

# IDEAS HUB

## INFO – PACK

Erasmus+ Training Course

“IDEAS HUB”

Gritsa, Litochoro, Greece

1 – 10/10/2022



Co-funded by the  
Erasmus+ Programme  
of the European Union



## WHO WE ARE

Youthfully Yours GR was born in 2011 by a company of friends interested in Non-formal Education, Youth Work & European Mobilities. YYGR is a Non-profit Organization (NGO) from Thessaloniki, Greece, being active on local, national & European Level, interested in Arts, Environment, Democracy, Unemployment, Sustainability, Creativity and Entrepreneurship, Volunteering, European and Balkan culture as well as urban and regional activities. YYGR promotes friendship, peace and respect for human rights while battling racism and xenophobia. Voluntary mutual help on the above matters is the subject of our meetings and also of our activities.

YYGR aims to encourage young people to participate in European/International training/exchange/ESC etc. programs, in order to build a stronger future for our country, acquaint the versatile colorful world we are living, free of xenophobic attitudes, with hope for friendships that will last for a lifetime. Therefore, the Organization is composed of young volunteers that promote, organize, manage and support projects and ideas that can have a positive impact on the youth and also society as a whole.

Main activities of our organization :

- Hosting and Participating in Erasmus+ projects
- Sending ESC organization
- Local street Actions
- Presentations of European opportunities
- International Nights
- Webinars on Digital Tools
- Artistic/Up-cycling/Recycling Workshops



Like us on Facebook



[Youthfully Yours Gr](https://www.facebook.com/youthfullyyours)

or visit our website

<http://youthfullyyours.gr/>





## DESCRIPTION OF THE YOUTH EXCHANGE

The project Ideas HUB responds through its activities to the Europe 2020 strategy which is the EU's agenda for growth and jobs for the current decade. Europe 2020 strategy It emphasize smart, sustainable and inclusive growth as a way to overcome the structural weaknesses in Europe's economy, improve its competitiveness and productivity and underpin a sustainable social market economy.

The main targets are Employment, Research and development (R&D), Climate change and energy, Education and Poverty and social exclusion. According to the EU Youth Strategy one essential method of integrating young people into the labor market is to increase youth entrepreneurship. Youth entrepreneurship is an important factor for employment creation, increasing innovation and addressing social inequalities. Beyond fiscal considerations and the availability of financial resources, one obstacle is the lack of entrepreneurial education at the primary and secondary level. The European NGOs involved can guide youngsters to develop the skills and competencies to access the labor market and available funding resources. According to the need analysis made in each partner organization and community with focus groups, we have identified that there is a need to develop the youth workers competencies and the capacity to deliver high-quality entrepreneurship learning to socially disadvantaged young people. By empowering youth workers and equipping them with the proper tools, they can transfer the know-how and guide the young people to have an open attitude regarding the entrepreneurship ecosystem and as a possible option for their future career. We've chosen as the main activity a TC taking into account the multiplying dimension of youth work (youth workers can reach more young people in the long term compared to young people as participants) and also for the sustainability of the project.

We have designed the project to develop a network of European youth workers specialized in social entrepreneurship, expand their know-how in this topic and guide them to develop their competencies, while mapping the local social entrepreneurship ecosystem through 1 training course in Greece and 8 multiplying activities, by August 2023.



## OBJECTIVES

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- To develop the competencies of 32 youth workers and know-how on social entrepreneurship education through : A 8 day TC, 8 interviews of local youth social startups, and 8 workshops for 80 to 160 young people with or without fewer opportunities, 1 digital toolkit with NFE curriculum on entrepreneurship education
- To raise awareness among young people regarding start-up opportunities and experiences of young entrepreneurs by recording 8 interviews with them young people and promote them on a dedicated Youtube channel of the project
- To create with 32 youth workers and 8 partners 8 digital and printed maps in 8 languages with entrepreneurship hot spots from each country: NGOs, Universities, private projects where the youth workers and young people can develop their knowledge in entrepreneurship, crowdfunding platforms, competitions.

Before the youth workers become educators of youth, the partner NGOs decided to provide customized training opportunities, exposing them to best practices and quality methodology. As a result, the entire organization benefits from the training experience of youth workers and can become an environment for networking and international collaboration.



## PROFILE OF PARTICIPANTS

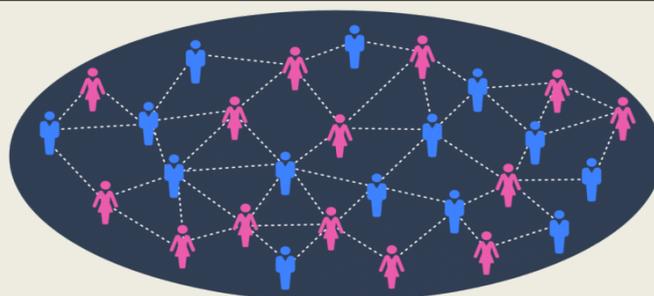
### The participants, 4 per country will be:

- between 20-40 years old;
- interested in social entrepreneurship;
- motivated to experience non formal education;
- willing to broaden their perspective on their european citizenship;
- young people with limited access to educational courses and from rural areas;
- able to communicate in English at a moderate level (Participants with limited knowledge are also welcome if they are willing to try to improve themselves before and during the activity dates)



## PARTICIPATING ORGANIZATIONS

Country	Legal Name
Greece	NEOI ELLADOS SE EUROPAIKI DRASI-YOUTHFULLY YOURS GR
Slovakia	YOUTHFULLY YOURS SK
Italy	ASSOCIAZIONE AGRADO - APS
Portugal	ASSOCIAÇÃO CHECK-IN - COOPERAÇÃO E DESENVOLVIMENTO
Romania	ASOCIATIA MONOMYTHS
Spain	ASOCIACIÓN EUROPA 2020
Turkey	GENCLIK CALISMALARI DERNEGI
Croatia	UDRUGA BETTER ME





# TRAVEL BUDGET

<b>360 EUR</b> per participant	Portugal, Spain
<b>275 EUR</b> per participant	Italy, Slovakia, Turkey, Croatia, Romania
<b>20 EUR</b> per participant	Greece

- This activity will be carried out thanks to the co-financing received from the Erasmus+ programme. We have received a certain amount of money for travel reimbursement, which depends on the amount of kilometers it will take you to travel from your home to Litochoro. Keep in mind that if the tickets cost more than the allocated amount, we will not be able to cover the difference and it will be your own financial contribution.
- Reimbursement will be given only on the basis of an existing ticket. No advance reimbursement for future tickets will be given. If participants pay for their ticket with a credit card, they are requested to bring along the confirmation of payment (i.e. credit card slip and/or bank statement).



- Reimbursement of travel costs will only be done upon full attendance of the program and presentation of all original (+return tickets) tickets, receipts, invoices and boarding passes.
- The travel costs will be reimbursed in the partner organization account after the mobility and dissemination (local actions) made by participants, based on the documents provided by participants.
- All participants must **receive verification** from the organizers before buying any tickets. **Participants should choose the cheapest means for their traveling. No taxi or first class and business class tickets can be reimbursed.**
- Reimbursement will be done in EURO. Your local currency will be calculated according to the exchange rates on the day of the purchase and you will be reimbursed to that exact amount.
- For participants coming from Turkey, we will cover VISA costs up to 140 euros.



## ACCOMMODATION

Our Training Course will be hosted at the Hotel “[Naysika Hotel](#)”

You will be sharing room(s) with another 1-2 person(s) of the same sex & different nationality. All rooms have either baths or showers. Towels, sheets and shampoo will be provided. Please remember to bring your personal hygiene items!



## SESSION ROOM

Sessions will take place inside the hotel and, depending on the weather, outdoors.



## INTERCULTURAL NIGHT

**Please bring typical food and drinks from your countries!** We will allocate some nights to intercultural exchange and performances. Unfortunately we don't have the budget to reimburse you the expenses made for the things that you are bringing, but try to be creative and funny! You can bring typical costumes, leaflets, posters, flyers, food, sweets, alcoholic and non-alcoholic drinks etc. There is no possibility to cook or heat food, so try to keep it simple. Also, you can show videos, photos, sing music and dance traditional dances from your countries!

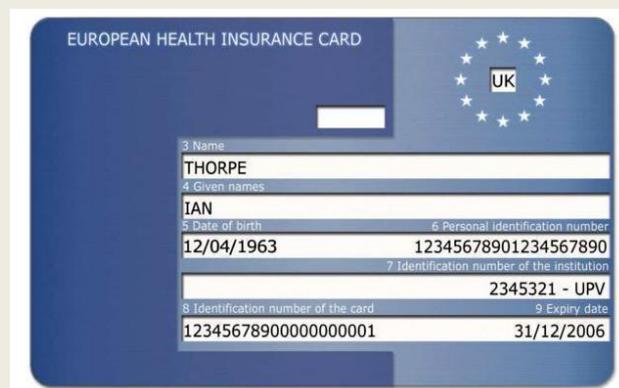
## THE FOOD

There are three daily meals (breakfast, lunch and dinner & 2 coffee breaks) provided by the organizers. If there is any special nutrition need or allergy please specify in your Participation form. Be prepared for typical Greek dishes, as the Mediterranean diet is one of the most famous and tasty ones. Breakfast, lunch and dinner will take place in the restaurant of the hotel.



## HEALTH INSURANCE

Health insurance will **NOT** be provided or reimbursed by the organizers. All participants are required to purchase health insurance individually, or get the free of charge formulary E-111 from your national social security that covers medical costs around EU member states ([European Health Insurance Card](#)).



## TRANSPORTATION TO ACCOMMODATION

- The Project will take place in [Litochoro Pierias](#) about 1:30 h away from Thessaloniki to the West - South. The program provides accommodation and food (3 meals) during the project.

-The organizers will reimburse 100% of your travel costs from your home city to the venue and back, according to the rules of Erasmus+ program, as mentioned in details above.

-The airport is International Macedonia Airport (SKG) that has a lot of connections to many European cities, so it shall be easy for you to find a flight from and to your country

- Specific guidelines on how to reach the venue and the hotel will be given in a separate post in our Facebook group.

- Those of you who are planning to stay in Greece outside project dates **you need Youthfully Yours's approval first**. We kindly ask you to email us with the travel options as soon as possible. Please keep the guidelines below when booking your flights:

**Arrival day and time at SKG airport: 1st of October before 18:00 PM**

**Departure day: 10th of October after 12 AM**

Tickets for travel outside the official travel dates purchased **without** Youthfully Yours's approval may not be reimbursed.

*- In case you arrive early and you want to go visit the city, get the bus No 01N which is right outside the arrivals gate and it will take you to the city center. The cost is 2€ for one route(have exact money for the machine in the bus as it does not give change and you can buy only 1 ticket at a time) or buy it before entering from the nearby ticket kiosk. The bus runs every 30 minutes and it usually takes more or less 35 minutes to get to the center depending on traffic.*

- We suggest you get off at Aristotelous square (name of the bus stop Plateia Aristotelous). For your way back, you take the same bus (01N) from the same street (Egnatia) only on the other direction but just to be safe you should check the bus stops (as it doesn't stop on all of them) or ask any of the polite youngsters that are filling the streets of Thessaloniki.

**Please keep in mind to look for the cheapest transportation means possible! In the case that your travel costs exceed the amount allocated for you, you will have to pay it on your own to the full.**

## WEATHER

We recommend you to bring clothes which you consider as the most comfortable for you, for the temperature from 10 to 30 Celsius. Sometimes it's raining in the region of Litochoro, so please bring umbrellas/raincoats.

We will update you with more information about what to bring with you in our Facebook group.

Join our Facebook group: <https://www.facebook.com/groups/5584743618236489>

## ABOUT GREECE

If you want to know more about our country here are some useful links:

<http://www.visitgreece.gr/>

And for Thessaloniki:

<http://www.thessaloniki.travel/index.php/en/>

<http://www.greecetravel.com/thessaloniki/>

**Covid regulations: Always check a week prior to your flight the regulations applied for traveling to and from Greece.**

<https://travel.gov.gr/#/>



*Please contact us if you have any queries in the meantime.*

*Youthfully Yours GR team,*

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