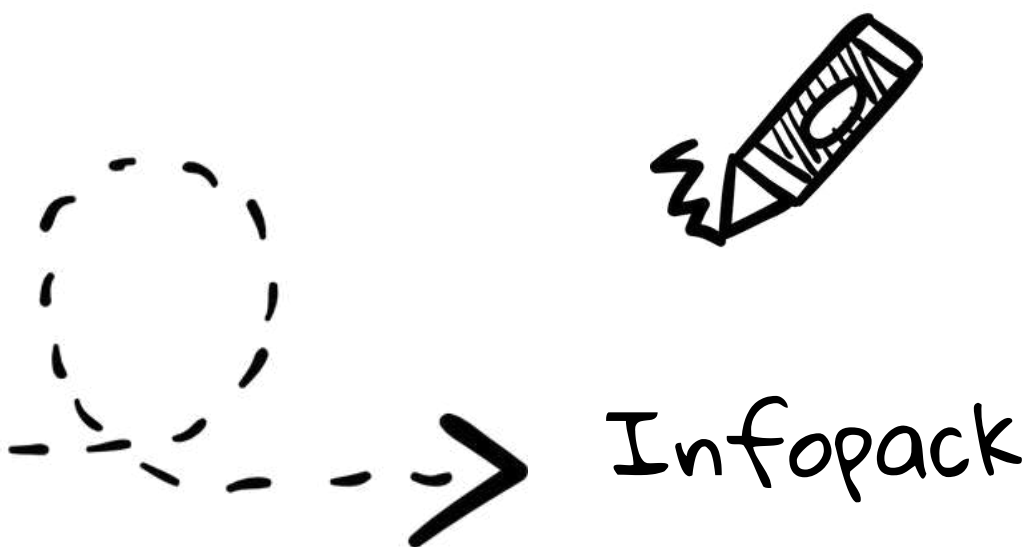


Visual Youth Work

Graphic Facilitation in Non-formal Education

March 14 -22 2022
Puck, Poland



Co-funded by the
Erasmus+ Programme
of the European Union





The organizers

Autokreacja Foundation aims at fostering the active participation in a civil society through various initiatives in the field of social economy. We contribute to the civilizational, cultural and economic development of Poland. We want to put the spotlight on problems of diverse social groups that are often marginalized, that is why we focus on cooperation with long-term unemployed, youth from underprivileged regions, unemployed women, elderly people, immigrants and refugees. Many of our projects were designed to favour multiculturalism and intercultural exchange by bringing together different lifestyles, points of view and philosophies.

Our mission is working towards building more inclusive societies where every individual feels empowered to be a change maker



website: www.autokreacja.org

facebook: [FundacjaAutokreacja](https://www.facebook.com/FundacjaAutokreacja)

instagram: [autokreacja_ngo](https://www.instagram.com/autokreacja_ngo)



The project

[Visual Youth Work](#) is a training course for facilitators, trainers, youth workers, and activists who would like to explore new methods for delivering knowledge to the learners, especially those at risk of exclusion. We believe the education can be fun, and we can find many creative ways to make it more effective.

That is why in our training we will focus on understanding what [graphic facilitation](#) is and how to find a visual language that in an easy but powerful way will help us make our working materials and presentations more exciting and effective.

If right now you are thinking that you cannot draw, fear not! This project is exactly for you. As educators we are convinced that [everyone is creative](#) (even if this creativity is hidden somewhere deep inside) and that everyone is able to draw.

So join us, and say no more to boring powerpoints!



About the trainers

Aleksandra Arasiewicz

Art is not something that belongs only to fancy galleries and museums. We all have natural creativity that sadly is sometimes hidden, so in my work I support learners to believe in themselves and not be ashamed if their drawings or art works are not “perfect”.

I am a pedagogist specializing in art education. Currently I work for an NGO that supports people at risk of exclusion and during my projects I offer counselling and art workshops to help learners discover and reveal their true potential.

Kasia Kowalska

I believe in the power of stories – both in life and in education we should find new ways to share them, and using visual facilitation is a great way to help us do so.

I specialize in working with youngsters at risk, especially those with migration and refugee background. I've been living and working for NGOs in Poland, Romania, Kyrgyzstan, Armenia and Georgia and wherever I go, I constantly seek new approaches to support the learners and make the educational process not only effective, but also fun!



Things you will learn

- Drawing basic shapes and simple figures of people and their feelings
- Writing in different styles
- Combining different elements to create your special visual language
- Creating educational materials using your new drawing skills
- Basic theory of how people learn
- Adjusting content to the needs of young learners from vulnerable groups
- Practical information about other visual tools that can be used in youth work
(storytelling and participatory photography)



Who are we looking for

Before applying to our training course, please make sure you fulfill the following criteria:

- actively involved in the work of an NGO (preferably as a staff member)
- experienced in working with youth at risk
- open to new methodologies and willing to learn how to draw (but no previous skills are required)
- committed to organize dissemination events and provide quality project visibility
- being able to communicate freely in English (both speaking and writing)
- being a legal resident in one of the participating countries (Poland, Sweden, Slovakia, Norway, Czechia, Latvia, Germany, Hungary, Spain, Greece, Italy)



The venue

The training will take place in Puck, Poland, which is a small town right at the Baltic Sea coast. We will be staying at Harcerski Ośrodek Morski that is located around 10 meters from the sea shore.

The hotel has both comfortable rooms and a large training hall, with extra working spaces we will use for having sessions in smaller groups.

At the venue we will be provided with three meals and two coffee breaks each day.

You will be staying in double rooms shared with a person of the same gender but different nationality. Please note that unfortunately NO POSSIBILITY to stay in a single room.



Travel

The nearest international airport is [GDANSK LECH WALESIA AIRPORT \(GDN\)](#). If there are no suitable connections from your country to Gdańsk, you can also fly to [WARSAW CHOPIN \(WAW\)](#) or [WARSAW MODLIN \(WMI\)](#) and then take a train or a flixbus to Gdańsk.

From Gdansk there are frequent and regular trains to Puck, where you are expected to arrive on [March 14](#).

The departure day is [March 22](#).

Polish train schedules can be found [here](#)

Important

- Please send your travel proposal to Kasia from Autokreacja (katarzyna.luczak@autokreacja.org) before buying any tickets
- We would also ask you not take any actions (preparing the tasks, looking for tickets, buying insurance unless you felt out [this online application](#) and received official confirmation of your participation from your organisation and Autokreacja



Reimbursement

Travel costs will be reimbursed depending on your country of residency up to the maximum amount per person as follows:

Czechia: 275 EUR

Germany: 275 EUR

Greece: 275 EUR

Hungary: 180 EUR

Italy: 275 EUR

Latvia: 180 EUR

Norway: 275 EUR

Slovakia: 180 EUR

Spain: 360 EUR

Sweden: 180 EUR

Reimbursement conditions:

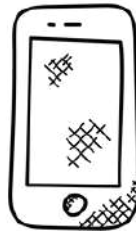
- Reimbursement of travel costs will **ONLY** be done upon full attendance in the training and presentation of the original tickets with boarding passes and receipt/invoices. Unauthorized absence from activities and workshops will not be permitted and if happening, may result in the cancellation of travel costs' reimbursements and/or expulsion from the event.

- Bring original invoices and tickets, print out e-tickets and keep your boarding passes. Price, currency, name of passenger, date of purchase and travel should be clearly visible on all documents; otherwise we will be unable to reimburse the travel costs. Reimbursement will be based on real travel costs.
- If you wish to travel on other dates as the project's dates, please ask for confirmation before booking the tickets (we accept travel 2 days before the event and 2 days after the event under the condition that no stop-overs are done on the travel). The accommodation and food expenses during the extra days will not be covered by the organizers.
- Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated accordingly to Polish National Bank rate exchange.
- COVID ISSUES: Most of the flight companies offer rebooking/rerouting without charging the fee or reimbursement in case of cancelation due to the "Corona issue". Sometimes there is also the option to buy extra insurance that will minimize the risk of losing money.



Weather

March in Poland is **very unpredictable**. It can be very sunny and warm, but it can also be windy and snow, so please some warmer clothes, waterproof jacket and comfortable shoes. We also recommend you to check the forecast right before you come to Poland.



Phones and internet

The international access code for Poland is +48. The outgoing code is 00 followed by the relevant country code (e.g. 0048 Poland).

We will have internet in the venue but wi-fi is also available pretty much everywhere.

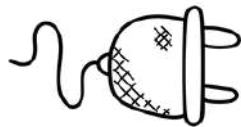


Food and water

Food expenses (breakfast, lunch, dinner and coffee breaks) are covered by the project and managed by Autokreacja. Vegetarian food is available, but organizers should be informed about no later than one week before arrivals.

If you want to try some typical Polish dishes you may find that Polish food is hearty and filling, with thick soups and sauces, abundant in potatoes and dumplings, rich in meat but not so much in vegetables. Characteristic ingredients are dill, marjoram, caraway seeds and wild mushrooms. There are four daily meals in Poland: an early breakfast, a light snack for second breakfast, a substantial dinner taken after work, and a small supper before bed.

Water: tap water is suitable for drinking.



Electricity

Electricity in Poland is 220 VOLTS at 50 Hertz. European plugs should be compatible with Polish ones.



Money

The official currency is Zloty (PLN), divided into 100 groszy. Most major credit cards are appear around the city centre, they are marked BANKOMAT (cash dispenser in Polish). Money can be exchanged at banks, hotels and at the airport but exchange offices, called KANTOR, usually offer better rates. Some of the exchange offices are open 24 hours a day.

The exchange rates as of January 27th are
1 EUR - 4.56 PLN

Coins

1, 2 and 5 zloty and denominations of 1, 2, 5, 10, 20 and 50 groszy.

Notes

The PLN appears in denominations of 10, 20, 50, 100 and 200 zloty.





Communication

Please join our fb group here ([link](#)). We will use it for getting to know each other before meeting in Poland but we will also be posting important updates about the training so make sure you are a member .

Throughout your stay in Poland you are advised to carry you mobile phone with you, so in case you get lost or there is any problem that you encounter you can call us on WhatsApp for assistance:

Kasia Łuczak: (+48) 502 096 593

Kasia Kowalska (+48) 606 704 073

If you have questions that were not answered in this info pack, please send us an email:

Kasia Łuczak (for questions regarding travel and logistics):

katarzyna.luczka@autokreacja.org

Kasia Kowalska (for questions regarding the educational content):

katarzyna.m.kowalska@gmail.com,