

Training course



TOGETHER WE ARE STRONGER

Pervolia 2022

22-30.09.2022

Pervolia, Larnaka, Cyprus

**WE ARE
STRONGER
TOGETHER**

DATES

Training course : 22-30.09.2022 (8 activity days)

Please, confirm your arrival/departure dates before booking the tickets!

VENUE: Pervolia, Larnaca, Cyprus

WORKING LANGUAGE: English

PARTICIPANTS: 4 participants per country, +18 years old

COUNTRIES: Cyprus, Greece, Romania, N. Macedonia, Italy, Slovenia, Slovakia, Hungary

SUMMARY OF THE PROJECT:

Europe is built around the principle of "United in diversity", but today's Europe is not particularly united when it comes to respecting, accepting and appreciating differences in societies. That's why we want to organise a project that will promote and nurture the core values of EU, respect for human dignity and ensure inclusion and participation of all people.

It is widely recognised that social exclusion produces deep and long-term damage to the living conditions, socioeconomic participation, emotional life, and wealth being of young people.

Different factors play important roles in producing social exclusion. Poor levels of education, experiencing discrimination, monetary poverty, unemployment, living in remote geographical areas, and experiences of juvenile delinquency, are often indicated as the main factors of youth social exclusion.

Youth work plays an essential role in reaching and bringing together young people who face exclusion on a daily basis. The projects aims to increase the knowledge and skills of youth workers on topics of discrimination and social exclusion in the context of youth work in a non-formal framework.

The overall goal of the project is to develop communication skills for social inclusion. The operational objectives are to acquire an in-depth knowledge of the problem of effective communication for social inclusion, to increase the youth workers' skills by experimenting methods, techniques, types of activities in order to build effective communication skills for social inclusion; to develop a proactive attitude and behavior towards effective communication for social inclusion through the design and implementation of an awareness campaign and a teenage education programme.

The aim is supported by the following objectives:

- to facilitate involvement of 32 youth workers from Program countries in the whole cycle of the project and ensure the feeling of ownership towards the project for 6 months

- to raise knowledge of 32 youth workers in the topics social exclusion and discrimination and develop skills to address those issues through youth work

- to provide participants with practical tools and methods to ensure inclusiveness of youth work and avoiding unwillingly discrimination

- to raise awareness on participants about their selves and their roles as youth workers linked with discrimination in the social exclusion context

- to empower participants to take action to reduce discrimination in their own lives and in society by sharing methods, tools and instruments to be incorporated in a methodology for approaching youth in fighting against social exclusion

- to ensure participants pass through all stages of experiential learning and reflect of the learning outcomes through 8 Key Competencies model

The participants will gain the professional competences needed to increase the quality of youth work through the acquired creative space, the experiential learning methods and participative approach.



Participant Profile

- 32 participants in total.
- Each organizations will recruit 4 participants, aged 18+
- Eager to accumulate knowledge and develop new skills and competencies that they will then share with others
- Motivated to participate proactively at all stages of the project
- Gender balance
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ACCOMMODATION:

The accommodation will be in Pervolia. Is a nice center next to the sea, fully equipped with activity room, kitchen and Wifi Internet. Is only 2 kilometres far from Larnaka airport and 5 km from city center.



TRAVEL COST:

We will reimburse to you **100% of all your actual travel costs** for the way go and back if you keep this costs in a limit according the distance bands of ERASMUS+.

It is very important that you keep **ALL** your travel documents, including the boarding passes, if travelling by plane. You must **give us all your tickets**, including also your return tickets that must be already bought for the moment of the reimbursement (during the project itself), otherwise if we do not have a ticket, we cannot consider it for the reimbursement. It is very-very important.

You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.)

We will only reimburse you the travel costs if you participate in the **WHOLE** project.

If you have any questions about the travel costs or financial matters, and please contact us before you buy your tickets.

It is very important that you choose the cheapest travelling way that is possible. Also, only the flight cost and luggages will be reimbursed and no any extras, like priority boardings and so on.

COUNTRY	Max. Travel costs
Greece	275
Hungary	275
N. Macedonia	275
Romania	275
Italy	360
Slovenia	275
Slovakia	275

The travel costs will not be reimbursed to people, who are not taking part of the entire project or not respecting the rules.

FOOD:

The food will be prepared and served for you in the centre. During the project you will taste a variety of traditional Cyprus dishes. Also we will offer food to people with special diets (vegetarian, vegan, lactose, gluten free etc)



MONEY:

There is a **participation fee of 20 euros** that will be charged from every participant of the project in order to cover daytrips and organizational costs. This fee can be deducted from your travel costs.

-100% of your travel costs will be reimbursed on the condition that the person has all the **bills, tickets and boarding passes** (when travelling by a plane) to present to us.

-100% of costs of accommodation and food are covered by our organisation

Security:

Please don't take any big cash amount of money with you. We will live in a commonly shared space and it is your personal responsibility to take care of your own belongings.

Insurance:

We highly recommend that each participant takes care of own additional travel insurance for the full duration of the project with travel days included. Please, make sure also that you have a valid European health card with you.

*We are
Stronger
Together*

COVID-19:

In order to protect themselves and others, it is necessary that participants pay attention to the prescribed safety measures:

- Everyone should wear a mask in public settings;
- In closed spaces it is recommended to wear a mask and maintain physical distance;
- In open spaces it is necessary to maintain the required physical distance;
- It is necessary to cover mouth and nose with a tissue when coughing or sneezing;
- It is necessary to wash hands often after being in a public place, or after blowing nose, coughing, or sneezing.
- The host will take all necessary preventive measures in accordance with the current epidemiological situation caused by the COVID-19 virus.

YOUTHPASS:



Each participant will receive a YouthPass, which:

Certificate of non-formal education (you will take part on an educational activity)

You can include it in your CV and use it for school, university, new job, etc. In the beginning of the project we will divided participants into a small groups that later will work every evening in the reflection groups where they'll talk about the day, activities, what they have learned, etc. With all these notes, at the end of the Exchange will be a workshop where the participants will work in their own YouthPass. YouthPass will be reached on the end of exchange.



YOU WILL NEED...

- Typical food and drink for **intercultural evening**.
- Poster, leaflets, card, videos, typical music... from your country, region, city.
- Info, presentation, material, stickers... from your organization.
- Camera, laptop and other equipment making life and work easier.
- Clothes for cool weather
- Ideas, games, ice breakings, dances and folk for your cultural evening.
- Good mood and energy to be active!

If you have any questions or suggestions, feel free to contact us!

Mail: genakrites@gmail.com

Join our FB group: IHAVEADREAM

See you soon! 😊

