



INFO PACK

17/10/2021 – 24/10/2021

L'ORXA, SPAIN

**YOUTH EXCHANGE DESIGNED UNDER THE  Erasmus+ PROGRAMME
KEY ACTION 1: LEARNING MOBILITY OF INDIVIDUALS**



PROJECT DETAILS:

Project name: Suistanable Rural Cycletourism.

Development of rural areas through youth entrepreneurship in Cycle-tourism

Project dates: From 17th to 24nd of October 2021

Place: L'Orxa, Spain

Organization: Ayuntamiento de L'ORXA (Municipality of Aras de los Olmos)

OID Number: E10256358

Participants: 20 participants from 9 different countries from: Spain, Romania, Latvia, Slovenia, Slovakia, Estonia, Italy, Portugal, Bulgaria.

THE ORGANIZERS:

- l'Orxa is a municipality of the Valencian Community, located in the province of Alicante. It currently has a population of around 580 inhabitants.
- In L'Orxa, most of the active population worked in a paper mill, while the rest lived from rainfed agriculture, mainly olive and almond trees. From 1950 onwards, the town suffered a great demographic decline due to internal emigration to Alcoy and foreign emigration to France.
- The 32.8 km² of surface see pass the Serpis , turned here into closed of fishing. The rugged orography of the town has made it a common destination for visitors who go hiking , caving , climbing , horse riding or cycling , in places such as the Bassiets cave, the Safor mountain range, the Alt Pi, the Strait of the Orxa, the source of the Oblits, the Serquera source and, also, the Long cave , marvel of the Eastern rock art , Patrimony of the Humanity .
- In this municipality you can enjoy, above all, beautiful landscapes and trails, among them the following stand out:
 - Paisaje de la Ribera del Serpis (Vía Verda),
 - L'Orxa-Villalonga
 - L'Orxa-Bassiets-Olbits-Serquera-Fca de la Llum
 - l'Orxa L'Orxa-Pico de La Safor
 - L'Orxa-Molló de LaSafor

SUMMARY OF THE PROJECT:

TECHWORKING: After the serious blow suffered by the emergency caused by the Corona virus, the tourism sector must adopt new development and survival strategies. International reports show that the new tourism challenge will have to be played at national level, with domestic tourism, in the most decongested rural areas, in that countryside that has been in the last decades, more than ever, subject to a variety of pressures that disrupt both traditional lifestyles and the rhythms of the natural world.

The general state of emergency and the great unease procured by Covid-19 could turn into an opportunity to restore value to rural heritage, acknowledging its contemporary potential. With both tangible and non-tangible aspects (its history, its arts, its culture) the rural world is also a natural heritage composed of flora and fauna and the landscapes sheltering them.

The most suitable means to fully appreciate the rural heritage is the bicycle, which reaches discreetly enchanting destinations with a very low ecological impact.

Cycletourism is an important driver of growth, jobs and economic development of European regions and urban areas. It also can contribute to the understanding of other peoples' identities and values by driving intercultural understanding and social development in Europe through discovering various types of cultural heritage.

MAIN OBJECTIVES:

To intervene on the enhancement of local resources, starting from the training of new professional skills and the spread of a new mentality among young people.

Furthermore, the development of rural heritage and, in general, of undervalued rural resources, affects many European countries, which, as a whole, are 92% made up of rural areas.

For this reason, the lead partner, Municipality of Lorcha, with a population of 578 inhabitants, located in the Comunidad Valenciana Region, Spain, and affected by depopulation, plans an Erasmus+ KA105 project based on worker mobility in the fields of youth, rural hospitality, Cycletourism and experiential tourism, to share skills, good practices, guidelines and innovative ideas between EU involved partners with a strong interest and tradition of Cycletourism.

This exchange will allow participants to improve their skills and abilities in the field of sustainable tourism in rural areas, improving the local economy in the hospitality sector.

Furthermore, it will help unemployed young people in rural areas to promote a professional opportunity through sustainable rural tourism, strongly re-evaluating their sense of belonging and their roots in their place of origin, contrasting the current depopulation of rural areas.

Local administrators, experts in the Cycletourism routes development, tour operators, teachers and trainers in the youth sector will develop, implement and share their knowledge on the basis of sustainable rural tourism and the offer of "experience tours", also by sharing innovative ideas to improve the various rural areas of origin, and promoting the entrepreneurial and professional opportunities of young people in the sector.

WORKING METHODS:

During the main activity "Workshop on cycle tourism development of rural areas", Youth Workers will participate in thematic workshops, divided into 4 thematic sections of 2 days each. The working methodologies will be based on non-formal education, experiential education and the methodology "learning by doing". We will take into account some Erasmus + good practices published in SALTO YOUTH.

PARTICIPANTS

Sustainable Rural Cycletourism will involve 2 participants from each country with the following profile:

- no age limit
- Persons committed to the issues involved in this project: green deal, sustainable care, knowledge about entrepreneurship in rural areas, the target directly and indirectly involved includes young people suffering from development and inclusion difficulties due to social obstacles, geographical and cultural obstacles.
- Adequate level of English language.

PARTNER ORGANIZATIONS

Spain	AYUNTAMIENTO DE L'ORXA	http://www.lorcha.es/
Latvia	VILAKAS JAUNIESU INICIATIVU CENTRS	https://vilaka.lv/vilakas-jauniesu-iniciativu-centrs/
Slovenia	DRUSTVO ZA RAZVIJANJE PROSTOVOLJNEGA DELA NOVO MESTO	http://www.drustvospm.si/drustvo-za-razvijanje-prostovoljnega-dela-novo-mesto
Slovakia	YOUTHFULLY YOURS SK	https://youthfullyyours.sk/en/home-2/
Bulgaria	Bulgarian Youth Association	https://www.facebook.com/BulgarianYouth/
Portugal	Município de Amarante	https://www.cm-amarante.pt/
ROMANIA	JUDETUL HARGHITA	https://judetulharghita.ro/

ITALY	Comune di Russi	https://www.comune.russi.ra.it/
Estonia	SEIKLEJATE VENNASKOND	http://www.seiklejad.org/

The travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provided by the EC:

Latvia, Bulgaria, Slovakia, Romania, Estonia	360.00 EUR
Slovenia, Italy, Portugal	275.00 EUR



**The travelling days are:
17th of September (Monday) and 24nd of October (Thursday).**

Travel costs are refundable for participants who attend all the sessions, commit themselves fully to the activities of the project. Travel expenses will be covered after collecting travel documents on condition that the participants use the cheapest ways of transportation and submitted original invoices for plane tickets, boarding passes, train and bus tickets. Private cars, Taxi and first class tickets will not be reimbursed.

An important detail is that you should buy your tickets **after our confirmation**. Otherwise, your tickets could be considered not reimbursable. We engage ourselves to reimburse only tickets which were confirmed by our team.

In order to make sure that all participants book the cheapest option available for their travel, we offer our full support helping them with their bookings and bus/train connections.

Please keep also ALL other travelling documents you have. Don't throw anything! 😊

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice. Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site, on the day of the purchase

<http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

EXTRA-DAYS: following the guidelines of the Erasmus+ programme the travel must be realised by the participants within a maximum of 4 days from the project's dates (arrival max 2 days before the project and departure max 2 days after the project). During the extra-days the participants should cover all of their expenses such as accommodation, food, etc.

HOW TO REACH L'ORXA?

There will be an organized transport from the Alicante Airport to L'ORXA

**SOON WE WILL SHARE MORE
INFORMATION**

From the Alicante Airport of Valencia to L'ORXA is around 90 km.

HEALTH AND TRAVEL INSURANCE

All the participants coming from the EU should bring their European Health Card. They can use the free European Health Insurance Card (EHIC) to allow you access to public hospital treatment.

Please be aware that the EHIC is NOT a travel insurance policy, it will not

cover private health care, non-emergency health costs, or being flown back to your home country.



We highly recommend you to make a health & travel insurance for the full duration of your time in Spain.

If you have any allergies or you need to take regular medications, please arrange these things by yourself as we are unable to provide them for you.

Likewise, if you have any health conditions, disabilities or mobility issues that you feel we need to be aware of or that may affect your participation in the youth exchanges activities, then please let us know what they are and how best to assist you.

MANDATORY SECURITY MEASURES COVID19

We take all the measures very seriously and we will adjust our programme to the existing legal restrictions and expert's recommendations.

You should have in mind that the situation is very dynamic, but for the moment, please take into consideration the following information:

- The use of protective mask in Spain is mandatory in all the indoor spaces. **Please bring your own protective masks for all the days of the project.**
- We will have disinfecting Hydroalcoholic gel on our disposal during the activities, but you should bring your own sanitizer for your personal use.
- We will make daily controls of the temperature of all the participants.
- You should respect the rules and the security protocols to follow, especially when having access to the dining room and common rooms.



**Please remember that you will need to take a PCR TEST (covered by participants) before entering Spain and to carry with you a certificate
IN ENGLISH.**

If you do not have all this you will not be allowed to come to the YE and you might get a fine up to 6.000€ if Spanish police stops you at the airport.

**PLEASE MAKE SURE TO BOOK YOUR FLIGHT WITH CANCELATION INSURANCE
in case we are forced to cancel or postpone the activity
due to new measures or lockdowns.**

CONTACT AND OFFICIAL GROUP OF THE PROJECT

ALL THE PARTICIPANTS AND GROUP SHOULD JOIN OUR FACEBOOK GROUP:

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