

INFO PACK

“Capture the Future”

KA1 Mobility project for youth workers –
Training course

28th March - 4th April 2025

Elniakampis, Lithuania



**Funded by
the European Union**

Project Summary

- **Type:** KA1 Mobility project for youth workers – Training course
- **Topics:** Youth employability, Digital skills and competences
- **Location:** Elniakampis, Lithuania
- **Dates:** 28th March – 4th April 2025 (**27th March and 5th April are travel days**)
- **Countries:** Lithuania, Romania, Slovakia, Estonia, Poland, Latvia, Czech Republic and Hungary.
- **Participants:** 4 youth workers per country
- **Target group:** People working with youth, especially those facing unemployment
- **Working language:** English
- **Application form:** [Online application form here](#)
- **Contact:** [Project Coordinator](#)
- **Facebook group:** <https://www.facebook.com/groups/1112089600919623>

Our goal is to organise a training course **between 28th March – 4th April 2025** in **Elniakampis, Lithuania** on developing knowledge, abilities and attitudes of youth workers from 8 organizations on photography to empower young people to increase their employability.

Project Overview

The Erasmus+ Training course "Capture The Future" consists of facing the problem of low employability of youth and introducing the digital field of photography and photo editing for youth workers that can foster their contribution and support in the integration process of youths in the labour market. It is a project for beginners in the field of photography.

Objectives of the project are to increase the level of knowledge, abilities and positive attitudes of youth workers in engaging youth in photography and photo editing to facilitate the access of youths to the labour market and to increase the capacities of the 8 partner NGOs in organizing events, activities and workshops for youths on the topic of photography and photo editing that can higher their chances to access the labour market.

Accommodation and Venue:

The host organization will provide and cover the accommodation and food.

Our project will take place at a rural tourism homestead "**Elniakampis**" in the town of Elniakampis, Lithuania. The venue is located in the regional park, surrounded by nature, beautiful green forests, river and ponds.

Accommodation will be arranged for mostly **2-5 persons/room**, grouped by gender. Breakfast, lunch and dinner will be served at the same location every day by a private chef. There might be **no wireless internet connection (WIFI) available**, therefore you should not rely on it. You may check the project venue here: <http://elniakampis.lt>

Please be prepared that you won't get a proper internet access for the whole program and there might also be no cellular network. There might be **NO WIFI available in the accommodation.**



Project Schedule

The structure of the training course will consist of the following five phases:

Phase 1 – Team building, getting to know each other, familiarizing with the context of the training course, Social Contract, Youthpass Certificate, Erasmus+ programme, special session about safety and protection, measures of risk prevention.

Phase 2 – Theoretical background and hands on experience in photography as a tool for enhancing youth employability and what competences youths need to increase for getting a job.

Phase 3 – Strategy and planning through group work, creating and designing own workshops for students from local school in Vilnius by using non-formal methods and techniques of photography and photo editing as a tool for enhancing youth employability. Constructing the *“Guide of photography and photo editing as a tool for youth employability”*.

Phase 4 – Work visit to Vilnius to interact with the local community as well as performing for youths from local school non-formal workshops on photography and photo editing to enhance the employability of young people designed to increase their competences in accessing the labour market after the graduation. Final photography project.

Phase 5 – Dissemination and exploitation of the results of the project (DEOR) and follow-up; Youthpass certification and final evaluation.

Daily timetable:

08:00 – 09:00 – Breakfast

16:30 – 17:00 – Coffee break

09:30 – 11:00 – Workshops I

17:00 – 18:30 – Workshops IV

11:00 – 11:30 – Coffee break

18:30 – 19:00 – Reflections

11:30 – 13:00 - Workshops II

19:00 – 20:00 – Dinner

13:00 – 15:00 – Lunch break

21:00 – 00:00 – Evening program

15:00 – 16:30 – Workshops III

00:00 – 07:00 – Silent hours

Main trainer of the project

The main photography and photo editing trainer - experienced photographer Rugilė Maslauskaitė with extensive Erasmus+ experience. More information: <https://www.rugi.lt/>

General Information

Currency: the local currency is Euro. 1 RON ~ 0,2 EUR; 1 CZK ~ 0,04 EUR; 1 HUF ~ 0,002 EUR. All the travel expenses: tickets, receipts, invoices, etc. must be provided in Euro currency.

Weather conditions: the average temperature in March – April is up to 10°C during the day. Please check www.accuweather.com for more information about the weather.

Dress Code: Casual comfortable clothes and shoes for indoor and outdoor activities. Please take warm clothing. Please take your swimsuits. Waterproof clothing and shoes are recommended.

Cultural night: participants from each country are expected to prepare ~15min interactive program engaging for all the participants in order to present their culture (customs, music, dance, phrases, fun facts, etc.) and to bring some typical local drinks and foods. The presentation should be done **without** using any multimedia such as MS Powerpoint in order to keep the presentations interesting and interactive for the whole group.

Meals: three meals and two coffee breaks per day will be provided. We will take into account all the participants' dietary aspects such as allergies, intolerances and preferences. Please note that Lithuania is not a vegetarian/vegan friendly country, and the cooks might not be able to provide all kind of vegetarian dishes.

Dietary/Special requirements: please inform us as soon as possible if any participant have any dietary requirements or any other special requests. Please also indicate it in the [application form](#). What is more, please inform if you have allergies not related to food, all the health conditions that we should be aware of to keep you safe.

Covid-19 prevention: rapid Covid-19 test are recommended not earlier than 48 hours prior arrival as there will be more participants from other countries who do not want to get sick.

Health and travel insurance: the participants are required by Erasmus+ program to have a valid European Health Insurance Card and a valid **health and travel insurances** covering **third party liability** for the period of the project including the travel dates. Third party liability insurance is very important, as there will be a lot of technical equipment at the facilities. Erasmus+ programme also recommends attaining repatriation insurance. The scanned insurance policies must be provided to the coordinator before the project. The original insurance policies must be taken to the project. Please send the scanned insurance policies to the [project coordinator](#).

Cameras: each national group should take at least 1 photo camera to the project facilities, however, not bringing any cameras to the project will not impede the successful participation. Please inform the project coordinator about the number and types of cameras the national group is bringing. You may also bring additional gear that you find relevant for the field of photography. It is a project for beginners in the field of photography.

Laptops: we would like to suggest taking at least one laptop per national group as it will be needed for working with photo editing in Adobe Lightroom and Adobe Photoshop photo editing software as well as to construct the *“Guide of photography and photo editing as a tool for youth employability”* by the end of the mobility after we gain and share the knowledge, competences and skills as one of the results of the project. Not taking a laptop will not impede the fluentness of the work.

Software: the youth workers who bring laptops are expected to have downloaded on their computers Adobe Lightroom and Adobe Photoshop photo editing software that will be used during the mobility perfecting the photo editing skills and preparing photographs for the final project. We will use the free trial version of the Adobe software during the project. Please do not start the free trial prior the mobility. The free trial will be started with the trainer during the practical photography activities. It is a project for beginners in the field of photography.

Photographs of the project: the youth workers who are interested in contributing to the photo gallery of the project are encouraged to bring their equipment for taking pictures. You may be credited for your contribution. Please mark in the [application form](#) if you are interested.

Preparation for the sessions: each youth worker will be asked in advance to prepare and have at hand an interactive and involving non-formal method that they use for enhancing the employability of young people in their daily activities. Please send the detailed description of the selected method to the [project coordinator](#).

Psychological support: it is available throughout the whole duration of the project. Please contact the coordinator of the project for setting up visits with the psychologist.

Internet or WIFI: there may be **NO WIFI** available at the venue of the project for the participants and a very limited cellular network.

Travel Information

27th March and 5th April are travel days. The venue itself is not accessible by any public transport so the host organisation will organise a pickup bus for the participants. Lithuanian, Slovak, Polish, Latvian and Estonian participants are expected to travel by bus or train respecting green practices to the Vilnius central bus station, from where they will travel with a rented bus straight to the facilities of the project. Romanian, Czech and Hungarian participants will travel by plane and will also be picked up by a rented bus and taken to the project facilities from the International Vilnius Airport bus stop. However, Czech and Hungarian participants can also take the option of green travel, as they have a great bus connection from our prior experience. The participants from Lithuania are also welcomed directly to the facilities of the project. Each national group is suggested to follow the green practices while travelling. All the plane and bus or train schedules must be confirmed by the [project coordinator](#) in advance to be eligible for the reimbursement of the travel costs. We are kindly asking to make all the travel-related purchases in EURO currency.

The participants must consult with sending or host organisation before buying the travel tickets and obtain our written confirmation that we agree on the chosen transportation means and route before buying any travel tickets.

Participants from one country are advised to travel together with the same bus/train/flight.

Transport Reimbursement

Based on relevant supporting travel documents each participant is entitled for reimbursement of travel costs for round trip according to Erasmus+ travel distances.

Email for sending all transport documents: [Project Coordinator](#).

To be entitled for reimbursement the participant must comply with the following guidelines:

- The travel must be economical.
- Green travel is recommended and encouraged in all cases.
- For plane, train or bus the ticket must be economy/2nd class.
- Only eligible transport for reimbursement is authorized public transportation company.
- Examples of ineligible transportation: priority boarding, seat reservation, additional luggage, business class tickets, plane tickets on longer routes, plane tickets with stops for one night or more, taxi, rented cars, private transport companies, travel starting or ending in different country than the sending organization's country, etc.
- For electronic ticket/receipt/invoice the document must be delivered in PDF format. If it is on a website, it must be saved as official PDF or printed into official PDF. Screenshots or forwarded emails are not accepted.
- If no electronic version is available, the original transport ticket and receipt/invoice must be delivered to the project coordinator. Please scan them before sending to have a backup

copy. We recommend purchasing electronic tickets whenever it is possible because of ease of use.

- The participant must be in the project for the whole duration and attend all the sessions.
- The participant must take part in dissemination activities in order to receive the reimbursement of the travel expenses as it is part of the project.
- Participants are responsible for delivering all the documents required for reimbursement, the deadline for delivering the documents is 14 days after the end of the mobility.
- The reimbursements will take up to nine months after the end of the mobility or up to six months after the end of the project.
- The total sum of the travel tickets' expenses that is reimbursable are portrayed here ->

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR

The participants must consult with us before buying the ticket and obtain our written confirmation that we agree on the chosen transportation means and route before buying any travel tickets.

Note: reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice. If the ticket is bought in local currency, we will calculate your travel costs in EURO based on the exchange rates required by Erasmus+ programme. The reimbursements will be done to EURO bank accounts.

Participants Profile

The **target group** of this project are youth workers over 18 years old. The most important selection criteria is the motivation of the youth workers in being active in every stage of the project in order to discover non-formal methods specifically aimed to facilitate the access of young people to the labour market. The training course is aimed at youth workers working with youth from regions with high level of youth unemployment where young people face difficulties when search for a job and low access to digital education namely photography and photo editing.

The training course comes as an answer to a common problem of all 8 partner organisations and their communities that is represented by the high level of youth unemployment and the limited competences of youth workers empowering young people to increase their access to the labour market.

Through this training course our focus is the personal and professional development of youth workers regarding how to support a learning group by applying photography and photo editing, and have a positive impact within their organisations and communities with the specific regard of empowering youth in achieving maximized results in their job search.

We are offering the chance for all youth workers from partner organizations to take part in our training courses to develop their knowledge, abilities and positive attitudes and share their own experience regarding photography and photo editing to tackle youth unemployment. Taking

this into consideration, we facilitate an intergenerational dialogue by including participants of different age groups – contributing to the enhancement of the intergenerational dialogue.

All the selected participants will be asked to fill in the online [application form](#) where they will be asked to describe themselves according to above mentioned criteria, to self-evaluate their experience and competencies and to express their motivation to participate in the training course. **An application form will be used to assess the participant's profile and potential interest in the project's topic and in subsequent dissemination activities.** The participants who do not meet the participant's profile will be replaced.

It is also important to select participants who have a clear understanding that the project **does not end** with the completion of mobility activities but **continues with the dissemination phase and presentations of the results.** Gender balance and group diversity in terms of different social and cultural backgrounds should be taken into consideration. There should be an equal number of males and females between the participants. The project welcomes participants facing fewer opportunities, facing social, economic or geographical obstacles. All the participants **must attend all the sessions during the mobility and be part of dissemination activities after it.**

The deadline for applicants to fill the application form is 2nd February 2025

Phases and Deadlines

The selection of the participants and the course of the project will be done in the following phases and process:

- 1. Application period (till 2nd February):** each partner should identify suitable participants based on the participant's profile, send the names to the coordinator and invite them to fill the online [application form](#). The participants should fill the application form as detailed as they can.
- 2. Transport planning (till 23rd February):** the participants will travel by plane/train/bus and after providing us with all the travel documents (invoices, tickets and boarding passes) will be reimbursed for the travel costs after the end of the project. The eligibility criteria for reimbursement of the travel costs and reimbursement deadlines are described above. Please receive a written confirmation of the selected travel tickets from the project coordinator before purchasing travel tickets.
- 3. Preparation for the project activities (till 26th March):** the participants from each country will be in touch with the partner and [project coordinator](#) and will prepare for the project activities together with the participants. Each of the participant will be involved in the preparation activities for the project. The [Facebook group](#) of the project will be a valuable tool regarding the preparation.
- 4. Project activities – Training course (28th March – 4th April):** 27th March and 5th April are travel days.
- 5. Dissemination of project results (6th April – 5th May):** all the participants must take part in the dissemination activities of the project results.