

INFOPACK

LUOBA, SKUODAS DISTRICT
LITHUANIA

— Erasmus+ Youth Exchange —

BRIDGES, NOT WALLS

Choosing dialogue over conflict
to build a *peaceful future*



20–29 April, 2026 • LITHUANIA

— Age: 17–25 years old —



Džiaugsmo slėnis



@dziaugsmoslenis



Funded by
European Union

OBJECTIVES OF THE PROJECT

- To strengthen young people's critical thinking and conflict awareness in response to societal divisions and disinformation.
- Participants will develop communication, empathy, and conflict resolution skills, promoting peaceful dialogue, intercultural understanding, and active citizenship.
- The project empowers youth with practical tools to contribute to peace-building in their communities and beyond.



PARTICIPATING ORGANISATIONS

LITHUANIA	Vsi Vaiku ir jaunimo centras "Džiaugsmo slenis"
BULGARIA	Youth for Development and Sustainable Goals
UKRAINE	NON-GOVERNMENTAL ORGANISATION «ALL-UKRAINIAN NON-GOVERNMENTAL ORGANISATION «PORUCH»
SLOVAKIA	CompEDX
ROMANIA	Asociatia Copiilor "Un Vis Nou" - 2011
POLAND	Fundacja na Rzecz Niematerialnego Dziedzictwa Kultury w Polsce

TARGET GROUP OF THE PROJECT



Each national group will consist of **7** participants (6 youngsters + 1 leader).
In total: 42 participants.



Participants: 17-25 years old. There is no age limit for a leader of the group).
Gender balance is expected !



Each national group has to include **3** participants with fewer opportunities.

Basic English language skills are necessary.



TRAVEL DAYS

For foreign participants:

Arrival day: 20th of April

Days of activities: 21-28th April

Departure day: 29th of April

For Lithuanian participants:

Arrival day: morning of 21st of April

Days of activities: 21-28th April

Departure day: evening of 28th of April



TRAVEL PLAN

You can fly to Vilnius or Riga (Latvia) airport.

Your travel budget covers:

- Domestic travel within your country;
- International travel (round trip by plane, bus, or train);
- Travel from the arrival airport/train or bus station to the project venue and back to the departure airport/train or bus station.*

*We will organize the transport Airport/station - Project venue - Airport/station, because there is no public transport to the project venue.

Transportation will pick you up (in groups) from the airport and take you directly to/from project location.



TRANSFER COSTS:

From/To Riga: 35 Eur (one way per person)

From/To Vilnius 40 Eur (one way per person)

You will have to pay the amount in cash.

Each participant will receive a receipt that can be added to travel expenses.

Travel tickets MUST be approved by project organizers before buying!

FINANCIAL CONDITIONS

Unit costs of your travel expenses (see table below) will be covered by the organizers with the support of the ERASMUS+ program.

The maximum TRAVEL COST reimbursement is based on the distance calculator supported by the European Union.

If the travel costs are exceeding this price limit the rest has to be covered by the participants themselves.

If your distance band is lower - the budget decreases. Please contact us for more information or check [here](#).

We will NOT reimburse the amounts that get over the maximum budget for each participant, or the tickets that did not receive previous APPROVAL from the Lithuanian NGO.

The travel costs will be reimbursed via bank transfer.

COUNTRY	TRAVEL DISTANCE (from home to project venue)	TRAVEL BUDGET (amount per person in euro)
BULGARIA	500-1999 km	Up to 309.00
UKRAINE	500-1999 km	Up to 309.00. If Green travel - up to 417.00
SLOVAKIA	500-1999 km	Up to 309.00
ROMANIA	500-1999 km	Up to 309.00
POLAND	500-1999 km	Up to 309.00. If Green travel - up to 417.00

FINANCIAL CONDITIONS

According to the regulations of the Erasmus+ Programme, travel costs can only be reimbursed if:

- The participant travels **from the country of the sending organisation** to the project venue in Lithuania and back;
- Reasonable and economical means of transportation are used (e.g., low-cost airlines, economy class flights, second-class train tickets);

Travel costs that do not respect these conditions will not be reimbursed unless prior written approval has been obtained from the project coordinator.

You must provide a receipt or invoice for your flight ticket, together with the boarding passes, or the original train/bus tickets.

Boarding passes are mandatory proof of travel — **DO NOT LOSE THEM.**

All tickets must clearly indicate:

- The price;
- The date of travel;
- The name of the traveler.

If the ticket is paid in a currency other than euros, the date of purchase must also be visible. If this information is not shown on the ticket, it must be supported by a bank statement or invoice showing the payment date and amount.

Reimbursement may take up to 6 months from the end of project activities, so please plan your budget accordingly.

FINANCIAL CONDITIONS

All travel documents should be uploaded on **Google Drive**.

On some apps the boarding pass disappears after the travel. Make sure to take a screenshot and save it in advance.

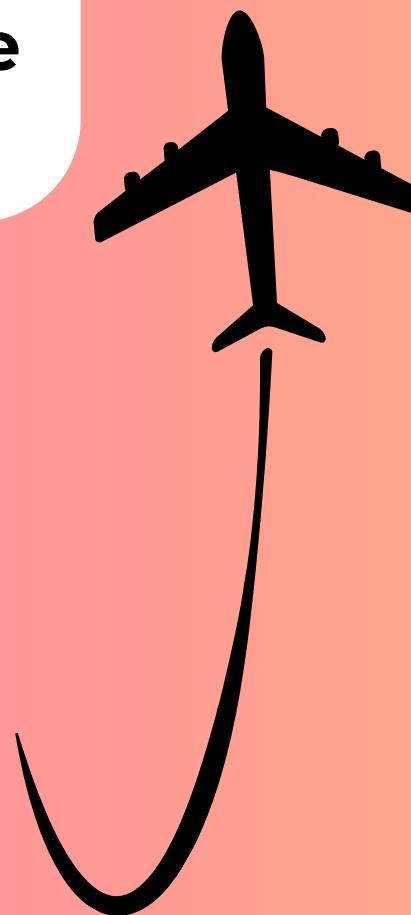
Reimbursement may take up to 6 months from the end of project activities, so please plan your budget accordingly!

You must also complete the reimbursement claim form (available in Google Drive).

In the reimbursement form, **do not convert amounts from other currencies into euros**. The organizers will calculate the final amount according to Erasmus+ rules.

IMPORTANT NOTES

- Travel and/or baggage insurance costs are not covered.
- It is possible to arrive in Lithuania a few days before or depart a few days after the project. However, any additional accommodation, food, or personal expenses during these extra days must be covered by the participant.



FINANCIAL CONDITIONS

TRAVEL COSTS WILL BE REIMBURSED ONLY IF THE FOLLOWING CONDITIONS ARE MET:

- ▶ Full attendance and active participation in the entire programme;
- ▶ All required travel documents are uploaded to Google Drive and the reimbursement form is correctly completed;
- ▶ Dissemination activities are carried out by the sending organisation and participants;
- ▶ The group leader completes the official Erasmus+ Participant Report (EU Survey).



PROJECT VENUE



The participants will be accommodated and the activities will take place at the homestead “***Luobos vienkiemis***”.

Address: Sedos st. 11, Luoba village, Skuodas district, Lithuania

PROJECT VENUE



Please note that accommodation will be arranged in three different buildings located within the same territory. Due to the different layouts of the buildings, room sizes vary.

The room distribution is as follows:

- One room with 10 beds;
- One room with 9 beds;
- All other rooms are twin rooms (2 beds).

Toilets and showers are located in the corridors (shared facilities).



Participants will be accommodated in gender-based room arrangements.

▶ Towels are NOT provided. No laundry and ironing services are provided. There is no hair dryer at the venue.

▶ Wi-Fi will be available.

▶ The closest village shop is 4-5 km away (~1 hour *walk* one way). There will not be the chance to go shopping everyday.

BEFORE TRAVEL TO LITHUANIA

- Please ensure that your passport or ID document (for EU citizens) is valid for at least **6 months from the date of departure**.
- **Insurance.** Make sure you have insurance for the period of your travel (required by the Erasmus+ rules):
 - Wherever relevant, travel insurance (including damage or loss of luggage);
 - Accident and serious illness (including permanent or temporary incapacity);
 - Death (including repatriation in case of projects carried out abroad).
- If applicable, it is strongly recommended that participants in transnational activities are in possession of a **European Health Insurance Card**.

Important Rules in Lithuania

- Alcohol advertising is banned, and the legal drinking age in Lithuania is **20 years old**.
- Smoking is permitted only outdoors. Smoking indoors is strictly prohibited. The legal age for smoking in Lithuania is **18 years old**.
- Energy drinks: Lithuania was the first EU country to ban the sale of energy drinks to persons under **18 years old**.

DISSEMINATION OF THE PROJECT



All the participants, with the support from the sending organizations, are supposed to **disseminate the project outcomes and results**, publishing on private profiles and on partners' profile and presenting the results to the local community. The team of the YE will give further information and support participants in any phase. It will be **necessary to provide the proofs** of dissemination and local practice.

Dissemination of the project should include:

- Results achieved during the youth exchange;
- Sharing competences achieved while participating;
- Project name, date and location.

Make sure to use the Erasmus+ Programme logo with any promotion.



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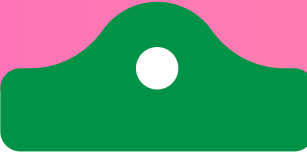
All dissemination links must be uploaded to Google drive file “dissemination”

All visual materials as project poster, logos can be found in **Google drive.**

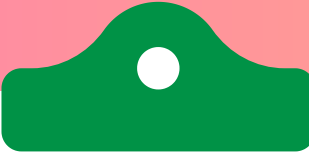


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WHAT TO PACK?



Necessary documents, such as passports, travel documents, etc.



Personal care products, such as shower gel, shampoo, comb, towel and etc.

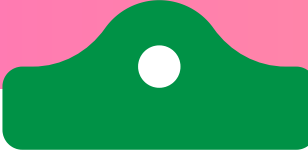


Any medication you will need during your stay.




Reusable water bottle

For using less plastic cups and being sustainable




Comfortable clothes and shoes (please check the weather forecast before packing your luggage).



Earplugs (Extremely Recommended). We will be a big group living together, so earplugs might be useful for a good night's sleep.



Memory Exchange:
Bring a Cup!
Representing your country, city, or something personal you like.



Some laptops will be necessary for working and editing texts/photos/videos.

FOOD

Three meals per day

- Breakfast – a simple self-service buffet every morning.
- Lunch – served individually in portions.
- Dinner – each evening a different country's team will be preparing the dinner.
- Plus two coffee breaks will be provided.

As mentioned earlier, the nearest shop is about a 1-hour walk one way.

If you know you'll want specific snacks, fruits, or soft drinks—buy them upon arrival and bring them with you to the project site.

The food budget is limited (just like your travel budget!), so anything beyond main meals and coffee breaks is up to you.

Please note: The kitchen will not be available to accommodate the needs of vegetarians, vegans or any specific diets.



CULTURAL EVENINGS

As part of our cultural evenings, we would like to find out more about your country.

We kindly ask you to prepare an interactive presentation of your country (you can present your country's food, music, traditional dances, games, etc.).

Creativity is the basic requirement.

Participants will also have the opportunity to present their organization and its activities.

You can bring some materials (brochures, posters, PowerPoint presentations, films, photos, etc.).

Be creative! 😊



CONTACT DETAILS

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