteen where participants will have everyday breakfast, lunch, dinner and coffee breaks.



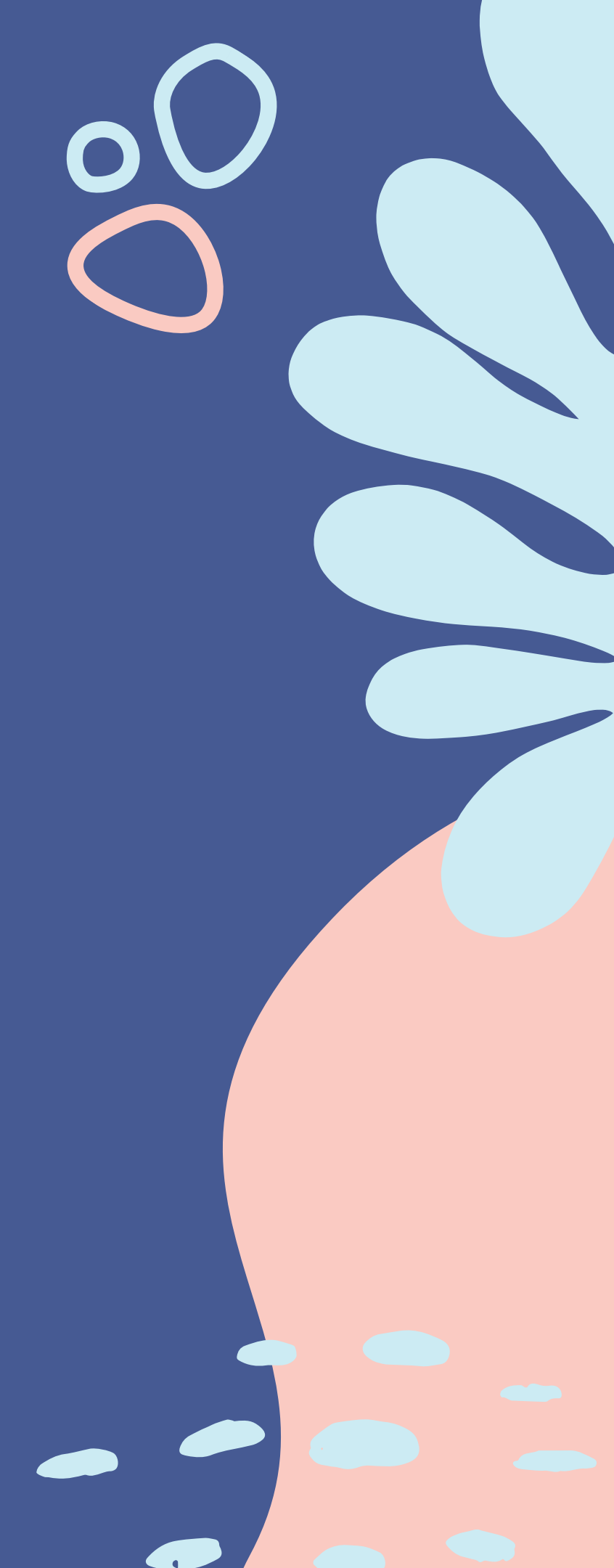
Travel

Selected participants could start to find a connection to Koszalin. Please, send to us proposal of your travel (which includes travel company, time&date or arrival and departure, price), later wait for our confirmation to buy them. Tickets bought without our confirmation will be not reimbursed. More about reimbursement process in next section. Tickets should be bought by low fare prices, only second class.

You can come to Poland in total 2 days before or after the main activities, however we can not cover expenses of your venue and meals before or after the activities.

Remember to arrive to meeting point in Koszalin before 18 o'clock on 11th of December.

After our approval of your tickets proposals you can buy them and fill in the reimbursement form with all tickets which you would like to have reimbursement and send it to us till 20th of November. Other way the reimbursement of the travel might be reduced.

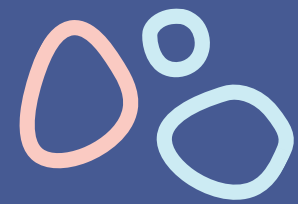




Travel to the venue

We will make the meeting point in Koszalin on 11th of December around 18 o'clock from where we would travel with shuttle bus to our venue in Mielno.

The closest airports to Koszalin are in Gdańsk, Poznań and Berlin, you can also travel via Warsaw or Kraków. From Polish cities you can take the train to Koszalin (check out the schedule at: <http://rozklad-pkp.pl/en>). If you land in Berlin we would recommend to take Flixbus to Szczecin and then train to Koszalin.



Reimbursement process

REIMBURSEMENT OF THE TICKETS WOULD BE DONE BY CASH
IN THE END OF EXCHANGE (UP TO THE NATIONAL LIMITS),
PARTICIPANTS NEED TO:

- FILL THE REIMBURSEMENT FORM BEFORE COMING TO
POLAND TILL 20TH OF NOVEMBER
- SEND ALL BOARDING PASSES AND TICKETS TO YOUTH ACT-
HOSTING TEAM TILL 20TH OF NOVEMBER
- ORGANIZE THE WORKSHOPS AND THEATRE PERFORMANCE
IN YOUR LOCAL COMMUNITY TILL 20TH OF JANUARY 2020
- SENDING THE DIARY OF YOUR EXPERIENCE AFTER THE
PROJECT TILL 20TH OF JANUARY 2020

275 euro
Portugal
Italy
Romania
Slovakia

360 euro
Spain
Portugal



WHAT TO BRING

- positive attitude
- preparad national workshops based on COMPASS manual of human rights
- clear mind without stress of doing some work/home task during the YE
- european insurance card,
- comfortable and warm clothes (for activities indoor and outdoor)
- traditional food, drinks and souvenirs for intercultural evenings

Get in touch



PROJECT PAGE

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ORGANISATION PAGE

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EMAIL

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