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Training Course

New Horizons

Promoting Social Inclusion through Affirming Diversity

Zadar, Croatia
3rd – 11th of October 2020



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Introduction

Youth work has an important role in reaching out to vulnerable groups of youth, mediating between youth, institutions and society, while also supporting vulnerable youth finding meaning and building a healthy identity. Fostering engagement and reducing social exclusion of vulnerable youth is one of the fundamental tasks of partner organisations involved in this project. By working directly with vulnerable youth from different cultural and social backgrounds on local level, youth workers from partnering organisations find it difficult to engage in dialogue with some youth because they experience lack of knowledge and skills, especially intercultural and interreligious knowledge. Youth as well lack educational opportunities to acquire intercultural knowledge and develop dialogical skills, what results with holding prejudice and stereotypes towards different groups. As experienced by each partner, in the occasion of involving vulnerable youth in international projects this problem arises even more, which impedes understanding others, leads to perpetuating prejudices, stereotypes and builds walls between youth from different cultural backgrounds.

To raise understanding and respect of others among vulnerable youth coming from different cultural backgrounds, there is a need to promote common European identity based on values of freedom, democracy, human dignity, equality and respect, while also strengthening the sense of belonging to local and national communities. Therefore, we have decided to design and implement this project to address similar needs and problems arising in our communities and to improve our capacities in youth work.

The aim of the project is to **increase the quality of youth work in promoting social inclusion in working with youth facing cultural and social obstacles**. This will be achieved through three specific objectives:

- increasing knowledge, competences and practical skills of youth workers regarding intercultural and interreligious dialogue
- educating youth workers on how to support European values among youth facing cultural and social obstacles
- exchanging experiences of participating organisations on how to promote active citizenship and foster social inclusion among youth facing cultural and social obstacles.

A training course in Zadar, Croatia, 3-11 of October 2020, will be held as an opportunity for 24 youth workers from nine European countries to gather with the aim of increasing the quality of their daily youth work with youth who face social and cultural obstacles.

Through this project, youth workers will deepen their knowledge on cultural and religious diversities, the nature of dialogue and explore why the search for the meaning of youth is crucial to understand while working with vulnerable groups of youth, learn how to support European values among youth and learn about Charter of Fundamental Rights of the European Union. The connection between critical thinking and active citizenship will be highly emphasised.

Methodology & Working flow

The project includes a **preparatory stage, training course, dissemination and follow-up activities**.

In the preparation phase, working in national groups, participants will prepare an overview of their organisations' practice in (1) intercultural and interreligious dialogue; (2) promoting EU values and (3) promoting active citizenship - all in the context of working with youth with fewer opportunities. Before coming to Croatia, **participants will prepare short presentations of their findings and conclusions and present during the training course** (three Open Space activities). Participants will be assisted by their sending organisations in accomplishing this task before the training course takes place.

We will use non-formal methods in activities during the training course. Activities will include learning by doing, interactive lectures and presentations, games, individual and group work, individual research and self-study. During the TC, we will encourage you to reflect on your learning process and support you in writing a Youthpass. At the end of the TC we will provide you a Youthpass certificate.

The programme will be based on participatory methods in order to offer space for interaction between participants and sharing of ideas. In the spirit of informal and non-formal learning, there will be space for you to contribute to the programme with your own knowledge and skills, undertake your own analyses, including reflections on competences acquired during the activity.

In the **dissemination** and follow-up phase, project results will be disseminated through partners' networks. Each national team of participants will produce one **review article** after the training course to document learning outcomes and share experiences. It will be published on partner organisations' pages and further disseminated online through social networks. Therefore, we emphasize that participants need to be ready and willing **to participate in preparation and dissemination and activities** too, not just the training course in Zadar.

Daily Programme

	03.10.2020.	04.10.2020.	05.10.2020.	06.10.2020.	07.10.2020.	08.10.2020.	09.10.2020.	10.10.2020.	11.10.2020.
	Arrival day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Departure day
8:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9:00		Intro to the day	Intro to the day	Intro to the day	Intro to the day	Intro to the day	Intro to the day	Intro to the day	Breakfast
9:30		Getting to know each other	Talking about Religion: part 1 - Monotheistic religions	Exercise: Bohm Dialogue	Workshop: Nonviolent Communication	European identity, social inclusion and youth	Critical thinking and active citizenship	Discussion: European values and active citizenship	
10:15		Hopes, fears, expectations, contributions							DEPARTURES
11:00		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
11:30		Let's start: the programme and Youthpass	Talking about Religion: part 2 - Eastern religions	Open Space for Exchange of good practices: Intercultural and Interreligious Dialogue	Critical Thinking: Logical Fallacies and Mental Biases	Four Corners: Supporting European Values	Open Space for Exchange of good practices: Promoting active citizenship	Self-assessment for Youthpass certificate	
12:30									
13:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:30	ARRIVALS	World Cafe: What is a Dialogue?	The Basic Principles of Interreligious dialogue	Free Afternoon - Cultural visit to Zadar	Mid-evaluation	Open Space for Exchange of good practices: Promoting EU values among youth	Exercise: Take a Step Forward	Youthpass Ceremony	
17:00		Coffee break	Coffee break		Coffee break	Coffee break	Coffee break	Coffee break	
17:30	Getting started	Exercise: Orange Islands	Daily Reflection		Exercise: The Complexity of Identity	Exercise: Guess who's coming to the party	Daily Reflection	Final Evaluation	
18:00			Free time				Free time		
18:30		Daily Reflection			Daily Reflection	Daily Reflection			
19:00	Dinner	Dinner	Dinner	Dinner in Zadar	Dinner	Dinner	Dinner	Dinner	
21:00	WELCOME EVENING	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FAREWELL PARTY	

Participants profile

Apply if you are coming from Italy, Croatia, Portugal, Slovakia, France, Spain, Estonia, Netherlands or Slovenia, you are above 18 years old, you are actively involved in the field of youth work (project manager, project coordinator, teacher, social worker, youth worker, volunteer, animator etc.), and working with disadvantaged groups of youth. Experience in activities related to social inclusion or active citizenship is an advantage.

Three participants will be selected from Slovakia, Spain, France, Estonia, Netherlands and Slovenia. Two participants will be selected from Italy, Croatia and Portugal.

Experience in the field of youth work and motivation will be decisive in selecting the participants. Please fill the application form completely and inspire us with your enthusiasm and motivation.

[APPLY NOW](#)

Covid-19 travel info

Information regarding travel to Croatia in light of Covid-19 pandemic can be found [HERE](#) and [HERE](#). In short, Croatia is open to visitors.



However, all are required to fill [EnterCroatia online form](#) that allows visitors to provide all the necessary information and data prior to traveling to Croatia to ease border crossing upon entry. For those entering Croatia from **Estonia, Slovenia and Slovakia**, the form is used to speed up border crossing, whereas other visitors entering the country in addition to filling out the form, still require a valid reason and proof of reason for the visit (business, economic, touristic or personal reason). Therefore, in the form, under “Purpose of travel to the RC”, please choose “PERSONAL”.

As project organiser, **Udruga Prizma** will provide you a confirmation of participation in the training course via email to your sending organisation. The email will contain your names, accommodation info and training course dates. You will present it at border control together with your passport or ID.

Under “**Accommodation facility**” in EnterCroatia form, please write the following info:

Accommodation facility:

[Add a facility](#)  *

Type of accommodation *	Name of accommodation *	Place of accommodation *
TOURIST ACCOMMODATION 	Hotel Donat	ZADAR
Accommodation address *	Date of stay from *	Date of stay until *
Ul. Majstora Radovana 7	10/03/2020	10/11/2020
DELETE 		

If you are coming to Croatia earlier or staying later after the training course, please add info about the accommodation you will use (at your own expense). Just click “Add a facility” in the form.

In case of flights being cancelled due to **lockdown by government decision**, participants will get reimbursement of their travel costs according to the maximum specified amount for their country (see page 9).

Travel guide

The arrival day to Zadar should be 3rd of October, latest at 7pm. If for some reasons you cannot manage to arrive on time, please contact us and we will help you out. The departure day is 11th of October, after breakfast, please make sure you have afternoon or night flights since you have to travel by bus or train from Zadar to either Zagreb or Zadar Airport. If you would like to spend more time in Croatia, you can do it on your own expense. It is possible to stay in other cities three days after or before the training course. **Please do not buy flight tickets before our approval.** To enter Croatia, you will need a valid passport, or, for citizens of the EU, a personal identity card will be enough.

We recommend you fly to Zadar (closest airport), but you can also fly to Zagreb or Split. It takes about 45 mins from each airport to reach a bus or train terminal from where you can continue your trip to Zadar. Below you can find websites where you can find timetables and buy tickets. Timetables can change according to the time of the year and will be announced on the website. If it is not possible to buy a ticket online, don't worry, you can buy ticket at the station, usually buses are not crowded in autumn. We recommend buying return bus tickets, but be sure to check the return schedule also because a return ticket must be used with the same bus operator.

Reaching Zadar

From Zagreb

By Bus

(It takes around 3:30 hrs of driving)

[Website](#)

By Train

(It takes around 12 hrs of driving) ***We do not recommend it!**

[Website](#)

From Zadar Airport

By Bus

(It takes around 30 min of driving)

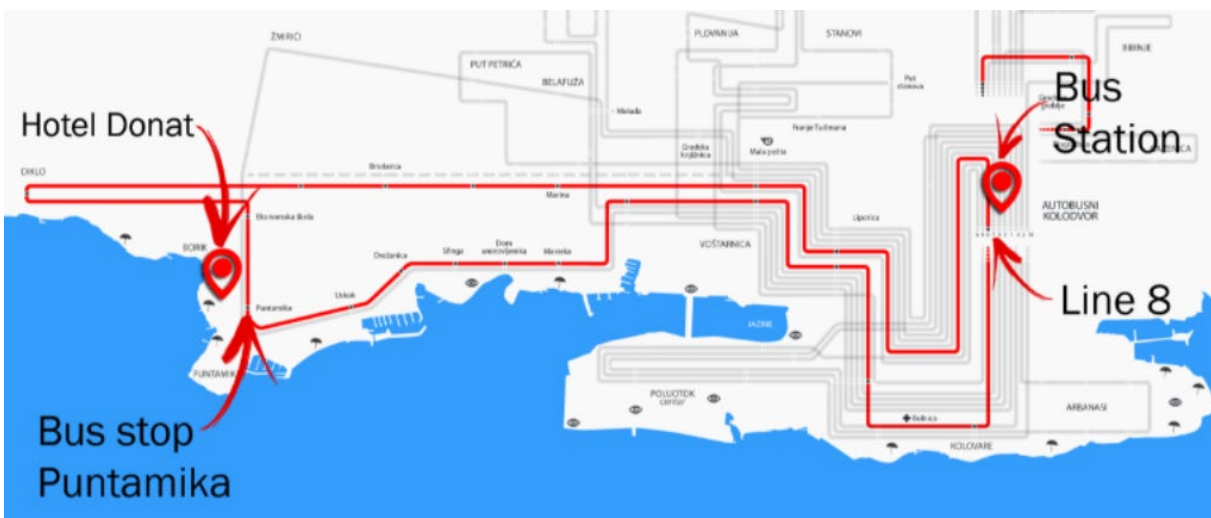
[Website](#)

NO TRAIN

From Zadar Bus Station to Hotel

When you arrive to Zadar Bus Station, please take a local bus to hotel Donat. Take a bus line 5 or 8, to bus station **Puntamika**. Ask driver to tell you when you arrive to Puntamika. From bus station Puntamika you have 5 min walk to hotel Donat. **Keep in mind that we do not refund taxi, Uber or private car rides.**

[Website](#)



Financial conditions

Food & Accommodation

Food (breakfast, lunch, dinner, coffee breaks), accommodation and materials necessary for carrying out the training course will be provided by the coordinating organisation according to the rules of Erasmus+ programme. Participants will be allocated in two-bed rooms.

Travel

Please **save all original travel documents** (public transport tickets: flight tickets, boarding passes, bus and train tickets). We will not be able to reimburse travel expenses incurred by private carriage such as Taxi, Uber or private car. Travel costs will be reimbursed following the submission of original travel documents. Don't forget to keep all original travel tickets. We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes as well, without sending them to us by post when you return home!

Reimbursements will be done through bank transfer of your sending organisation. The maximum travel budget:

Portugal	530€	Croatia	20€	Slovakia	275€
Netherlands	275€	Estonia	275€	Italy	180€
Spain	275€	Slovenia	180€	France	275€

Travel costs will be reimbursed 100% up to the maximum amount listed above.

Health insurance

We strongly encourage you to bring European Health Insurance card.

What is European Health Insurance Card?

The European Health Insurance Card (or EHIC) is issued free of charge and allows anyone who is insured by or covered by a statutory social security scheme of the EU to receive medical treatment in another member state for free or at a reduced cost, if that treatment becomes necessary during their visit. It will cover you for treatment that is needed to allow you to continue your stay until your planned return. It also covers you for treatment of pre-existing medical conditions and for routine maternity care, as long as you're not going abroad to give birth.

I have travel insurance, why do I need EHIC?

The EHIC is not an alternative to travel insurance. It will not cover any private medical healthcare or costs such as mountain rescue in ski resorts, being flown back to the UK, or lost or stolen property. Therefore, it is important to have both an EHIC and a valid private travel insurance policy. Some insurers now insist you hold an EHIC and many will waive the excess if you have one.

Useful information

Weather conditions

Zadar is located on the Adriatic coast. It is a sunny town, but weather and temperatures can be unpredictable, so please bring warm clothes and rain clothes, we recommend you to bring umbrella in case of rain. During October, temperatures can vary from +10 Celsius to +24 Celsius and it can be windy.

Emergency numbers

Here is a list of the most important telephone numbers in Croatia:

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance
- (+385) 1987 – road assistance
- (+385) 1 4640 800- HAK (Croatian automobile club)
- (+385) 18166 – weather forecast
- (+385) 18981 – general information

Croatian phrases

Good morning - Dobro jutro
Goodbye - Doviđenja
Have a nice day - Ugodan dan

How much does it cost? - Koliko košta?
How are you? - Kako si?
What's your name? - Kako se zoveš?

Partners



Slovenia
Mladinski Center Idrija
www.mcidrija.si
Contact person: Helena Ločniškar
info@mcidrija.si
+38651231049



Croatia
Udruga Prizma
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Contact person: Karlo Brunović
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Spain
Las Niñas del Tul
www.lasdeltul.net
Contact person: Sara V. Molina
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+34695840771



Slovakia
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www.youthfullyyours.sk
Contact person: Natália Ľašová
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Eesti People to People
<http://www.ptpest.ee/>
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For any inquiry, assistance or help please contact your sending organisation coordinators of the project, or directly the project coordinators:

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