

# EmpACT 3

## Erasmus+ Training Course

**21-29 March 2023**

Training course on Project and  
NGO Management

Cabris (Nice region), France

**23-31 May 2023**

Training course on digital  
youth work and DEOR

Athens, Greece



# Context and objectives

The importance of youth work within national and European organizations is constantly growing, and new policy papers are continuously assigning new roles and tasks to youth work. It should improve social inclusion, build civil society, enhance employability, etc.

At the same time, there is a need from youth leaning towards more mobility in intercultural environments (EU Flash Barometer 455), and a strong motivation from organizations for further improvement within the sector. As a result, efforts are being made to enhance the quality practices of implementing youth projects.

The background and reason for all these efforts is a rising awareness of the fact that while many resources and support are available for youth work, the realities do not meet the steadily growing expectations for qualitative outcomes and practices when carrying-out youth projects.

Indeed, **many organisations lack the set-up to transpose the learning** they acquired in youth projects within their internal management processes and work with target groups.

Besides, this is symptomatic within several youth organisations, showcasing the need to not only find ways to integrate the newly acquired learning and competences, but also to adapt their practices to digital youth work, and new DEOR channels, as dissemination increasingly relies on social media.

Our main objective with this project is to **detect current organizations' management challenges and to provide project managers and youth workers all the necessary knowledge and tools to prove the benefits of an efficient management methodology.**

This goes with depicting a situation of awareness and usage of different methodologies and tools in the non-profit sector. Youth workers and managers will be able to plan, execute, monitor and control the project in a more consistent and reliable manner.

The quality in leading youth projects does not only depend on organizational management. The more important underlying part is the learning of youth.

Hence the need for an accurate assessment of the learning needs and a subsequent responsive plan, based on the design implementation and evaluation of the learning processes and outcomes. The adapted dissemination and exploitation of these results is the key behind the success of non-formal education.

## Context and objectives (continued)

To reach this goal, we set up the following objectives:

**01. Foster a target and digital focused approach when planning and conducting youth projects and activities.**

**02. Improve the quality of European youth projects by focusing on digital youth work practices through DEOR & Organizational communication strategies.**

**03. Use the previously developed “EmpACT++ guidelines” outlining best practices in NGO management.**

**04. Enforce European cooperation between organizations active in the youth field within the European context.**

In between activities, the participants will **apply the freshly acquired methodologies within their work**, while being assisted by the trainers and their peers in leading activities in their community.

The complementarity of both activities meet the objectives of the project as **raising the quality of project management of European youth projects**. This can not only be based on organizational management, but also on the quality of the exploitation of results in the learning activities for disseminating it to young people.

Hence, both activities guide the management of youth projects towards new standards of quality, allowing the organizations to benefit from new practices and methods, and the participants to upgrade their management skills, in order to produce a sustainable effect on youth work.

As partner organizations, we are continuously working to improve our standards of quality and exchange of experiences, hence we have taken the results, feedback of the participants and trainers in the aftermath of our previous projects EmpACT+ and EmpACT++.

This allowed us to define new objectives and address new needs that either had not been tackled, or should be approached in-depth in order to level up the capacity of participating organisations, by addressing the following needs focused around digital youth work.

EmpACT 3 is the combination of action-verbs central to this project:

**Empower, Impact, Act and Erasmus+.**

The new version suggests that this project is a strong follow-up to its predecessors.

## Activities

The project will be articulated around two separate activities, both gathering the same 30 participants from:

**France, Slovakia, Greece, Sweden, Romania, Spain, Poland, Portugal, Turkey, Bulgaria, Italy, Latvia, Germany and Estonia.**

### 21-29 March 2023. Training course on Project and NGO Management in Cabris (Nice region), France

Aiming to improve the practices of managing projects and youth NGOs around coherent quality standards for projects answering the needs and objectives described above.

### 23-31 May 2023. Training course on digital youth work and DEOR in Athens, Greece

Aiming to empower and build up the competences (particularly digital) of youth workers to raise the impact of their European youth work projects by having them transpose their learning in order to benefit their target groups.

**Participation in both training courses is mandatory.**

## Profile of Participants

**Youth workers:** who are empowering young people, and regularly conduct local activities that involve youngsters or have them as main target group, leading activities linked to facilitating a learning process, guiding, mentoring, coaching online or offline, outside the formal education setting.

**Non-formal education trainers/facilitators:** trainers/facilitators are by experience youth workers as well, those participants will have a more significant experience with youth projects and non-formal education in general for having facilitated previous Erasmus+ activities under KA1 or KA2.

**NGO managers:** although they are by essence youth workers and occasionally trainers, we will focus on selecting managers that have different levels of experience in managing organizations.

**Participants with experience in the youth work field** with a function of responsibility, organising international youth projects, leading a youth exchange, mentoring ESC volunteers, etc.

# Partner Organizations

## Organization

## Country

Coconutwork	France
YOUTHFULLY YOURS SK	Slovakia
ENVIRONMENT ONLINE - GREECE	Greece
FORENINGEN FRAMTIDSTAGET	Sweden
ASOCIATIA GEYC	Romania
EuroMuevete	Spain
EURO-MEDITERRANEAN ASSOCIATION OF EX- CHANGES VOLUNTEERING EVENTS POLSKA	Poland
CXJV Conexão Jovem Associação	Portugal
ANKA Gençlik Derneği	Turkey
SDRUZHENIE ALTERNATIVI INTERNATIONAL	Bulgaria
FREEMINDS IN ACTION	Italy
"MIHI"	Latvia
Coconut Germany	Germany
Peace Action Community Estonia MTÜ	Estonia

# Accommodation and transportation

## 1. Empact++ TC1 - NGO and project management

From **21-29 March 2023**, this will take place in Cabris, 45min away from Nice, France.

The accomodation is Bois d'amont.

Website: <http://bois-damont.com>.

The participants will share rooms with twin beds. We'll have two dedicated cooks to prepare the meals for everyone.

Shuttles will be organised to bring the participants from the airport to the venue and back.

## 2. Empact++ TC2 - DEOR and digital youth work

From **23-31 May 2023**, this will take place in Athens, Greece.

The accomodation is Thomas Beach Hotel in Nea Makri (Metropolitan Athens).

Website: <https://www.thomasbeachhotel.com.gr>.

The participants will share triple rooms. The hotel has good standards ensuring quality delivery of our training course, the meals are in buffet and will be taken in the same venue.

There will be a dedicated pick-up from the airport to the venue and back.



# Transportation & Finances

The project is **funded by Erasmus+**, allowing us to cover travel, accommodation, and meals for the selected participants.

There's a total **contribution fee of 90€ for participation** in both training courses (not for each one).

The participants are invited to use the cheapest means of transportation. Checked-in luggage and any other extra flight options are not reimbursed. When traveling with Ryanair or Wizzair, it is allowed to add the priority-boarding option.

**Participating in both training courses is mandatory.**

The participants will book the tickets for the first training course, and we will book the tickets for the second training course.

After the completion of the 2nd training course, we will proceed to the reimbursements of the tickets of the first course, given that all the documents are received in the conventional format, taking into consideration the participants' active participation as well as the preparations and the dissemination actions completed.

## What to bring

- It is mandatory to have **health insurance valid in France and Greece** throughout your stays such as the European Health Insurance Card or private health insurance for non-EU residents.
- There will be an intercultural night in France, you may bring light objects that can represent your country, such as souvenirs or snacks.
- Good mood, ideas and lots of energy!

Contact

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