



CHANGE 4 GREEN



Erasmus+ Youth Exchange
9-17 December 2022 - Riga, Latvia



Jaunatnes starptautisko
programmu aģentūra



Co-funded by
the European Union





Context

Traveling enriches our cultural baggage, widens our points of view, and gives us the chance to know more about a country and its culture. Thanks to globalization that removed many barriers and made it easy to move from one country to another, traveling is becoming not just a work necessity or leisure, but a real job. Moreover, the turmoil brought by the COVID-19 outbreak has shifted people's way they live, and work, and obviously travel. With people quitting their jobs and with the rising trend of travel blogging, many people's dream is to travel. But what's behind this golden dream? What happens when we choose to take a plane instead of a train, or when we eat a cheeseburger from a fast food restaurant instead of seasonable local food, or when by chance, we throw a plastic bottle without caring for the environment?

The majority of young people and travelers lack awareness about the current ecological situation, the management of sensible natural resources and the impact of residual waste, water waste and exotic souvenirs. Small sustainable choices can influence a deep change and lead to great results in aware communities. We chose to analyze this topic and conceive this project because traveling is often a prerogative for young people and especially those active in youth work: mobility projects imply that participants reach projects' venues independently, mostly in the cheapest way and on time, but is this always sustainable? And do youth workers ever try to find the most sustainable combination? Our fast paced world led us to consumer-driven choices and the youth worker, who plays an important role in societies, can become a model to follow not just for young people, but for entire communities.

That's the reason why we'll analyze, with our participants, situations and concrete strategies that will give birth to a manual/guide that will be distributed through partner ngos and for young people, in order to reach the biggest number of young people, and travelers. Our main objective will be to investigate and understand the meaning of alternative forms of traveling through different cultural approaches, as well as to analyze the varied activities of travelers and tourists and the human behavior that affects the environment in a negative or positive way.



The specific objectives of the project are:



- To increase participants' awareness and knowledge of environmental protection and the importance of adopting a sustainable attitude;
- To entice young people to develop and spread sustainable practices among their peers and communities and contribute to foster an eco-friendly attitude;
- To offer participants the possibility to experience non formal education and experiential learning on a personal level and provide them with a practical set of tools, methods and activities on the project topics;
- To discover new cultures, habits, lifestyles and healthy behaviors towards sensible areas;
- To foster the concept of alternative form of sustainable tourism and travelling;
- To create a guide of necessary environmental knowledge for young travelers and youth workers;
- To make a positive long-term impact on the local community;
- To develop together new experiential and non-formal educational activities on the project topics and motivate and inspire participants to multiply their gained competences and knowledge within their own local context.

Schedule - Change4Green

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9		
	9-Dec	10-Dec	11-Dec	12-Dec	13-Dec	14-Dec	15-Dec	16-Dec	17-Dec		
09.00 - 09.50	Breakfast										
10.00 - 11.30	Arrival	Ice-breaking games and get to know each other	World Café - Sustainability & tourism	Ecological FootPrint Calculation	Outdoor activity	Fish bowl discussion: Climate change	The web of life	Open space	Departure		
11.30 - 12.00		Coffee break				Coffee break					
12.00 - 13.30		Introduction to the objectives of the youth exchange, the schedule, and expectations of participants	What is Sustainable Tourism	"Where Do You Stand?"		Free afternoon	Role play	5 WHYs		Open space 2	
13.30 - 15.30		Lunch break			Lunch break						
15.30 - 17:00		Understanding/ Refreshing concepts	Presentation of national realities	Water footprint calculation and Bingo - sustainable living	DIY		Ranking	Youth Pass & Final evaluation			
17:00 - 18.00		Group reflection	Reflection groups & team leaders' meeting								
20:00		Dinner									
21:30 - ...				Intercultural night							

Partner organizations



"MIHI"

ASOCIATIA GEYC



EuroMuevete

Coconut Italia



Conexao Jovem



Environment online



EURO-MEDITERRANEAN ASSOCIATION OF
EXCHANGES VOLUNTEERING EVENTS
POLSKA



'GAZIANTEP EGITIM VE GENCLIK DERNEGI



YOUTHFULLY YOURS SK



Latvia

Romania

Spain

Italy

Portugal

Greece

Poland

Turkey

Slovakia



Logistics in Latvia



The participants will be hosted in Liberty hostel in Riga city center, in shared rooms. The sessions will take place in a meeting room on a 10-min walk from the hostel. The meals will be taken in a restaurant.



Insurance, travel, and finances

- The accommodation and meals are 100% covered by the coordinating organization.
- There's a contribution fee of 40€ to be deducted from the reimbursement of travel costs.
- Each participant will be provided flight proposals most suitable for reaching Riga or Vilnius airport. The direct flights and cheapest means of transport are to be considered. All tickets shall be booked by the participants and reimbursed up to 2 months after the youth exchange. This reimbursement is conditioned to active participation. Checked-in luggage and any other extra flight options are not reimbursed. When traveling with Ryanair or Wizzair, it is allowed to add the priority-boarding option. Tickets can only be booked upon approval.
- It is not possible to stay before and after the travel days unless more suitable transportation options are available one day before and/or after at the participant's expense.
- The European Health Card is mandatory for all participants.



Our Contact

You Can Stay Connected

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WE CAN'T WAIT TO
WELCOME YOU IN LATVIA

See You Soon, Friends...



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